



# ST. JOSEPH'S CO-ED SCHOOL

Arera Colony, Bhopal

# SYLLABUS

2024-2025

**CLASS III**

# ENGLISH

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
1.	April 1, 2, 3, 4, 5, 6	Reader: Ls 1: Finding a New Spring Grammar: Ls 2: Sentences	Draw a picture of an oasis.	Textbook, Smart class, scrap book and colours	
2.	April 8, 12, 13, 15, 16, 18	Reader: Ls 1: Finding a New Spring Grammar: Ls 2: Sentences			
3.	April 19, 20, 22, 23, 24, 25	Reader: Poem: The Pedlar's Caravan Grammar: Ls 3 : Nouns	Paste a picture of a caravan.	Textbook, Smart class, glue, scrap book	
4.	April 26, 27, 29 June 18, 19, 20	Reader: Poem: The Pedlar's Caravan Grammar: Ls 3: Nouns			<b>PTM 30 APRIL</b>
5.	June 21, 24, 25, 26, 27	Reader: Ls 2: Reggie Mouse's Shrinking Clothes Grammar: Ls 4: Adjectives	Draw a fruit basket.	Textbook, Smart class, scrap book and colours	
6.	June 28, 29 July 1, 2, 3, 4	Reader: Ls 2: Reggie Mouse's Shrinking Clothes Grammar: Ls 4: Adjectives			
7.	July 5, 6, 8, 9, 10, 11	Reader: Poem: Cookies for Santa Grammar: Ls 5: Pronouns	Draw a Santa cap.	Textbook, Smart class, scrap book and colours	
8.	July 12, 15, 16, 18, 19, 20	Revision and Skill Test for Periodic Test I Reader: Poem: Cookies for Santa Grammar: Ls 5: Pronouns			Reading Skill Test: Extra Reading Book- The Adventures of Tom Sawyer Ls. 1-5
9.	July 22, 23, 24, 25, 26	Revision for Periodic Test I			<b>Periodic Test – I 25-31 July</b> Syllabus:- Reader: Ls. 1 Poem: The Pedlar's Caravan Grammar: Ls. 2, 3
10.	July 29, 30, 31 Aug 1, 2, 3	Reader: Ls 3: Simon Says Grammar: Ls 6: Articles Informal Letter	Stick a picture of any pet animal.	Textbook, Smart class, glue, scrap book	

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
11.	August 5, 6, 7, 8, 9	Reader: Ls 3: Simon Says Grammar: Ls 6: Articles Composition			
12.	August 12, 13, 14, 16, 20	Reader: Poem: A View of a Cat Grammar: Ls 7: Verbs	Choral Recitation	Textbook	<b>PTM 17 August</b>
13.	August 21, 22, 23, 27, 28	Reader: Poem: A View of a Cat Grammar: Ls 7: Verbs			
14.	August 29, 30, 31 Sep 2, 3, 4	Revision for Half Yearly Examination Poem Comprehension; Comprehension Passage; Composition, Informal Letter			
15.	September 6, 9, 10, 11, 12	Revision and Skill Test for Half Yearly Examination			<b>Half Yearly Examination Skill Test 9-13 September</b> Reading Skill: Reader: Ls 1,2,3 Speaking Skill: Poems: <ul style="list-style-type: none"> <li>• The Pedlar's Caravan</li> <li>• Cookies for Santa</li> <li>• A View of a Cat</li> </ul>
16.	September 13, Oct 1, 3, 4, 5, 7	Revision for Half Yearly Examination Reader: Ls 4: Everything Under the Sun Grammar: Ls 8: Tenses	Draw a picture of the sun and write its uses.	Textbook, Smart class, scrap book and colours	<b>Half Yearly Examination 17-30 September</b> Syllabus: - Reader: Ls 1,2,3 Poems: <ul style="list-style-type: none"> <li>• The Pedlar's Caravan</li> <li>• Cookies for Santa</li> <li>• A View of a Cat</li> </ul> Grammar: Ls. 2,3,4,5,6,7

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
					Comprehension Passage; Poem Comprehension; Composition; Informal Letter
17.	October 8, 9, 14, 15, 16	Reader: Ls 4: Everything Under the Sun Grammar: Ls 8: Tenses	Draw an electric car.	Textbook, Smart class, scrap book and colours	
18.	October 18, 21, 22, 23, 24	Reader Poem: Twinkle, Twinkle Electric Car Grammar: Ls 9: Adverbs			<b>PTM - 19 October</b>
19.	October 25, 28 Nov 4, 5, 6	Reader Poem: Twinkle, Twinkle Electric Car Grammar: Ls 9: Adverbs			
20.	November 7, 8, 11, 12, 13, 16	Reader: Ls 5: Uncle Owl Grammar: Ls 10: Prepositions	Making a paper rat.	Textbook, Smart class, glue, scrap book, craft papers	
21.	November 18, 19, 20, 21, 22	Reader: Ls 5: Uncle Owl Grammar: Ls 10: Prepositions			
22.	Nov. 25, 26, 30, Dec 2, 4, 5	Revision and Skill Test for Periodic Test II			Reading Skill: Extra Reading Book- The Adventure of Tom Sawyer Ls. 6-10
23.	Dec. 6, 7, 9, 10, 11, 12	Revision for Periodic Test II Reader: Ls 6: Tine and the Faraway Mountain Formal Letter			<b>Periodic Test – II 7-13 December</b> Syllabus: - Reader: Ls 4 Poem: Twinkle, Twinkle Electric Car Grammar: Ls. 8,9.
24.	Dec. 13, 16, 17, 18, 19	Reader: Ls 6: Tine and the Faraway Mountain Grammar: Ls 11: Punctuation	Stick a picture of Tenzing Norgay.	Textbook, Smart class, glue, scrap book	
25.	Dec. 20, 21, 30, 31, Jan. 2, 3	Reader: Poem: If I Had a Magic Carpet Grammar: Ls 11: Punctuation	Paste a picture of Aladdin sitting on his magic carpet.	Textbook, Smart class, glue, scrap book	<b>PTM 4 January</b>

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
26.	Jan. 6, 7, 8, 9, 10	Reader Poem: If I Had a Magic Carpet Grammar: Ls 12: Conjunctions			
27.	Jan. 13, 14, 15, 16, 17, 18	Reader: Ls 7: Unity is Strength Grammar: Ls 12: Conjunctions	Role Play	Textbook	
28.	Jan. 20, 21, 22, 23, 24	Reader: Ls 7: Unity is Strength Grammar: Ls 12: Conjunctions			
29.	Jan. 27, 28, 29, 30, 31, Feb 1	Comprehension Passage; Poem Comprehension			
30.	February 3, 4, 5, 6, 7	Revision for Final Examination Formal letter; Poem Comprehension; Comprehension Passage; Composition;			
31.	February 10, 11, 13, 14, 15, 17	Revision and Skill Test for Final Examination			<b>Final Examination Skill Test</b> <b>15 Feb - 21 Feb</b> Reading Skill: Reader: Ls. 4,5,6,7 Speaking Skill: Poems- <ul style="list-style-type: none"> <li>• Twinkle, Twinkle Electric Car</li> <li>• If I Had a Magic Carpet</li> </ul>
32.	February 18, 19, 20, 21	Revision for Final Examination			<b>Final Examination</b> <b>24 Feb - 7 Mar</b> Syllabus: - Reader: Ls.4,5,6,7 Grammar: Ls. 8,9,10,11, 12 Poems: <ul style="list-style-type: none"> <li>• Twinkle, Twinkle Electric Car</li> <li>• If I Had a Magic Carpet</li> </ul> Comprehension Passage; Poem Comprehension; Composition; Formal Letter

# HINDI

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
1.	April 1, 2, 3, 4, 5, 6	पाठ-1 आया वसंत (कविता) व्याकरण-मात्रा ज्ञान	कविता का सस्वर वाचन		
2.	April 8, 12, 13, 15, 16, 18	पाठ-2 पापा की सुंदर गेंद व्याकरण-संज्ञा	गेंद का चित्र बनाकर पाँच वाक्य लिखिए	रंगीन पेंसिल, क्रेऑन कलर्स	
3.	April 19, 20, 22, 23, 24, 25	पाठ-3 हर झंडा कुछ कहता है व्याकरण-लिंग	कोई चार रंगों के झंडे व उनकी उपयोगिता	रंगीन पेंसिल	
4.	April 26, 27, 29 June 18, 19, 20	पाठ-4 सारी दुनिया मेरी है व्याकरण-अनुच्छेद लेखन	कविता का सस्वर वाचन		PTM - 30 APRIL
5.	June 21, 24, 25, 26, 27	पाठ-5 अक्ल का पुरस्कार व्याकरण-विशेषण	पाठ से 10 संज्ञा शब्द चुनकर लिखिए	रंगीन पेंसिल, क्रेऑन कलर्स	
6.	June 28, 29 July 1, 2, 3, 4	पाठ-6 गोल-गोल संसार व्याकरण-विलोम शब्द (झूठ-अपना)	कोई पाँच गोलाकार वस्तुओं के चित्र	क्रेऑन कलर्स, रंगीन पेंसिल	
7.	July 5, 6, 8, 9, 10, 11	व्याकरण - अनेक शब्दों के लिए एक शब्द (11 से 20) गिनती (21-50)			Activity Day I - 10 July
8.	July 12, 15, 16, 18, 19, 20	पाठ-7 सदानीरा कावेरी	कावेरी नदी का चित्र एवं संपूर्ण जानकारी	रंगीन पेंसिल	
9.	July 22, 23, 24, 25, 26	पुनरावृत्ति			Periodic Test - I - 25-31 July Syllabus पाठ 1, 2 व्याकरण - मात्रा ज्ञान
10.	July 29, 30, 31 Aug 1, 2, 3	व्याकरण- पत्र - अवकाश के लिए प्रार्थना पत्र			
11.	August 5, 6, 7, 8, 9	अनुच्छेद			Activity Day II - 8 August
12.	August 12, 13, 14, 16, 20	अपठित गद्यांश			PTM - 17 August
13.	August 21, 22, 23, 27, 28	पुनरावृत्ति			
14.	August 29, 30, 31 Sep 2, 3, 4	पुनरावृत्ति			
15.	September 6, 9, 10, 11, 12	पुनरावृत्ति			Half Yearly Examination Skill Test 9-13 September
16.	September 13, Oct 1, 3, 4, 5, 7	पाठ-8 कुछ कर दिखलाएँगे (कविता) व्याकरण - क्रिया	कविता का सस्वर वाचन		Half Yearly Examination 17-30 September

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
					Syllabus पाठ 3, 4, 5, 6, 7 व्याकरण – संज्ञा, लिंग, विशेषण, विलोम शब्द, अनेक शब्दों के लिए एक शब्द, गिनती, पत्र, अनुच्छेद, अपठित गद्यांश
17.	October 8, 9, 14, 15, 16	पाठ-9 बल्लू हाथी का बालघर व्याकरण – समानार्थी शब्द	वार्तालाप संवाद	अभिनय शैली	
18.	October 18, 21, 22, 23, 24	पाठ-10 ऐसे मिली सजा व्याकरण – वचन (बेटा-वस्तु)	वृक्ष हमारे मित्र		PTM - 19 October Activity Day III - 23 October
19.	October 25, 28 Nov 4, 5, 6	पाठ-11 क्या सीखा आपने	यातायात संकेत	पेंसिल रंग, स्केल	
20.	November 7, 8, 11, 12, 13, 16	पाठ-12 एक दिन लाल किले में व्याकरण – सर्वनाम	लाल किले की पाँच विशेषताएँ	पेंसिल रंग, स्केल, क्रेऑन कलर्स	
21.	November 18, 19, 20, 21, 22	पाठ-13 धरती से सागर तक	सौर मंडल (वैज्ञानिक ज्ञान)	रंगीन पेंसिल, क्रेऑन कलर्स	
22.	Nov. 25, 26, 30, Dec 2, 4, 5	पुनरावृत्ति			
23.	Dec. 6, 7, 9, 10, 11, 12	व्याकरण- समानार्थी शब्द (साँप से नदी तक)			Periodic Test – II - 7-13 December Syllabus पाठ 8, 9 व्याकरण – क्रिया
24.	Dec. 13, 16, 17, 18, 19	व्याकरण-अनुच्छेद			
25.	Dec. 20, 21, 30, 31, Jan. 2, 3	व्याकरण-सामान्य अशुद्धियाँ (प्रनाम-झुठ), वाक्य (11-16) गिनती (51-70)			PTM - 4 January
26.	Jan. 6, 7, 8, 9, 10	पाठ-7 चिड़िया का गीत (कविता)	कविता का सस्वर वाचन		
27.	Jan. 13, 14, 15, 16, 17, 18	व्याकरण – विराम चिह्न			
28.	Jan. 20, 21, 22, 23, 24	व्याकरण- मुहावरे, पत्र			
29.	Jan. 27, 28, 29, 30, 31, Feb 1	व्याकरण-अपठित गद्यांश			
30.	February 3, 4, 5, 6, 7	पुनरावृत्ति			
31.	February 10, 11, 13, 14, 15, 17	पुनरावृत्ति			Final Examination Skill Test 15 Feb - 21 Feb
32.	February 18, 19, 20, 21	पुनरावृत्ति			Final Examination 24 Feb - 7 Mar Syllabus पाठ 10, 11, 12, 13, 14 व्याकरण – वचन, सर्वनाम, समानार्थी शब्द, सामान्य अशुद्धियाँ, विराम चिह्न, मुहावरे, गिनती, पत्र लेखन, अनुच्छेद लेखन, अपठित गद्यांश

# MATHEMATICS

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
1.	April 1, 2, 3, 4, 5, 6	Ls-1 Numbers			
2.	April 8, 12, 13, 15, 16, 18	Ls-1 Numbers	Place Value Ladder (Place Value System)	Colours, Pencil	
3.	April 19, 20, 22, 23, 24, 25	Ls-2 Addition			
4.	April 26, 27, 29 June 18, 19, 20	Ls-2 Addition	Addition Pyramid	Colour pencils, Sketch pen	<b>PTM 30 APRIL</b>
5.	June 21, 24, 25, 26, 27	Ls-3 Subtraction			
6.	June 28, 29 July 1, 2, 3, 4	Ls-3 Subtraction	Put the correct sign	Colour pencils, Sketch pen	
7.	July 5, 6, 8, 9, 10, 11	Ls-4 Multiplication			
8.	July 12, 15, 16, 18, 19, 20	Ls-4 Multiplication	Multiplication using repeated addition	Colour pencils, Sketch pen	
9.	July 22, 23, 24, 25, 26	Revision			<b>Periodic Test – I 25-31 July Syllabus- Ls 1,2 Tables- 2 to 10</b>
10.	July 29, 30, 31 Aug 1, 2, 3	Ls-5 Division			
11.	August 5, 6, 7, 8, 9	Ls-5 Division	Divide yourself in groups		
12.	August 12, 13, 14, 16, 20	Ls-6 Fractions			<b>PTM 17 August</b>
13.	August 21, 22, 23, 27, 28	Ls-6 Fractions	Show fraction through paper folding	Origami sheets, colours	
14.	August 29, 30, 31 Sep 2, 3, 4	Revision			
15.	September 6, 9, 10, 11, 12	Revision			<b>Half Yearly Examination Skill Test 9-13 September</b>
16.	September 13, Oct 1, 3, 4, 5, 7	Ls-7 Time			<b>Half Yearly Examination 17-30 September Syllabus- Ls 1 to 6</b>



PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
					<b>Tables-2 to 12</b>
17.	October 8, 9, 14, 15, 16	Ls-7 Time	Daily routine chart using am/pm	Colour pencils, Sketch pen	
18.	October 18, 21, 22, 23, 24	Ls-8 Money			<b>PTM - 19 October</b>
19.	October 25, 28 Nov 4, 5, 6	Ls-8 Money			
20.	November 7, 8, 11, 12, 13, 16	Ls-8 Money	Purchasing using Dummy Notes	Dummy Notes	
21.	November 18, 19, 20, 21, 22	Ls-9 Metric Measures			
22.	Nov. 25, 26, 30, Dec 2, 4, 5	Revision			
23.	Dec. 6, 7, 9, 10, 11, 12	Ls-9 Metric Measures			<b>Periodic Test – II 7-13 December Syllabus- Ls 7,8 Tables- 2 to 12</b>
24.	Dec. 13, 16, 17, 18, 19	Ls-9 Metric Measures	Paste pictures of different measurements	Pictures, Colours, glue	
25.	Dec. 20, 21, 30, 31, Jan. 2, 3	Ls-10 Geometry			<b>PTM 4 January</b>
26.	Jan. 6, 7, 8, 9, 10	Ls-10 Geometry			
27.	Jan. 13, 14, 15, 16, 17, 18	Ls-10 Geometry	Count different shapes in the given picture	Colour pencils, Sketch pen,pencil,scale	
28.	Jan. 20, 21, 22, 23, 24	Ls-11 Data Handling			
29.	Jan. 27, 28, 29, 30, 31, Feb 1	Ls-11 Data Handling	Tally Marks	Colour pencils, Sketch pen,pencil,scale	
30.	February 3, 4, 5, 6, 7	Revision			
31.	February 10, 11, 13, 14, 15, 17	Revision			<b>Final Examination Skill Test 15 Feb - 21 Feb</b>
32.	February 18, 19, 20, 21	Revision			<b>Final Examination 24 Feb - 7 Mar Syllabus- Ls 7 to 11 Tables- 2 to 13</b>

# SCIENCE

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
1.	April 1, 2, 3, 4, 5, 6	Chapter 1 - The Living and the Non Living	Picture Presentation: Kinds of things	Pictures of living and non living things, glue, colours etc.	
2.	April 8, 12, 13, 15, 16, 18	Chapter 2 - The Human Body	Diagrammatic Presentation: Various Internal Organs	Drawing material, colours, etc.	
3.	April 19, 20, 22, 23, 24, 25	Chapter 2 - The Human Body			
4.	April 26, 27, 29 June 18, 19, 20	Chapter 3 - The Respiratory System	Breathing Exercise: Pranayama	Well ventilated space	<b>PTM 30 APRIL</b>
5.	June 21, 24, 25, 26, 27	Chapter 3 - The Respiratory System			
6.	June 28, 29 July 1, 2, 3, 4	Chapter 4 - Birds	Picture Presentation: Types of Claws	Pictures of claws of different birds, glue, colours etc.	
7.	July 5, 6, 8, 9, 10, 11	Chapter 4 - Birds			
8.	July 12, 15, 16, 18, 19, 20	Chapter 5 - Insects	Diagrammatic Representation of life cycle of butterfly	Drawing material, colours, etc.	
9.	July 22, 23, 24, 25, 26	Skill & Revision for Periodic Test - 1			<b>Periodic Test – I 25-31 July Syllabus: Chapters- 1 &amp; 2</b>
10.	July 29, 30, 31 Aug 1, 2, 3	Chapter 5 - Insects			
11.	August 5, 6, 7, 8, 9	Chapter 6 - Parts of a Plants	Diagrammatic Presentation of Parts of Plant	Drawing material, colours, etc.	
12.	August 12, 13, 14, 16, 20	Chapter 6 - Parts of a Plant			<b>PTM 17 August</b>
13.	August 21, 22, 23, 27, 28	Revision for Half Yearly Exam			
14.	August 29, 30, 31 Sep 2, 3, 4	Revision for Half Yearly Exam			
15.	September 6, 9, 10, 11, 12	Skills & Revision for Half Yearly Exam			<b>Half Yearly Examination Skill Test 9-13 September</b>

16.	September 13, Oct 1, 3, 4, 5, 7	Chapter 8 - Matter	Tabular Presentation: States of Matter	Text book, colours etc	<b>Half Yearly Examination 17-30 September Syllabus: Chapters - 1, 2, 3, 4, 5 &amp; 6</b>
17.	October 8, 9, 14, 15, 16	Chapter 8 - Matter			
18.	October 18, 21, 22, 23, 24	Chapter 8 - Matter			<b>PTM - 19 October</b>
19.	October 25, 28 Nov 4, 5, 6	Chapter 9 - Water	Experiential Learning: Solubility Test	Water, glass, spoon, sugar, sand etc	
20.	November 7, 8, 11, 12, 13, 16	Chapter 9 - Water			
21.	November 18, 19, 20, 21, 22	Chapter 10 - Water in our lives	Picture Presentation: Fun with water	Pictures of different water sports, glue, colours, etc.	
22.	Nov. 25, 26, 30, Dec 2, 4, 5	Skill & Revision for Periodic Test -2			
23.	Dec. 6, 7, 9, 10, 11, 12	Chapter 10 - Water in our lives			<b>Periodic Test – II 7-13 December Syllabus: Chapters - 8 &amp; 9</b>
24.	Dec. 13, 16, 17, 18, 19	Chapter 11 - How We Get Energy	Puzzle Solving: Petroleum Products	Text book, colours etc	
25.	Dec. 20, 21, 30, 31, Jan. 2, 3	Chapter 11 - How We Get Energy			<b>PTM 4 January</b>
26.	Jan. 6, 7, 8, 9, 10	Chapter 12 - Health and Happiness	Collage Making: Balance Diet	Pictures of components of food, glue, colours etc.	
27.	Jan. 13, 14, 15, 16, 17, 18	Chapter 12 - Health and Happiness			
28.	Jan. 20, 21, 22, 23, 24	Chapter 13 - Clean Surroundings	Poster Making: Save Environment	Drawing sheet, colours, glue etc.	
29.	Jan. 27, 28, 29, 30, 31, Feb 1	Chapter 13 - Clean Surroundings			
30.	February 3, 4, 5, 6, 7	Skills & Revision for Final Exam			
31.	February 10, 11, 13, 14, 15, 17	Revision for Final Exam			<b>Final Examination Skill Test 15 Feb - 21 Feb</b>
32.	February 18, 19, 20, 21	Revision for Final Exam			<b>Final Examination 24 Feb - 7 Mar Syllabus: Chapters- 8, 9, 10, 11, 12 &amp; 13</b>

# SOCIAL SCIENCE

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
1.	April 1, 2, 3, 4, 5, 6	L-1 The Earth- Our Home	Paste the pictures of the planets in the Solar System	A4 size sheet pictures of the planets, Sun, glue , colours	
2.	April 8, 12, 13, 15, 16, 18	Ls- 1 continue and L-2 How Our Earth Looks (Introduction)			
3.	April 19, 20, 22, 23, 24, 25	L-2 How Our Earth Looks	Mark oceans and continents	Physical World map, glue and colours.	
4.	April 26, 27, 29 June 18, 19, 20	L-3 Our Country India	Paste 5 famous tourist attractions	Pictures of tourist attraction, glue and colours	<b>PTM 30 APRIL</b>
5.	June 21, 24, 25, 26, 27	L-3 Our Country India (continue)			
6.	June 28, 29 July 1, 2, 3, 4	L- 4 Indian States	Identifying the states	Visual aid on Smart Board	
7.	July 5, 6, 8, 9, 10, 11	L-4 Indian States			
8.	July 12, 15, 16, 18, 19, 20	L-5 Food We Eat	Identifying the spices used in Indian kitchen	Pictures of spices, glue and colours	
9.	July 22, 23, 24, 25, 26	Revision P.T 1			<b>Periodic Test – I 25-31 July Syllabus for Periodic Test I (L- 1 &amp; L-2)</b>
10.	July 29, 30, 31 Aug 1, 2, 3	L-6 Indian Dresses	Recognizing Indian wear and the states	Visual aid on Smart Board	
11.	August 5, 6, 7, 8, 9	L-12 Delhi Capital City	Paste the picture of Rashtrapati Bhavan	Picture of Rashtrapati bhavan, glue	
12.	August 12, 13, 14, 16, 20	L-12 Delhi Capital City			<b>PTM 17 August</b>
13.	August 21, 22, 23, 27, 28	L-13 Mumbai	Collage on Monuments of Mumbai	Picture, glue and colours	
14.	August 29, 30, 31 Sep 2, 3, 4	Map Work			
15.	September 6, 9, 10, 11, 12	Revision			<b>Half Yearly Examination Skill Test 9-13 September</b>

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
16.	September 13, Oct 1, 3, 4, 5, 7	L-7 Our Festivals	Flow chart showing the difference between the National, Religious and the Harvest festival	Pictures, glue, and colours	<b>Half Yearly Examination 17-30 September Syllabus Half Yearly (L- 3,4,5,6,12,13 , Map work and Model Test paper – I )</b>
17.	October 8, 9, 14, 15, 16	L-7 Our Festivals			
18.	October 18, 21, 22, 23, 24	L-8 Means of Transport	Paste the picture showing different modes of transport	Pictures, glue	<b>PTM - 19 October</b>
19.	October 25, 28 Nov 4, 5, 6	L-10 Occupations	Forest related occupation	Visual aids on smart board	
20.	November 7, 8, 11, 12, 13, 16	L-11 People Who Help Us	Role play		
21.	November 18, 19, 20, 21, 22	L-14 Kolkata	Depicting the lifestyle of Chennai	Pictures, glue and colours	
22.	Nov. 25, 26, 30, Dec 2, 4, 5	Revision P. T II			
23.	Dec. 6, 7, 9, 10, 11, 12	L-14 Kolkata (Continue)			<b>Periodic Test – II 7-13 December Syllabus (L-7 &amp; L-8)</b>
24.	Dec. 13, 16, 17, 18, 19	L-15 Chennai			
25.	Dec. 20, 21, 30, 31, Jan. 2, 3	L-16 Discovery of Fire	Paste the picture showing difference between early man and modern man	Pictures, glue and colours	<b>PTM 4 January</b>
26.	Jan. 6, 7, 8, 9, 10	L-17 The Story of Wheel	Draw the tools used by the early men.	Colours	
27.	Jan. 13, 14, 15, 16, 17, 18	L-17 The Story of Wheel			
28.	Jan. 20, 21, 22, 23, 24	Map Work			
29.	Jan. 27, 28, 29, 30, 31, Feb 1	Map Work + Revision			
30.	February 3, 4, 5, 6, 7	Model Test Paper II			
31.	February 10, 11, 13, 14, 15, 17	Revision			<b>Final Examination Skill Test 15 Feb - 21 Feb</b>
32.	February 18, 19, 20, 21	Revision			<b>Final Examination 24 Feb - 7 Mar Syllabus Final Examination (L-10,11,14,15,16,17 , Map work and Model Test paper – II</b>

# COMPUTER

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	EXAM DATES & SYLLABUS
1.	April 1, 2, 3, 4, 5, 6	Lesson 1 Introduction To Computers	
2.	April 8, 12, 13, 15, 16, 18	Lesson 1 Introduction To Computers	
3.	April 19, 20, 22, 23, 24, 25	Lesson 1 Introduction To Computers	
4.	April 26, 27, 29 June 18, 19, 20	Lesson 1 Introduction To Computers	<b>PTM 30 APRIL</b>
5.	June 21, 24, 25, 26, 27	Lesson 2 Learn To Use MS Window 10	
6.	June 28, 29 July 1, 2, 3, 4	Lesson 2 Learn To Use MS Window 10	
7.	July 5, 6, 8, 9, 10, 11	Lesson 2 Learn To Use MS Window 10	
8.	July 12, 15, 16, 18, 19, 20	Lesson 2 Learn To Use MS Window 10	
9.	July 22, 23, 24, 25, 26	Lesson 3 Paint 3D	<b>Periodic Test – I 25-31 July</b>
10.	July 29, 30, 31 Aug 1, 2, 3	Lesson 3 Paint 3D	
11.	August 5, 6, 7, 8, 9	Lesson 3 Paint 3D	
12.	August 12, 13, 14, 16, 20	Lesson 3 Paint 3D	<b>PTM 17 August</b>
13.	August 21, 22, 23, 27, 28	Revision	
14.	August 29, 30, 31 Sep 2, 3, 4	Revision	
15.	September 6, 9, 10, 11, 12	Revision	<b>Half Yearly Examination Skill Test 9-13 September Syllabus - Lesson 1, 2, 3.</b>
16.	September 13, Oct 1, 3, 4, 5, 7	Lesson 4 Introduction To MS Word 2016	<b>Half Yearly Examination</b>

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	EXAM DATES & SYLLABUS
			<b>17-30 September</b>
17.	October 8, 9, 14, 15, 16	Lesson 4 Introduction To MS Word 2016	
18.	October 18, 21, 22, 23, 24	Lesson 4 Introduction To MS Word 2016	<b>PTM - 19 October</b>
19.	October 25, 28 Nov 4, 5, 6	Lesson 4 Introduction To MS Word 2016	
20.	November 7, 8, 11, 12, 13, 16	Lesson 4 Introduction To MS Word 2016	
21.	November 18, 19, 20, 21, 22	Lesson 5 Editing And Formatting In MS Word 2016	
22.	Nov. 25, 26, 30, Dec 2, 4, 5	Lesson 5 Editing And Formatting In MS Word 2016	
23.	Dec. 6, 7, 9, 10, 11, 12	Lesson 5 Editing And Formatting In MS Word 2016	<b>Periodic Test – II 7-13 December</b>
24.	Dec. 13, 16, 17, 18, 19	Lesson 5 Editing And Formatting In MS Word 2016	
25.	Dec. 20, 21, 30, 31, Jan. 2, 3	Lesson 5 Editing And Formatting In MS Word 2016	<b>PTM 4 January</b>
26.	Jan. 6, 7, 8, 9, 10	Lesson 8 Introduction To Internet	
27.	Jan. 13, 14, 15, 16, 17, 18	Lesson 8 Introduction To Internet	
28.	Jan. 20, 21, 22, 23, 24	Lesson 8 Introduction To Internet	
29.	Jan. 27, 28, 29, 30, 31, Feb 1	Lesson 8 Introduction To Internet	
30.	February 3, 4, 5, 6, 7	Revision	
31.	February 10, 11, 13, 14, 15, 17	Revision	<b>Final Examination Skill Test 15 Feb - 21 Feb Syllabus - Lesson 4, 5, 8.</b>
32.	February 18, 19, 20, 21	Revision	<b>Final Examination 24 Feb - 7 Mar</b>

# GENERAL KNOELEDGE

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	EXAM DATES & SYLLABUS
1.	April 1, 2, 3, 4, 5, 6	Lesson- 1- Leafy Greens Lesson 2 - The World of Plants	
2.	April 8, 12, 13, 15, 16, 18	Lesson 3 - Killer Plants Lesson 4 - Know about Mammals	
3.	April 19, 20, 22, 23, 24, 25	Lesson 5 - Best family dogs Lesson 6 - Different types of Animals	
4.	April 26, 27, 29 June 18, 19, 20	Lesson 7 - Insects name game Lesson 8 - Rare Animals	<b>PTM 30 APRIL</b>
5.	June 21, 24, 25, 26, 27	Lesson 9 - Folk Dances Lesson 10 - Indian Entrepreneurs	
6.	June 28, 29 July 1, 2, 3, 4	Lesson 11 - First Women of India Lesson 12 - Emperors and Kings.	
7.	July 5, 6, 8, 9, 10, 11	Lesson 13 - Indian Languages Lesson 14 - Minarets of India	
8.	July 12, 15, 16, 18, 19, 20	Lesson 15 - Architectural Marvels Lesson 16 - Renowned Explorers	
9.	July 22, 23, 24, 25, 26	Lesson 17 - Festivals Around the World Lesson 18 - Medical Mentors	<b>Periodic Test – I 25-31 July</b>
10.	July 29, 30, 31 Aug 1, 2, 3	Lesson 19 - Know Your Body	
11.	August 5, 6, 7, 8, 9	Lesson 20 - Doctor! Doctor!	
12.	August 12, 13, 14, 16, 20	Lesson 21 - Be Computer Sawy	<b>PTM 17 August</b>
13.	August 21, 22, 23, 27, 28	Revision	
14.	August 29, 30, 31 Sep 2, 3, 4	Revision	
15.	September 6, 9, 10, 11, 12	Revision	<b>Half Yearly Examination Skill Test 9-13 September Ls: 2, 3, 4, 8, 13, 19, 20, 21 (Quiz Time)</b>
16.	September 13, Oct 1, 3, 4, 5, 7	Lesson 22 - Great Investors	<b>Half Yearly Examination</b>



PACK	MONTH AND DATE	NO. & NAME OF TOPICS	EXAM DATES & SYLLABUS
		Lesson 23 - Short Forms in Chatroom	<b>17-30 September</b>
17.	October 8, 9, 14, 15, 16	Lesson 24 - Popular Saying Lesson 25 - Similies	
18.	October 18, 21, 22, 23, 24	Lesson 26 - Looks for the Book Lesson 27 - Who Wrote It	<b>PTM - 19 October</b>
19.	October 25, 28 Nov 4, 5, 6	Lesson 28 - IPL Teams Lesson 29 - Sports Stars	
20.	November 7, 8, 11, 12, 13, 16	Lesson 30 - Teams Sports Lesson 31 - Melody Stars	
21.	November 18, 19, 20, 21, 22	Lesson 32 - Musical Instruments Lesson 33 - Disposal of Waste	
22.	Nov. 25, 26, 30, Dec 2, 4, 5	Lesson 34 - Brand Names Lesson 35 - In the Kitchen	
23.	Dec. 6, 7, 9, 10, 11, 12	Lesson 36 - Be Good, Be Helpful Lesson 37 - Computer Lab Etiquette	<b>Periodic Test – II 7-13 December</b>
24.	Dec. 13, 16, 17, 18, 19	Lesson 38 - Set Your Study Routine	
25.	Dec. 20, 21, 30, 31, Jan. 2, 3	Lesson 39 - Complete the Series	<b>PTM 4 January</b>
26.	Jan. 6, 7, 8, 9, 10	Lesson 40 - Analogy of Shapes	
27.	Jan. 13, 14, 15, 16, 17, 18	Lesson 41 - Fun with Shapes	
28.	Jan. 20, 21, 22, 23, 24	Lesson 42 - Sudoku puzzles	
29.	Jan. 27, 28, 29, 30, 31, Feb 1	Revision	
30.	February 3, 4, 5, 6, 7	Revision	
31.	February 10, 11, 13, 14, 15, 17	Revision	<b>Final Examination Skill Test 15 Feb - 21 Feb Ls: 22, 23, 24, 25, 27, 29 (Quiz Time)</b>
32.	February 18, 19, 20, 21	Revision	<b>Final Examination 24 Feb - 7 Mar</b>

# VALUE EDUCATION

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	EXAM DATES & SYLLABUS
1.	April 1, 2, 3, 4, 5, 6	Ls. 1 The Eagle and the Fox	
2.	April 8, 12, 13, 15, 16, 18	Ls. 1 The Eagle and the Fox	
3.	April 19, 20, 22, 23, 24, 25	Ls. 2 Disobedient Lamb	
4.	April 26, 27, 29 June 18, 19, 20	Ls. 3 The Intelligent Jackal	<b>PTM 30 APRIL</b>
5.	June 21, 24, 25, 26, 27	Ls. 4 Love is Life	
6.	June 28, 29 July 1, 2, 3, 4	Ls. 4 Love is Life	
7.	July 5, 6, 8, 9, 10, 11	Ls. 5 Fair Treatment	
8.	July 12, 15, 16, 18, 19, 20	Ls. 5 Fair Treatment	
9.	July 22, 23, 24, 25, 26	Ls. 6 A Polite King	<b>Periodic Test – I 25-31 July</b>
10.	July 29, 30, 31 Aug 1, 2, 3	Ls. 6 A Polite King	
11.	August 5, 6, 7, 8, 9	Ls. 7 Keep Your Promise	
12.	August 12, 13, 14, 16, 20	Ls. 8 Smile Away	<b>PTM 17 August</b>
13.	August 21, 22, 23, 27, 28	Revision for Half Yearly Examination	
14.	August 29, 30, 31 Sep 2, 3, 4	Revision for Half Yearly Examination	
15.	September 6, 9, 10, 11, 12	Revision for Half Yearly Examination	<b>Half Yearly Examination Skill Test 9-13 September Ls: 1, 2, 3, 4, 5, 6, 7, 8</b>
16.	September 13, Oct 1, 3, 4, 5, 7	Ls. 9 The Cobra	<b>Half Yearly Examination</b>

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	EXAM DATES & SYLLABUS
			<b>17-30 September</b>
17.	October 8, 9, 14, 15, 16	Ls. 9 The Cobra	
18.	October 18, 21, 22, 23, 24	Ls. 10 The Faithful Dog	<b>PTM - 19 October</b>
19.	October 25, 28 Nov 4, 5, 6	Ls. 10 The Faithful Dog	
20.	November 7, 8, 11, 12, 13, 16	Ls. 11 Guidelines for Safety	
21.	November 18, 19, 20, 21, 22	Ls. 11 Guidelines for Safety	
22.	Nov. 25, 26, 30, Dec 2, 4, 5	Ls. 12 Time is Precious	
23.	Dec. 6, 7, 9, 10, 11, 12	Ls. 12 Time is Precious	<b>Periodic Test – II 7-13 December</b>
24.	Dec. 13, 16, 17, 18, 19	Ls. 13 Self-Esteem	
25.	Dec. 20, 21, 30, 31, Jan. 2, 3	Ls. 13 Self-Esteem	<b>PTM 4 January</b>
26.	Jan. 6, 7, 8, 9, 10	Ls. 14 A True Friend	
27.	Jan. 13, 14, 15, 16, 17, 18	Ls. 14 A True Friend	
28.	Jan. 20, 21, 22, 23, 24	Ls. 15 The Dreamer	
29.	Jan. 27, 28, 29, 30, 31, Feb 1	Ls. 15 The Dreamer	
30.	February 3, 4, 5, 6, 7	Revision for Final Examination	
31.	February 10, 11, 13, 14, 15, 17	Revision for Final Examination	<b>Final Examination Skill Test 15 Feb - 21 Feb</b>
32.	February 18, 19, 20, 21	Revision for Final Examination	<b>Final Examination 24 Feb - 7 Mar</b>

# DRAWING

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	EXAM DATES & SYLLABUS
1.	April 1, 2, 3, 4, 5, 6	Design in a circle	
2.	April 8, 12, 13, 15, 16, 18	Design in a circle	
3.	April 19, 20, 22, 23, 24, 25	Play with the seal	
4.	April 26, 27, 29 June 18, 19, 20	Play with the seal	<b>PTM 30 APRIL</b>
5.	June 21, 24, 25, 26, 27	Design in a triangle	
6.	June 28, 29 July 1, 2, 3, 4	Design in a triangle	
7.	July 5, 6, 8, 9, 10, 11	Snowman	
8.	July 12, 15, 16, 18, 19, 20	Snowman	
9.	July 22, 23, 24, 25, 26	Monkey on the tree	<b>Periodic Test – I 25-31 July</b>
10.	July 29, 30, 31 Aug 1, 2, 3	Monkey on the tree	
11.	August 5, 6, 7, 8, 9	Cartoon drawing	
12.	August 12, 13, 14, 16, 20	Cartoon drawing	<b>PTM 17 August</b>
13.	August 21, 22, 23, 27, 28	Thirsty crow	
14.	August 29, 30, 31 Sep 2, 3, 4	Thirsty crow	
15.	September 6, 9, 10, 11, 12	Sunset scene	<b>Half Yearly Examination Skill Test 9-13 September</b>
16.	September 13, Oct 1, 3, 4, 5, 7	Revision	<b>Half Yearly Examination</b>

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	EXAM DATES & SYLLABUS
			17-30 September
17.	October 8, 9, 14, 15, 16	Engine	
18.	October 18, 21, 22, 23, 24	Engine	PTM - 19 October
19.	October 25, 28 Nov 4, 5, 6	Landscape	
20.	November 7, 8, 11, 12, 13, 16	Landscape	
21.	November 18, 19, 20, 21, 22	Composition of vegetables	
22.	Nov. 25, 26, 30, Dec 2, 4, 5	Composition of vegetables	
23.	Dec. 6, 7, 9, 10, 11, 12	Rangoli design	Periodic Test – II 7-13 December
24.	Dec. 13, 16, 17, 18, 19	Rangoli design	
25.	Dec. 20, 21, 30, 31, Jan. 2, 3	Pattern designing	PTM 4 January
26.	Jan. 6, 7, 8, 9, 10	Geometrical drawing	
27.	Jan. 13, 14, 15, 16, 17, 18	Geometrical drawing	
28.	Jan. 20, 21, 22, 23, 24	Object drawing	
29.	Jan. 27, 28, 29, 30, 31, Feb 1	Object drawing	
30.	February 3, 4, 5, 6, 7	Landscape	
31.	February 10, 11, 13, 14, 15, 17	Landscape	Final Examination Skill Test 15 Feb - 21 Feb
32.	February 18, 19, 20, 21	Revision	Final Examination 24 Feb - 7 Mar

# CRAFT

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	EXAM DATES & SYLLABUS
1.	April 1, 2, 3, 4, 5, 6	House fly	
2.	April 8, 12, 13, 15, 16, 18	House fly	
3.	April 19, 20, 22, 23, 24, 25	Girl's face	
4.	April 26, 27, 29 June 18, 19, 20	Girl's face	<b>PTM 30 APRIL</b>
5.	June 21, 24, 25, 26, 27	Table mats	
6.	June 28, 29 July 1, 2, 3, 4	Table mats	
7.	July 5, 6, 8, 9, 10, 11	Soldier's helmet	
8.	July 12, 15, 16, 18, 19, 20	Soldier's helmet	
9.	July 22, 23, 24, 25, 26	Paper cutting	<b>Periodic Test – I 25-31 July</b>
10.	July 29, 30, 31 Aug 1, 2, 3	Paper cutting	
11.	August 5, 6, 7, 8, 9	Finger puppets	
12.	August 12, 13, 14, 16, 20	Finger puppets	<b>PTM 17 August</b>
13.	August 21, 22, 23, 27, 28	Penguin	
14.	August 29, 30, 31 Sep 2, 3, 4	Penguin	
15.	September 6, 9, 10, 11, 12	Revision	<b>Half Yearly Examination Skill Test 9-13 September</b>
16.	September 13, Oct 1, 3, 4, 5, 7	Revision	<b>Half Yearly Examination 17-30 September</b>
17.	October 8, 9, 14, 15, 16	Paper collage	
18.	October 18, 21, 22, 23, 24	Paper collage	<b>PTM - 19 October</b>
19.	October 25, 28 Nov 4, 5, 6	Paper cutting	

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	EXAM DATES & SYLLABUS
20.	November 7, 8, 11, 12, 13, 16	Paper cutting	
21.	November 18, 19, 20, 21, 22	Door hanging	
22.	Nov. 25, 26, 30, Dec 2, 4, 5	Door hanging	
23.	Dec. 6, 7, 9, 10, 11, 12	Egg box counting game	<b>Periodic Test – II 7-13 December</b>
24.	Dec. 13, 16, 17, 18, 19	Christmas rings	
25.	Dec. 20, 21, 30, 31, Jan. 2, 3	Christmas rings	<b>PTM 4 January</b>
26.	Jan. 6, 7, 8, 9, 10	Finger puppets	
27.	Jan. 13, 14, 15, 16, 17, 18	Penguin	
28.	Jan. 20, 21, 22, 23, 24	Paper collage	
29.	Jan. 27, 28, 29, 30, 31, Feb 1	Paper collage	
30.	February 3, 4, 5, 6, 7	Revision	
31.	February 10, 11, 13, 14, 15, 17	Revision	<b>Final Examination Skill Test 15 Feb - 21 Feb</b>
32.	February 18, 19, 20, 21	Revision	<b>Final Examination 24 Feb - 7 Mar</b>

## PHYSICAL EDUCATION

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	EXAM DATES & SYLLABUS
1.	April 1, 2, 3, 4, 5, 6	Basic Skills of Space Awareness: - Attention, Stand At Ease & Turn Around.	
2.	April 8, 12, 13, 15, 16, 18	Formation & Boundaries:- Line Formation.	
3.	April 19, 20, 22, 23, 24, 25	Formation & Boundaries:- Line Formation.	
4.	April 26, 27, 29 June 18, 19, 20	Basic Skills of Space Awareness :- Attention & Stand At Ease	<b>PTM 30 APRIL</b>

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	EXAM DATES & SYLLABUS
5.	June 21, 24, 25, 26, 27	Basic Skills of Space Awareness: - Attention, Stand At Ease, March in Line.	
6.	June 28, 29 July 1, 2, 3, 4	Formation & Boundaries:- Line Formation.	
7.	July 5, 6, 8, 9, 10, 11	Formation & Boundaries:- Line Formation.	
8.	July 12, 15, 16, 18, 19, 20	Body Movement:- Stretching exercises, Run, Hop & Jump, Aerobic Exercises	
9.	July 22, 23, 24, 25, 26	Body Movement:- Stretching exercises, Run, Hop & Jump, Aerobic Exercises	<b>Periodic Test – I 25-31 July</b>
10.	July 29, 30, 31 Aug 1, 2, 3	Physical Fitness Test:- Height & Weight.	
11.	August 5, 6, 7, 8, 9	Physical Fitness Test:- Height & Weight.	
12.	August 12, 13, 14, 16, 20	Physical Fitness Test:- Height & Weight.	<b>PTM 17 August</b>
13.	August 21, 22, 23, 27, 28	Physical Fitness Test:- Height & Weight.	
14.	August 29, 30, 31 Sep 2, 3, 4	Physical Fitness Test:- Height & Weight.	
15.	September 6, 9, 10, 11, 12	Revision	<b>Half Yearly Examination Skill Test 9-13 September</b>
16.	September 13, Oct 1, 3, 4, 5, 7	Fitness Circuit:- Short distance Run(10 mtr), Hopping in ladder.	<b>Half Yearly Examination 17-30 September</b>
17.	October 8, 9, 14, 15, 16	Fitness Circuit:- Short distance Run(10 mtr), Hopping in ladder.	
18.	October 18, 21, 22, 23, 24	Fitness Circuit:- Short distance Run(10 mtr), Hopping in ladder.	<b>PTM - 19 October</b>
19.	October 25, 28 Nov 4, 5, 6	Fitness Circuit:- Jumping in Hurdle & Zig – Zag Run.	
20.	November 7, 8, 11, 12, 13, 16	Fitness Circuit:- Jumping in Hurdle & Zig – Zag Run.	
21.	November 18, 19, 20, 21, 22	Fitness Circuit:- Balance in Balancing Beam & Shuttle Run.	
22.	Nov. 25, 26, 30, Dec 2, 4, 5	Fitness Circuit:- Balance in Balancing Beam & Shuttle Run.	
23.	Dec. 6, 7, 9, 10, 11, 12	Fitness Circuit:- Balance in Balancing Beam & Shuttle Run.	<b>Periodic Test – II 7-13 December</b>
24.	Dec. 13, 16, 17, 18, 19	Fitness Circuit:- Catch & Throw.	



PACK	MONTH AND DATE	NO. & NAME OF TOPICS	EXAM DATES & SYLLABUS
25.	Dec. 20, 21, 30, 31, Jan. 2, 3	Fitness Circuit:- Catch & Throw.	PTM 4 January
26.	Jan. 6, 7, 8, 9, 10	Fitness Circuit:- Catch & Throw.	
27.	Jan. 13, 14, 15, 16, 17, 18	Fitness Circuit:- Catch & Throw.	
28.	Jan. 20, 21, 22, 23, 24	Revision	
29.	Jan. 27, 28, 29, 30, 31, Feb 1	Physical Fitness Test:- Height & Weight.	
30.	February 3, 4, 5, 6, 7	Physical Fitness Test:- Height & Weight.	
31.	February 10, 11, 13, 14, 15, 17	Physical Fitness Test:- Height & Weight.	Final Examination Skill Test 15 Feb - 21 Feb
32.	February 18, 19, 20, 21	Physical Fitness Test:- Height & Weight.	Final Examination 24 Feb - 7 Mar

## YOGA

Pack	Month and date	No. and name of the topics	Examination date and syllabus
1	Term- 1	Breathing awareness1:1 Bhramari pranayama.  Shukshma yogic kriyas ( neck rotation, shoulders and hand, waist and legs movements), Shashank Asana (Rabbit Pose), Padma Asana (Lotus Pose)Tada Asana, Padhastha Asana, Parvat Asana (Mountain Pose), Ardha Chandra Asana (Crescent Pose), Dwipad uttan asana, Matsya Asana, Bhujanga Asana, Shavasana.  Meaning of Yoga (Asana & Pranayam) Benefits of above mentioned postures	
2	Term- 2	Breathing awareness1:2 Bhramari pranayama.  Vriksha Asana (Tree Pose), Ushtra Asana(Camel Pose), Tada Asana, Trikona Asana (Triangle Pose)Padhastha Asana, Parvat Asana (Mountain Pose), Ardha Chandra Asana (Crescent Pose),	

Pack	Month and date	No. and name of the topics	Examination date and syllabus
		Dwipad uttan asana, Ardhal Asana ( half Plough Pose) Matsya Asana, Bhujanga Asana( Half Cobra Pose) Shavasana.  Meaning of Yoga (Asana & Pranayam) Benefits of above mentioned postures	

## KATHAK DANCE

NO. & NAME OF TOPICS	EXAM DATES & SYLLABUS
<b>Syllabus –Half Yearly</b> 1. Revision of the last session 2. Tukada - 1 3. Hastak – 5 4. Thah chugan of tal teen tal Periodic Test-I	
<b>Syllabus –Final</b> 1. Definition of mantra and sum 2. Prayer Dance / Kavitta 3. Toda-1	

# BHARAT NATYAM DANCE

NO. & NAME OF TOPICS	EXAM DATES & SYLLABUS
<b>Syllabus-Half Yearly</b> 1. Thattadavu 1 to 8 2. Nattadavu 1 to 4 3. Asamyuktamudra 1 to 16 4. Dance	

# INSTRUMENTAL MUSIC

NO. & NAME OF TOPICS	EXAM DATES & SYLLABUS
<b>Syllabus-Half Yearly</b> Introduction of the Instrument Basic Fundamentals of the Instrument Fingers' Exercises Sargam Children Songs (Notation & Playing)	
<b>Syllabus- Final Exam</b> Popular Songs(Notation & Playing) Practice Revision	

# VOCAL MUSIC

NO. & NAME OF TOPICS	EXAM DATES & SYLLABUS
<p><b>Syllabus-Half Yearly</b>                      Revision and practice of National Anthem and School Anthem, Reading and singing with clear pronunciation</p> <ol style="list-style-type: none"> <li>1. Showers of blessing</li> <li>2. Numerous strings</li> <li>3. This is my prayer</li> <li>4. Some Festive songs</li> <li>5. Revision of Hymns and Anthems</li> <li>6. School Anthem</li> </ol>	
<p><b>Syllabus- Final Exam</b>                      Devotional Songs Hindi/English and Patriotic Songs.                      Children songs Hindi/English                      Revision of all songs Hymns and Anthem                      Basic Knowledge of music</p>	

# WESTERN DANCE

NO. & NAME OF TOPICS	EXAM DATES & SYLLABUS
<ul style="list-style-type: none"> <li>• Warmup and rhythm sense exercise</li> <li>• Eight &amp; four count dance steps on popular dance number</li> <li>• Basic steps on free style dance numbers</li> <li>• Energy to maintain cheerful expression</li> <li>• More on practice on that dance and revision</li> </ul>	

# THEATRE

NO. & NAME OF TOPICS	EXAM DATES & SYLLABUS
Natyashastra I Nau Rasa I Difference between Theatre and films Theatre songs Theatre Games Dialouge delivery	

# KARATE

NO. & NAME OF TOPICS	EXAM DATES & SYLLABUS
<p><b>Syllabus-Half Yearly</b>                      Basic steps of Karate, Hachi-Dachi, Zenkutsu Dachi and Keeba Dachi, Zenkutsu Dachi and Keeba Dachi with Uke, Chudan Zuki, Jodan Zuki, Sambon Zuki, Zenkutsu Dachi and Keeba Dachi with Blocks, Gedan Barai, Age Uke, Unchi Uke and Shoto Uke, Zenkutsu Dachi with Blocks and Punch, Shoto Uke, Nukite, Yogo Enpee, Ko Kutsu Dachi with Uke, Combination Zuki and Uke Kata 1st Hein Shodan (21 Moments)</p>	
<p><b>Syllabus- Final Exam</b>                      Kata IInd Hein Nidan, Revision of Kata Ist and (Geri) Fight Practice Maigeri, Yokogeri, Mavashigeri, Fight Practice, Kata Defination, Hein Shodan, Hein Nidan, Theory of Karate and Knowledge of Japanese words Complete of Kata Hein Shodan and Hein Nidan, Revision Hein Shodan, Preparation for Final Examination.</p>	