



ST. JOSEPH'S CO-ED SCHOOL

Arera Colony, Bhopal

SYLLABUS

2024-2025

CLASS IV

ENGLISH

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
1.	April 1, 2, 3, 4, 5, 6	Reader: Ls. 1: The Unusual Musicians Grammar: Ls. 1: Sentences	Paste a picture of two musical instruments.	Glue, picture, scrapbook, Textbook	
2.	April 8, 12, 13, 15, 16, 18	Reader: Ls. 1: The Unusual Musicians Grammar: Ls. 1: Sentences			
3.	April 19, 20, 22, 23, 24, 25	Reader: Poem: Be Glad Your Nose Is on Your Face Grammar: Ls. 2: Nouns	Draw five sense organs.	Colours, scrapbook, Textbook	
4.	April 26, 27, 29 June 18, 19, 20	Reader: Poem: Be Glad Your Nose Is on Your Face Grammar: Ls. 2: Nouns			PTM 30 APRIL
5.	June 21, 24, 25, 26, 27	Reader: Ls. 2: The King's Dream About the Palace Grammar: Ls. 3: Adjectives	Paste a picture of Gwalior Fort.	Glue, picture, scrapbook, Textbook	
6.	June 28, 29 July 1, 2, 3, 4	Reader: Ls. 2: The King's Dream About the Palace Grammar: Ls. 3: Adjectives			
7.	July 5, 6, 8, 9, 10, 11	Reader: Ls. 2: The Beauty of Difference Grammar: Ls. 4: Pronouns	State five adjectives for your best friend (oral activity).	Textbook	
8.	July 12, 15, 16, 18, 19, 20	Revision and Skill Test for Periodic Test I Reader: Ls. 2: The Beauty of Difference Grammar: Ls. 4: Pronouns			Reading Skill Test: Extra Reading Book - An Elephant's Story Ls. 1-4
9.	July 22, 23, 24, 25, 26	Revision for Periodic Test I			Periodic Test – I 25-31 July Syllabus: - Reader: Ls. 1 Poem: Be Glad Your Nose Is on Your Face Grammar: Ls. 1,2
10.	July 29, 30, 31 Aug 1, 2, 3	Reader: Poem: The Kindness Way Grammar: Ls. 5: Articles			

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
		Informal Letter			
11.	August 5, 6, 7, 8, 9	Reader: Poem: The Kindness Way Grammar: Ls. 5: Articles Composition	Stick a picture of Mother Teresa helping the needy.	Glue, picture, scrapbook, Textbook	
12.	August 12, 13, 14, 16, 20	Reader: Poem: Once Upon a Time Grammar: Ls. 6: Verbs	State how you spend time with your family. (oral activity)	Textbook	PTM 17 August
13.	August 21, 22, 23, 27, 28	Reader: Poem: Once Upon a Time Grammar: Ls. 6: Verbs			
14.	August 29, 30, 31 Sep 2, 3, 4	Revision for Half Yearly Examination Poem Comprehension; Comprehension Passage; Composition; Informal Letter			
15.	September 6, 9, 10, 11, 12	Revision and Skill Test for Half Yearly Examination			Half Yearly Examination Skill Test 9-13 September Reading Skill: Reader: Ls. 1,2,3 Speaking Skill: Poems: <ul style="list-style-type: none"> • Be Glad Your Nose Is on Your Face • The Kindness Way • Once Upon a Time
16.	September 13, Oct 1, 3, 4, 5, 7	Revision for Half Yearly Examination Reader: Ls. 4: A Daughter's Love Grammar: Ls. 7: Tenses			Half Yearly Examination 17-30 September Syllabus: - Reader: Ls. 1,2,3 Poems: <ul style="list-style-type: none"> • Be Glad Your Nose Is on Your Face • The Kindness Way • Once Upon a Time Grammar: Ls. 1,2,3,4,5,6

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
					Comprehension Passage, Poem Comprehension, Composition, Informal Letter
17.	October 8, 9, 14, 15, 16	Reader: Ls. 4: A Daughter's Love Grammar: Ls. 7: Tenses	Stick a picture of William Shakespeare.	Glue, picture, scrapbook, Textbook	
18.	October 18, 21, 22, 23, 24	Reader: Ls. 5: Waste Not, Want Not Grammar: Ls. 8: Adverbs			PTM - 19 October
19.	October 25, 28 Nov 4, 5, 6	Reader: Ls. 5: Waste Not, Want Not Grammar: Ls. 8: Adverbs	Best out of waste- Make a pen stand.	Waste bottles, decorative items, glue, ice-cream sticks	
20.	November 7, 8, 11, 12, 13, 16	Reader: Poem: On Wasted Food Grammar: Ls. 9: Prepositions			
21.	November 18, 19, 20, 21, 22	Reader: Poem: On Wasted Food Grammar: Ls. 9: Prepositions	Stick one picture showing how you will share the leftover food.	Glue, picture, scrapbook, Textbook	
22.	Nov. 25, 26, 30, Dec 2, 4, 5	Revision and Skill Test for Periodic Test II			Reading Skill: Extra Reading Book - An Elephant's Story Ls. 5-8
23.	Dec. 6, 7, 9, 10, 11, 12	Revision for Periodic Test II Reader: Ls. 6: The Indomitable Sudha Murty Formal Letter			Periodic Test – II 7-13 December Syllabus: - Reader: Ls. 4 Poem: On Wasted Food Grammar: Ls. 7,8
24.	Dec. 13, 16, 17, 18, 19	Reader: Ls. 6: The Indomitable Sudha Murty Grammar: Ls. 10: Punctuation	Write a quote of JRD Tata on 'Success' and paste his picture.	Glue, picture, scrapbook, Textbook	
25.	Dec. 20, 21, 30, 31, Jan. 2, 3	Reader: Poem: The Oak Tree Grammar: Ls. 10: Punctuation;			PTM 4 January
26.	Jan. 6, 7, 8, 9, 10	Reader: Poem: The Oak Tree	Choral Recitation	Textbook	

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
		Grammar: Ls. 11: Conjunctions			
27.	Jan. 13, 14, 15, 16, 17, 18	Reader: Ls. 7: The Youngest Prince Grammar: Ls. 11: Conjunctions	Design a greeting card for your Class Teacher showing gratitude.	Glue, picture, scrapbook, Textbook, colours, decorative items	
28.	Jan. 20, 21, 22, 23, 24	Reader: Ls. 7: The Youngest Prince Grammar: Ls. 11: Conjunctions			
29.	Jan. 27, 28, 29, 30, 31, Feb 1	Comprehension Passage; Poem Comprehension			
30.	February 3, 4, 5, 6, 7	Revision for Final Examination Formal letter; Poem Comprehension; Comprehension Passage; Composition			
31.	February 10, 11, 13, 14, 15, 17	Revision and Skill Test for Final Examination			Final Examination Skill Test 15 Feb - 21 Feb Reading Skill: Reader: Ls. 4,5,6,7 Speaking Skill: Poems: <ul style="list-style-type: none"> • On Wasted Food • The Oak Tree
32.	February 18, 19, 20, 21	Revision for Final Examination			Final Examination 24 Feb - 7 Mar Syllabus: - Reader: Ls. 4, 5, 6,7 Poems: <ul style="list-style-type: none"> • On Wasted Food • The Oak Tree Grammar: Ls. 7,8,9,10,11 Comprehension Passage, Poem Comprehension , Composition, Formal Letter

HINDI

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
1.	April 1, 2, 3, 4, 5, 6	पाठ – 1 हिंद देश के निवासी (कविता) व्याकरण – संज्ञा	कविता का सस्वर वाचन		
2.	April 8, 12, 13, 15, 16, 18	पाठ – 2 चतुर आकाश	संज्ञा के प्रकार	रंगीन पेन	
3.	April 19, 20, 22, 23, 24, 25	पाठ – 3 जब मैं पढ़ता था व्याकरण – सर्वनाम	गांधी जी का जीवन परिचय	गांधी जी का चित्र, फेविस्टिक	
4.	April 26, 27, 29 June 18, 19, 20	पाठ – 4 फूलों का नगर व्याकरण – लिंग (देवर से पुरुष)	वृक्षों की उपयोगिता	पेंसिल कलर्स	PTM - 30 APRIL
5.	June 21, 24, 25, 26, 27	पाठ – 5 खिड़की मेरे कमरे की व्याकरण – विलोम शब्द (एक – अच्छा)	कविता का सस्वर वाचन		
6.	June 28, 29 July 1, 2, 3, 4	पाठ – 6 दो बैलों की कथा व्याकरण – अनेकार्थी शब्द (हल – बस)	पशुओं का वर्गीकरण	पाँच पालतु पशुओं के चित्र फेविस्टिक	
7.	July 5, 6, 8, 9, 10, 11	पाठ – 7 सेहत है अनमोल	विराम चिह्नों का परिचय	रंगीन कागज पेन	Activity Day I - 10 July
8.	July 12, 15, 16, 18, 19, 20	पाठ – 8 आचार्य चाणक्य व्याकरण – विराम चिह्न	पत्र प्रारूप लेखन	कागज	
9.	July 22, 23, 24, 25, 26	पुनरावृत्ति			Periodic Test – I 25-31 July Syllabus पाठ – 1, 2 व्याकरण – संज्ञा
10.	July 29, 30, 31 Aug 1, 2, 3	व्याकरण – अनुच्छेद लेखन, मुहावरे (5-11)			
11.	August 5, 6, 7, 8, 9	व्याकरण – अनौपचारिक पत्र, गिनती (51-70)			Activity Day II - 8 August
12.	August 12, 13, 14, 16, 20	व्याकरण – अपठित गद्यांश			PTM - 17 August
13.	August 21, 22, 23, 27, 28	पुनरावृत्ति			
14.	August 29, 30, 31 Sep 2, 3, 4	पुनरावृत्ति			
15.	September 6, 9, 10, 11, 12	पुनरावृत्ति			Half Yearly Examination Skill Test 9-13 September
16.	September 13, Oct 1, 3, 4, 5, 7	पाठ – 9 स्वाभाविक दान (कविता) व्याकरण – क्रिया	सस्वर कविता वाचन		Half Yearly Examination 17-30 September Syllabus पाठ – 3, 4, 5, 6, 7, 8

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					व्याकरण – लिंग, सर्वनाम, विलोम अनेकार्थी शब्द, विराम चिह्न, मुहावरे, गिनती, पत्र, अनुच्छेद, अपठित गद्यांश
17.	October 8, 9, 14, 15, 16	पाठ – 10 और माटी निहाल हो गई	मुहावरों का ज्ञान	रंगीन कागज, पेन	
18.	October 18, 21, 22, 23, 24	पाठ – 11 समदर्शी व्याकरण – अनेक शब्दों के लिए एक शब्द (14 – 23)	पुस्तकालय की उपयोगिता	पुस्तकालय का चित्र, कैंची, फेविस्टिक	PTM - 19 October Activity Day III - 23 October
19.	October 25, 28 Nov 4, 5, 6	पाठ – 12 जन्मदिन के बहाने व्याकरण – वचन (बात – कपड़ा)	मेरा जन्मदिन	रंगीन कागज, कैंची, फेविस्टिक	
20.	November 7, 8, 11, 12, 13, 16	पाठ – 13 आसमान में जैसे तारे (कविता) व्याकरण – विशेषण	सस्वर वाचन		
21.	November 18, 19, 20, 21, 22	व्याकरण – सामान्य अशुद्धियाँ (नवीन – चाँद) वाक्य (1 – 5)			
22.	Nov. 25, 26, 30, Dec 2, 4, 5	पुनरावृत्ति			
23.	Dec. 6, 7, 9, 10, 11, 12	व्याकरण मुहावरे (12 – 16), समानार्थी शब्द (कमल-साँप)			Periodic Test – II 7-13 December Syllabus पाठ – 9, 10 व्याकरण – सामान्य अशुद्धियाँ
24.	Dec. 13, 16, 17, 18, 19	पाठ – 14 यात्रा जो पूरी न हो सकी व्याकरण – अनुच्छेद लेखन	योगासन का महत्व	3 योगासन का चित्र, फेविस्टिक	
25.	Dec. 20, 21, 30, 31, Jan. 2, 3	पाठ – 15 आकाश की सात सीढ़ियाँ	अंतरिक्ष यात्री – कल्पना चावला का चित्र		PTM - 4 January
26.	Jan. 6, 7, 8, 9, 10	पाठ – 16 बुलबुलों की गिनती	भारतीय वैज्ञानिक		
27.	Jan. 13, 14, 15, 16, 17, 18	व्याकरण – औपचारिक पत्र लेखन			
28.	Jan. 20, 21, 22, 23, 24	व्याकरण – गिनती (71 – 100)			
29.	Jan. 27, 28, 29, 30, 31, Feb 1	अपठित गद्यांश			
30.	February 3, 4, 5, 6, 7				
31.	February 10, 11, 13, 14, 15, 17				Final Examination Skill Test 15 Feb - 21 Feb
32.	February 18, 19, 20, 21				Final Examination - 24 Feb - 7 Mar

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					Syllabus पाठ – 11, 12, 13, 14, 15, 16 व्याकरण – वचन, विशेषण, क्रिया, समानार्थी शब्द, अनेक शब्दों के लिए एक शब्द, मुहावरे, गिनती, पत्र, अनुच्छेद लेखन, अपठित गद्यांश 11-29 March Activities and Study Trip

MATHEMATICS

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
1.	April 1, 2, 3, 4, 5, 6	Ls-1 Numeration			
2.	April 8, 12, 13, 15, 16, 18	Ls-1 Numeration	Place Value Ladder (Indian Place Value System)	Colour Pencils or Sketch pens, pencil.	
3.	April 19, 20, 22, 23, 24, 25	Ls-3 Addition			
4.	April 26, 27, 29 June 18, 19, 20	Ls-3 Addition, Ls-4 Subtraction	Addition Pyramid	Origami sheet, Colour Pencils or Sketch Pens, glue	PTM 30 APRIL
5.	June 21, 24, 25, 26, 27	Ls-4 Subtraction	Find the missing numbers	Colour Pencils or Sketch pens	
6.	June 28, 29 July 1, 2, 3, 4	Ls-5 Multiplication			
7.	July 5, 6, 8, 9, 10, 11	Ls-5 Multiplication	Multiplication Puzzle (To find missing numbers)	Colour Pencils or Sketch pens	
8.	July 12, 15, 16, 18, 19, 20	Ls-6 Division			
9.	July 22, 23, 24, 25, 26	Revision			Periodic Test – I 25-31 July Syllabus- Ls 1,3 Tables- 2 to 10

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10.	July 29, 30, 31 Aug 1, 2, 3	Ls-6 Division + Ls-7, Factors and Multiples	Division by 10,100 and 1000	Colour Pencils or Sketch pens	
11.	August 5, 6, 7, 8, 9	Ls-7 Factors and Multiples			
12.	August 12, 13, 14, 16, 20	Ls-8 Fractions	Playing Activity Clap on multiples of the given number		PTM 17 August
13.	August 21, 22, 23, 27, 28	Ls-8 Fractions	Paper Folding Activity	Paper	
14.	August 29, 30, 31 Sep 2, 3, 4	Revision			
15.	September 6, 9, 10, 11, 12	Revision			Half Yearly Examination Skill Test 9-13 September
16.	September 13, Oct 1, 3, 4, 5, 7	Ls- 2 Roman Numerals, Ls-9 Decimals	Roman Numbers	Colours, Sheet	Half Yearly Examination 17-30 September Syllabus- Ls 1,3,4,5,6,7,8 Tables- 2 to 12
17.	October 8, 9, 14, 15, 16	Ls-9 Decimals			
18.	October 18, 21, 22, 23, 24	Ls-9 Decimals	Decimal Place Value Chart	Colour Pencils or Sketch Pens	PTM - 19 October
19.	October 25, 28 Nov 4, 5, 6	Ls-10 Measurement			
20.	November 7, 8, 11, 12, 13, 16	Ls-10 Measurement	To measure Height and Weight		
21.	November 18, 19, 20, 21, 22	Ls-11 Time and Calendar			
22.	Nov. 25, 26, 30, Dec 2, 4, 5	Revision			
23.	Dec. 6, 7, 9, 10, 11, 12	Ls-11 Time and Calendar	Read the Calendar and answer the given questions	Calendar	Periodic Test – II 7-13 December Syllabus- Ls 2,9, 10 Tables 2 to 13
24.	Dec. 13, 16, 17, 18, 19	Ls-12 Geometry			

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25.	Dec. 20, 21, 30, 31, Jan. 2, 3	Ls-12 Geometry	Parts of a circle	Origami sheet, Pair of scissors, Pencils or scale	PTM 4 January
26.	Jan. 6, 7, 8, 9, 10	Ls-13 Perimeter and Area			
27.	Jan. 13, 14, 15, 16, 17, 18	Ls-13 Perimeter and Area	Find the perimeter of a book	Book, pencil	
28.	Jan. 20, 21, 22, 23, 24	Ls-14 3D Shapes, Symmetry and Patterns, Ls-15 Data Handling,	Show the line of symmetry in a leaf	Leaf, Colours	
29.	Jan. 27, 28, 29, 30, 31, Feb 1	Ls-15 Data Handling	Tally Mark	Colours, Sheet	
30.	February 3, 4, 5, 6, 7	Revision			
31.	February 10, 11, 13, 14, 15, 17	Revision			Final Examination Skill Test 15 Feb - 21 Feb
32.	February 18, 19, 20, 21	Revision			Final Examination 24 Feb - 7 Mar Syllabus- Ls 2,9,10,11,12,13,14,15 Tables- 2 to 14

SCIENCE

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
1.	April 1, 2, 3, 4, 5, 6	Chapter 1 – Food	Picture Presentation: Proteins	Pictures of sources of proteins, glue, colours etc.	
2.	April 8, 12, 13, 15, 16, 18	Chapter 2 – The Teeth	Diagrammatic Presentation: Wisdom Tooth	Drawing material, colours etc.	
3.	April 19, 20, 22, 23, 24, 25	Chapter 2 – The Teeth			

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4.	April 26, 27, 29 June 18, 19, 20	Chapter 3 – The Digestive System	Case Study: Uses of Animal Saliva	Information on use of saliva by animals	PTM 30 APRIL
5.	June 21, 24, 25, 26, 27	Chapter 3 – The Digestive System			
6.	June 28, 29 July 1, 2, 3, 4	Chapter 4 – The Excretory System	Diagrammatic Presentation: The Excretory System	Drawing material, colours etc.	
7.	July 5, 6, 8, 9, 10, 11	Chapter 4 – The Excretory System			
8.	July 12, 15, 16, 18, 19, 20	Chapter 5 – Adaptation in Animals	Picture Presentation: Migratory Birds of India	Pictures of migratory birds, glue, colours etc.	
9.	July 22, 23, 24, 25, 26	Skill & Revision for Periodic Test - 1			Periodic Test – I 25-31 July Syllabus: Chapters - 1 & 2
10.	July 29, 30, 31 Aug 1, 2, 3	Chapter 5 – Adaptation in Animals			
11.	August 5, 6, 7, 8, 9	Chapter 6 – Plants	Pictorial Differentiation – Manmade vs Natural Fibres	Pictures of different fibres, glue, colours etc.	
12.	August 12, 13, 14, 16, 20	Chapter 6 – Plants			PTM 17 August
13.	August 21, 22, 23, 27, 28	Revision for Half Yearly Exam			
14.	August 29, 30, 31 Sep 2, 3, 4	Revision for Half Yearly Exam			
15.	September 6, 9, 10, 11, 12	Skills & Revision for Half Yearly Exam			Half Yearly Examination Skill Test 9-13 September
16.	September 13, Oct 1, 3, 4, 5, 7	Chapter 7 – Adaptation in Plants	Stamp Collection: Indian Floral Postage Stamps	Pictures of Indian floral postage stamps, glue, colours etc.	Half Yearly Examination 17-30 September Syllabus: Chapters - 1, 2, 3, 4, 5 & 6
17.	October 8, 9, 14, 15, 16	Chapter 7 – Adaptation in Plants			
18.	October 18, 21, 22, 23, 24	Chapter 7 – Adaptation in Plants			PTM - 19 October

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
19.	October 25, 28 Nov 4, 5, 6	Chapter 8 - Air	Exploration: Effects of Air Pollution on Historical Monuments	Pictures of Historical Monuments (Text Book), glue, colours, etc.	
20.	November 7, 8, 11, 12, 13, 16	Chapter 8 - Air			
21.	November 18, 19, 20, 21, 22	Chapter 9 – Mixtures & Solutions	Experiential Learning: Role of Detergent	Water, detergent, oil, beaker, etc.	
22.	Nov. 25, 26, 30, Dec 2, 4, 5	Skill & Revision for Periodic Test - 2			
23.	Dec. 6, 7, 9, 10, 11, 12	Chapter 9 – Mixtures & Solutions			Periodic Test – II 7-13 December Syllabus: Chapters - 7 & 8
24.	Dec. 13, 16, 17, 18, 19	Chapter 10 – Light	Picture Presentation: Luminous & Non Luminous body	Pictures of Luminous and Non-Luminous body, glue, colours etc.	
25.	Dec. 20, 21, 30, 31, Jan. 2, 3	Chapter 10 – Light			PTM - 4 January
26.	Jan. 6, 7, 8, 9, 10	Chapter 12 - Force	Experiential Learning: Effect of Gravity	Ball, paper, cotton, etc.	
27.	Jan. 13, 14, 15, 16, 17, 18	Chapter 12 - Force			
28.	Jan. 20, 21, 22, 23, 24	Chapter 13 - Friction	Experiential Learning: Static Electricity	Plastic ruler, bits of paper, etc.	
29.	Jan. 27, 28, 29, 30, 31, Feb 1	Chapter 13 - Friction			
30.	February 3, 4, 5, 6, 7	Skills & Revision for Final Exam			
31.	February 10, 11, 13, 14, 15, 17	Revision for Final Exam			Final Examination Skill Test 15 Feb - 21 Feb
32.	February 18, 19, 20, 21	Revision for Final Exam			Final Examination 24 Feb - 7 Mar Syllabus: Chapters - 7, 8, 9, 10, 12 & 13

SOCIAL SCIENCE

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
1.	April 1, 2, 3, 4, 5, 6	L- 1 Physical Features of India	Mark the neighbouring countries of India	Political Map of India, colour pencils, notebook	
2.	April 8, 12, 13, 15, 16, 18	L-2 The Northern Mountains	Paste pictures related to North eastern states of India	Pictures, glue and notebook	
3.	April 19, 20, 22, 23, 24, 25	L-3 The Northern Plains	Model making of Sanctuaries and National Park	3D images of animals, trees and plants	
4.	April 26, 27, 29 June 18, 19, 20	L-3 The Northern Plains			PTM 30 APRIL
5.	June 21, 24, 25, 26, 27	L-4 The Great Indian Desert	Paste the picture related to the desert	Pictures, glue and colours	
6.	June 28, 29 July 1, 2, 3, 4	L-5 The Southern Plateaus	Different charts of southern states of India	Chart paper, pictures , colour pencils and glue	
7.	July 5, 6, 8, 9, 10, 11	L-5 The Southern Plateaus			
8.	July 12, 15, 16, 18, 19, 20	L-6 The Coastal Plains and Islands	Crossword puzzle	Smart board, notebook	
9.	July 22, 23, 24, 25, 26	Revision P.T-I			Periodic Test – I 25-31 July Syllabus L- 1 and L- 2
10.	July 29, 30, 31 Aug 1, 2, 3	L-8 Soil	Paste the pictures of crops grown in black soil and alluvial soil	Pictures, glue and colours	
11.	August 5, 6, 7, 8, 9	L-9 Forest and Wildlife of India	Name the famous wild life sanctuaries and the states they are located	Smart Board	
12.	August 12, 13, 14, 16, 20	L-9 Forest and Wildlife of India + Map work			PTM 17 August

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13.	August 21, 22, 23, 27, 28	Revision + Model Test paper – I			
14.	August 29, 30, 31 Sep 2, 3, 4	Revision			
15.	September 6, 9, 10, 11, 12	L-10 Our Water Resources	Poster making – Save Water	A4 size sheet, colours and sketchpens	Half Yearly Examination Skill Test 9-13 September
16.	September 13, Oct 1, 3, 4, 5, 7	L-11 Our Mineral Resources	Learn the names of famous coal mines of India and the states in which they are located	Smart Borad	Half Yearly Examination 17-30 September Syllabus L- 3,4,5,6,8,9, Map work and Model Test paper - I
17.	October 8, 9, 14, 15, 16	L-12 Agriculture	Making things out of cotton	A4 size sheet , cardboard and straw	
18.	October 18, 21, 22, 23, 24	L-13 Industrial Development of India	Flow chart on the Industries of India	Pictures of industries related to small scale, large scale and cottage industries.	PTM - 19 October
19.	October 25, 28 Nov 4, 5, 6	L-15 Means of Communication	Documentary on Printing press	Smart board	
20.	November 7, 8, 11, 12, 13, 16	L-15 Means of Communication			
21.	November 18, 19, 20, 21, 22	L-16 Art, Architecture and Culture	Making Festive greeting card	Sheet, glue , colour , pencils and decoration materials	
22.	Nov. 25, 26, 30, Dec 2, 4, 5	Revision P.T – II			
23.	Dec. 6, 7, 9, 10, 11, 12	L-16 Art, Architecture, and culture (Continue)			Periodic Test – II 7-13 December Syllabus – L- 10, 11, 12
24.	Dec. 13, 16, 17, 18, 19	L-17 They Showed Us the Way	Role play on Social reformers	Costumes and props	
25.	Dec. 20, 21, 30, 31, Jan. 2, 3	L-17 They Showed Us the Way			PTM 4 January

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
26.	Jan. 6, 7, 8, 9, 10	L-18 Our Government	Flow chart showing the Hierarchy of the Government	Smart board	
27.	Jan. 13, 14, 15, 16, 17, 18	L-18 Our Government			
28.	Jan. 20, 21, 22, 23, 24	Map work			
29.	Jan. 27, 28, 29, 30, 31, Feb 1	Map work + Model Test paper – II			
30.	February 3, 4, 5, 6, 7	Revision			
31.	February 10, 11, 13, 14, 15, 17	Revision			Final Examination Skill Test 15 Feb - 21 Feb
32.	February 18, 19, 20, 21	Revision			Final Examination 24 Feb - 7 Mar Syllabus (L- 12,13,15,16,17,18, map work + Model Test – II)

COMPUTER

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
1.	April 1, 2, 3, 4, 5, 6	Lesson 1 Computer-Storage And Memory Device			
2.	April 8, 12, 13, 15, 16, 18	Lesson 1 Computer-Storage And Memory Device			
3.	April 19, 20, 22, 23, 24, 25	Lesson 1 Computer-Storage And Memory Device			
4.	April 26, 27, 29 June 18, 19, 20	Lesson 1 Computer-Storage And Memory Device			PTM 30 APRIL
5.	June 21, 24, 25, 26, 27	Lesson 2 File Management in Windows 10			
6.	June 28, 29 July 1, 2, 3, 4	Lesson 2 File Management in Windows 10			
7.	July 5, 6, 8, 9, 10, 11	Lesson 2 File Management in Windows 10			
8.	July 12, 15, 16, 18, 19, 20	Lesson 3 More On MS Word 2016			

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
9.	July 22, 23, 24, 25, 26	Lesson 3 More On MS Word 2016			Periodic Test – I 25-31 July
10.	July 29, 30, 31 Aug 1, 2, 3	Lesson 3 More On MS Word 2016			
11.	August 5, 6, 7, 8, 9	Lesson 4 Using Styles and Objects In MS Word 2016			
12.	August 12, 13, 14, 16, 20	Lesson 4 Using Styles and Objects In MS Word 2016			PTM 17 August
13.	August 21, 22, 23, 27, 28	Lesson 4 Using Styles and Objects In MS Word 2016			
14.	August 29, 30, 31 Sep 2, 3, 4	Revision			
15.	September 6, 9, 10, 11, 12	Revision			Half Yearly Examination Skill Test 9-13 September Syllabus – Lesson 1, 2, 3, 4.
16.	September 13, Oct 1, 3, 4, 5, 7	Lesson 5 Introduction To MS PowerPoint 2016			Half Yearly Examination 17-30 September
17.	October 8, 9, 14, 15, 16	Lesson 5 Introduction To MS PowerPoint 2016			
18.	October 18, 21, 22, 23, 24	Lesson 5 Introduction To MS PowerPoint 2016			PTM - 19 October
19.	October 25, 28 Nov 4, 5, 6	Lesson 5 Introduction To MS PowerPoint 2016			
20.	November 7, 8, 11, 12, 13, 16	Lesson 5 Introduction To MS PowerPoint 2016			
21.	November 18, 19, 20, 21, 22	Lesson 6 Working With MS PowerPoint 2016			
22.	Nov. 25, 26, 30, Dec 2, 4, 5	Lesson 6 Working With MS PowerPoint 2016			
23.	Dec. 6, 7, 9, 10, 11, 12	Lesson 6 Working With MS PowerPoint 2016			Periodic Test – II 7-13 December
24.	Dec. 13, 16, 17, 18, 19	Lesson 6 Working With MS PowerPoint 2016			
25.	Dec. 20, 21, 30, 31, Jan. 2, 3	Lesson 8 More On Internet			PTM 4 January
26.	Jan. 6, 7, 8, 9, 10	Lesson 8 More On Internet			

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
27.	Jan. 13, 14, 15, 16, 17, 18	Lesson 8 More On Internet			
28.	Jan. 20, 21, 22, 23, 24	Lesson 8 More On Internet			
29.	Jan. 27, 28, 29, 30, 31, Feb 1	Lesson 8 More On Internet			
30.	February 3, 4, 5, 6, 7	Lesson 8 More On Internet			
31.	February 10, 11, 13, 14, 15, 17	Revision			Final Examination Skill Test 15 Feb - 21 Feb Syllabus – Lesson 5, 6, 8.
32.	February 18, 19, 20, 21	Revision			Final Examination 24 Feb - 7 Mar

GENERAL KNOWLEDGE

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
1.	April 1, 2, 3, 4, 5, 6	Ls 1 – Amazing Plants Ls 2 – Aquatic Plants			
2.	April 8, 12, 13, 15, 16, 18	Ls 3- Nestling Ground of Plants Ls 4 – Dry Fruits in Your Diet			
3.	April 19, 20, 22, 23, 24, 25	Ls 5 – Flightless Birds Ls 6 – Endangered Animals			
4.	April 26, 27, 29 June 18, 19, 20	Ls 7 – Primates Its's Quiz Time			PTM 30 APRIL
5.	June 21, 24, 25, 26, 27	Ls 8 – Super Tens of India Ls 9 – Famous Lakes in India Ls 10 – Indian Industries			
6.	June 28, 29 July 1, 2, 3, 4	Ls 11 – Official Residences			

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
		Ls 12 – About the Planet Earth			
7.	July 5, 6, 8, 9, 10, 11	Ls 13 – Famous Landmarks Ls 14 – Female Firsts			
8.	July 12, 15, 16, 18, 19, 20	Ls 15 – Geographical Epithets Ls 16 – World's Seven Summits Its's Quiz Time			
9.	July 22, 23, 24, 25, 26	Ls 17 – Branches of Science Ls 18 – Space Journeys			Periodic Test – I 25-31 July
10.	July 29, 30, 31 Aug 1, 2, 3	Ls 19 – Phobias Ls 20 – Computer Vocab			
11.	August 5, 6, 7, 8, 9	Ls 21 – Inventions that Changed Life It's Quiz Time			
12.	August 12, 13, 14, 16, 20	Ls 22 – Spell Well Ls 23 – Abbreviations			PTM 17 August
13.	August 21, 22, 23, 27, 28	Ls 24 – World of Words Ls 25 – Inspirational Quotes			
14.	August 29, 30, 31 Sep 2, 3, 4	Revision			
15.	September 6, 9, 10, 11, 12	Revision			Half Yearly Examination Skill Test 9-13 September
16.	September 13, Oct 1, 3, 4, 5, 7	Ls 26 – Valuable Expressions			Half Yearly Examination 17-30 September Syllabus - Ls 1,2,3,4,5,6,8,9,11,12,13,14,15,16,17,18,19, It's Quiz Time (Pg no – 15, 27, 35)
17.	October 8, 9, 14, 15, 16	Ls 27 – Cricket Stadiums			
18.	October 18, 21, 22, 23, 24	Ls 28 – Movie Making			PTM - 19 October
19.	October 25, 28 Nov 4, 5, 6	Ls 29 – Adventure Sports			

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
20.	November 7, 8, 11, 12, 13, 16	Ls 30 – Biopic Movies			
21.	November 18, 19, 20, 21, 22	Ls 31 – Nicknames Ls 32 – Water Cycle			
22.	Nov. 25, 26, 30, Dec 2, 4, 5	Ls 33 – Notable Environmentalists			
23.	Dec. 6, 7, 9, 10, 11, 12	Ls 34 – Things Used in the Garden It's Quiz Time			Periodic Test – II 7-13 December
24.	Dec. 13, 16, 17, 18, 19	Ls 35 – Good Manners			
25.	Dec. 20, 21, 30, 31, Jan. 2, 3	Ls 36 – Be Sensitive Towards Animals			PTM 4 January
26.	Jan. 6, 7, 8, 9, 10	Ls 37 – Fun with Numbers			
27.	Jan. 13, 14, 15, 16, 17, 18	Ls 38 – Working with Words			
28.	Jan. 20, 21, 22, 23, 24	Ls 39 – Solving Riddles			
29.	Jan. 27, 28, 29, 30, 31, Feb 1	Model Test Paper – 1 & 2			
30.	February 3, 4, 5, 6, 7	Revision			
31.	February 10, 11, 13, 14, 15, 17	Revision			Final Examination Skill Test 15 Feb - 21 Feb
32.	February 18, 19, 20, 21	Revision			Final Examination 24 Feb - 7 Mar Syllabus – Ls 20,21,23,24,25,27,28,29,31,32,33,34,38,39, It's Quiz Time(Pg no – 55)

VALUE EDUCATION

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
1.	April 1, 2, 3, 4, 5, 6	L-1 Devotion			
2.	April 8, 12, 13, 15, 16, 18	L- 1 Devotion			
3.	April 19, 20, 22, 23, 24, 25	L-2 Pleasant Truth			
4.	April 26, 27, 29 June 18, 19, 20	L-2 Pleasant Truth			PTM 30 APRIL
5.	June 21, 24, 25, 26, 27	L-3 Fools Paradise			
6.	June 28, 29 July 1, 2, 3, 4	L-3Fools paradise			
7.	July 5, 6, 8, 9, 10, 11	L-4 God is One			
8.	July 12, 15, 16, 18, 19, 20	L-5 Common Sense			
9.	July 22, 23, 24, 25, 26	L-5 Common Sense			Periodic Test – I 25-31 July
10.	July 29, 30, 31 Aug 1, 2, 3	L-6 Respect			
11.	August 5, 6, 7, 8, 9	L-6 Respect			
12.	August 12, 13, 14, 16, 20	L-7 Saint Mother Teresa			PTM 17 August
13.	August 21, 22, 23, 27, 28	L-7Saint Mother Teresa			
14.	August 29, 30, 31 Sep 2, 3, 4	Revision			
15.	September 6, 9, 10, 11, 12	Revision			Half Yearly Examination Skill Test 9-13 September
16.	September 13, Oct 1, 3, 4, 5, 7	L-8 Respect Aged People			Half Yearly Examination 17-30 September Syllabus L-1,2,3,4,5,6,7
17.	October 8, 9, 14, 15, 16	L-8 Respect Aged People			

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
18.	October 18, 21, 22, 23, 24	L-9 The Cycle Race			PTM - 19 October
19.	October 25, 28 Nov 4, 5, 6	L-9 The Cycle Race			
20.	November 7, 8, 11, 12, 13, 16	L-10 Gratitude			
21.	November 18, 19, 20, 21, 22	L-10 Gratitude			
22.	Nov. 25, 26, 30, Dec 2, 4, 5	L-11 Be Kind to all			
23.	Dec. 6, 7, 9, 10, 11, 12	L-11 Be Kind to all			Periodic Test – II 7-13 December
24.	Dec. 13, 16, 17, 18, 19	L-12 Traffic Sense			
25.	Dec. 20, 21, 30, 31, Jan. 2, 3	L-12 Traffic Sense			PTM 4 January
26.	Jan. 6, 7, 8, 9, 10	L-13 Mango Tree			
27.	Jan. 13, 14, 15, 16, 17, 18	L-13 Mango Tree			
28.	Jan. 20, 21, 22, 23, 24	L-14 Unity is Strength			
29.	Jan. 27, 28, 29, 30, 31, Feb 1	L-14 Unity is Strength			
30.	February 3, 4, 5, 6, 7	Revision			
31.	February 10, 11, 13, 14, 15, 17	Revision			Final Examination Skill Test 15 Feb - 21 Feb
32.	February 18, 19, 20, 21	Revision			Final Examination 24 Feb - 7 Mar Syllabus - L-8,9,10,11,12,13,14

DRAWING

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
1.	April 1, 2, 3, 4, 5, 6	Magic colouring			
2.	April 8, 12, 13, 15, 16, 18	Magic colouring			
3.	April 19, 20, 22, 23, 24, 25	Magic of colours			
4.	April 26, 27, 29 June 18, 19, 20	Magic of colours			PTM 30 APRIL
5.	June 21, 24, 25, 26, 27	Swan			
6.	June 28, 29 July 1, 2, 3, 4	Swan			
7.	July 5, 6, 8, 9, 10, 11	Free hand drawing			
8.	July 12, 15, 16, 18, 19, 20	Free hand drawing			
9.	July 22, 23, 24, 25, 26	Colourful birds			Periodic Test – I 25-31 July
10.	July 29, 30, 31 Aug 1, 2, 3	Colourful birds			
11.	August 5, 6, 7, 8, 9	Giraffe			
12.	August 12, 13, 14, 16, 20	Giraffe			PTM 17 August
13.	August 21, 22, 23, 27, 28	Rose flower			
14.	August 29, 30, 31 Sep 2, 3, 4	Rose flower			
15.	September 6, 9, 10, 11, 12	Warli painting			Half Yearly Examination Skill Test 9-13 September
16.	September 13, Oct 1, 3, 4, 5, 7	Revision			Half Yearly Examination 17-30 September
17.	October 8, 9, 14, 15, 16	Letter writing			

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
18.	October 18, 21, 22, 23, 24	Thumb print			PTM - 19 October
19.	October 25, 28 Nov 4, 5, 6	Thumb print			
20.	November 7, 8, 11, 12, 13, 16	Pencil shading			
21.	November 18, 19, 20, 21, 22	Pencil shading			
22.	Nov. 25, 26, 30, Dec 2, 4, 5	Dussehra			
23.	Dec. 6, 7, 9, 10, 11, 12	Figure in lines and curves			Periodic Test – II 7-13 December
24.	Dec. 13, 16, 17, 18, 19	Figure in lines and curves			
25.	Dec. 20, 21, 30, 31, Jan. 2, 3	Flowers			PTM 4 January
26.	Jan. 6, 7, 8, 9, 10	Flowers			
27.	Jan. 13, 14, 15, 16, 17, 18	Still life			
28.	Jan. 20, 21, 22, 23, 24	Fruit basket			
29.	Jan. 27, 28, 29, 30, 31, Feb 1	Fruit basket			
30.	February 3, 4, 5, 6, 7	Colourful Kite			
31.	February 10, 11, 13, 14, 15, 17	Colourful Kite			Final Examination Skill Test 15 Feb - 21 Feb
32.	February 18, 19, 20, 21	Revision			Final Examination 24 Feb - 7 Mar

CRAFT

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
1.	April 1, 2, 3, 4, 5, 6	Swan			
2.	April 8, 12, 13, 15, 16, 18	Swan			
3.	April 19, 20, 22, 23, 24, 25	Ice cream cone			
4.	April 26, 27, 29 June 18, 19, 20	Ice cream cone			PTM 30 APRIL
5.	June 21, 24, 25, 26, 27	Seal			
6.	June 28, 29 July 1, 2, 3, 4	Seal			
7.	July 5, 6, 8, 9, 10, 11	Candy box			
8.	July 12, 15, 16, 18, 19, 20	Candy box			
9.	July 22, 23, 24, 25, 26	Jokers cap			Periodic Test – I 25-31 July
10.	July 29, 30, 31 Aug 1, 2, 3	Jokers cap			
11.	August 5, 6, 7, 8, 9	Gold fish			
12.	August 12, 13, 14, 16, 20	Gold fish			PTM 17 August
13.	August 21, 22, 23, 27, 28	Picture collage			
14.	August 29, 30, 31 Sep 2, 3, 4	Picture collage			
15.	September 6, 9, 10, 11, 12	Revision			Half Yearly Examination Skill Test 9-13 September
16.	September 13, Oct 1, 3, 4, 5, 7	Revision			Half Yearly Examination 17-30 September
17.	October 8, 9, 14, 15, 16	Hand puppet			

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
18.	October 18, 21, 22, 23, 24	Hand puppet			PTM - 19 October
19.	October 25, 28 Nov 4, 5, 6	Sand painting			
20.	November 7, 8, 11, 12, 13, 16	Sand painting			
21.	November 18, 19, 20, 21, 22	Paper fun			
22.	Nov. 25, 26, 30, Dec 2, 4, 5	Paper fun			
23.	Dec. 6, 7, 9, 10, 11, 12	Leaf impression			Periodic Test – II 7-13 December
24.	Dec. 13, 16, 17, 18, 19	Leaf impression			
25.	Dec. 20, 21, 30, 31, Jan. 2, 3	A colourful pattern			PTM - 4 January
26.	Jan. 6, 7, 8, 9, 10	A colourful pattern			
27.	Jan. 13, 14, 15, 16, 17, 18	Picture collage			
28.	Jan. 20, 21, 22, 23, 24	Picture collage			
29.	Jan. 27, 28, 29, 30, 31, Feb 1	Light the lamp			
30.	February 3, 4, 5, 6, 7	Light the lamp			
31.	February 10, 11, 13, 14, 15, 17	Revision			Final Examination Skill Test 15 Feb - 21 Feb
32.	February 18, 19, 20, 21	Revision			Final Examination 24 Feb - 7 Mar

PHYSICAL EDUCATION

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
1.	April 1, 2, 3, 4, 5, 6	Basic Skills of Space Awareness: - Attention, Stand At Ease & Turn Around.			
2.	April 8, 12, 13, 15, 16, 18	Formation & Boundaries:- Line Formation.			
3.	April 19, 20, 22, 23, 24, 25	Formation & Boundaries:- Line Formation.			
4.	April 26, 27, 29 June 18, 19, 20	Basic Skills of Space Awareness :- Attention & Stand At Ease			PTM 30 APRIL
5.	June 21, 24, 25, 26, 27	Basic Skills of Space Awareness: - Attention, Stand At Ease, March in Line.			
6.	June 28, 29 July 1, 2, 3, 4	Formation & Boundaries:- Line Formation.			
7.	July 5, 6, 8, 9, 10, 11	Formation & Boundaries:- Line Formation.			
8.	July 12, 15, 16, 18, 19, 20	Body Movement:- Stretching exercises, Run, Hop & Jump, Aerobic Exercises			
9.	July 22, 23, 24, 25, 26	Body Movement:- Stretching exercises, Run, Hop & Jump, Aerobic Exercises			Periodic Test – I 25-31 July
10.	July 29, 30, 31 Aug 1, 2, 3	Physical Fitness Test:- Height & Weight.			
11.	August 5, 6, 7, 8, 9	Physical Fitness Test:- Height & Weight.			
12.	August 12, 13, 14, 16, 20	Physical Fitness Test:- Height & Weight.			PTM 17 August
13.	August 21, 22, 23, 27, 28	Physical Fitness Test:- Height & Weight.			
14.	August 29, 30, 31 Sep 2, 3, 4	Physical Fitness Test:- Height & Weight.			
15.	September 6, 9, 10, 11, 12	Revision			Half Yearly Examination Skill Test 9-13 September
16.	September 13, Oct 1, 3, 4, 5, 7	Fitness Circuit:- Short distance Run(10 mtr), Hopping in ladder, Jumping in Hurdle, Zig – Zag Run & Balancing in Balancing Beam.			Half Yearly Examination 17-30 September

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
17.	October 8, 9, 14, 15, 16	Fitness Circuit:- Short distance Run(10 mtr), Hopping in ladder, Jumping in Hurdle, Zig – Zag Run& Balancing in Balancing Beam.			
18.	October 18, 21, 22, 23, 24	Fitness Circuit:- Short distance Run(10 mtr), Hopping in ladder, Jumping in Hurdle, Zig – Zag Run& Balancing in Balancing Beam.			PTM - 19 October
19.	October 25, 28 Nov 4, 5, 6	Football :- Dribbling.			
20.	November 7, 8, 11, 12, 13, 16	Football:- Push Pass & Instep Pass.			
21.	November 18, 19, 20, 21, 22	Football:- Match Play.			
22.	Nov. 25, 26, 30, Dec 2, 4, 5	Kho-Kho:- Take off.			
23.	Dec. 6, 7, 9, 10, 11, 12	Kho-Kho:- Chasing.			Periodic Test – II 7-13 December
24.	Dec. 13, 16, 17, 18, 19	Kho-Kho:- Dodging.			
25.	Dec. 20, 21, 30, 31, Jan. 2, 3	Basketball:- Passing- Bounce Pass & Over Head Pass.			PTM 4 January
26.	Jan. 6, 7, 8, 9, 10	Basketball:- Dribbling.			
27.	Jan. 13, 14, 15, 16, 17, 18	Basketball:- Match Play.			
28.	Jan. 20, 21, 22, 23, 24	Revision			
29.	Jan. 27, 28, 29, 30, 31, Feb 1	Physical Fitness Test:- Height & Weight.			
30.	February 3, 4, 5, 6, 7	Physical Fitness Test:- Height & Weight.			
31.	February 10, 11, 13, 14, 15, 17	Physical Fitness Test:- Height & Weight.			Final Examination Skill Test 15 Feb - 21 Feb
32.	February 18, 19, 20, 21	Physical Fitness Test:- Height & Weight.			Final Examination 24 Feb - 7 Mar

YOGA

NO. & NAME OF TOPICS	EXAM DATES & SYLLABUS
<p>Syllabus –Half Yearly Breathing awareness1:1 Bhramari pranayama, Kapalbhathi kriya.</p> <p>Shukshma yogic kriyas (neck rotation, shoulders and hand, waist and legs movements), Shashank Asana (Rabbit Pose), Ushtra Asana (Camel Pose), Tada Asana, Padhasta Asana, Padma Asna(Lotus Pose) Parvat Asana (Mountain Pose), Ardha Chandra Asana (Crescent Pose), Dwipad uttan asana, Matsya Asana, Bhujanga Asana, Tratak</p> <p>Meaning of Yoga (Asana & Pranayam) Benefits of above mentioned postures</p>	
<p>Syllabus –Final Breathing awareness1:2 Bhramari pranayama. Anulom Vilome (Alternate Nostril Breathing)</p> <p>Vriksha Asana (Tree Pose), Ushtra Asana(Camel Pose), Tada Asana, Trikona Asana (Triangle Pose)Padhasta Asana, Parvat Asana (Mountain Pose), Ardha Chandra Asana (Crescent Pose), Dwipad uttan asana, Ardhal Asana (half Plough Pose)Matsya Asana, Bhujanga Asana(Half Cobra Pose), Shavasana</p> <p>Meaning of Yoga (Asana & Pranayam) Benefits of above mentioned postures</p>	

KATHAK DANCE

NO. & NAME OF TOPICS	EXAM DATES & SYLLABUS
Syllabus –Half Yearly <ol style="list-style-type: none">1. Revision of the last session2. Tukada - 13. Hastak – 54. Thah chugan of tal teen tal Periodic Test-I	
Syllabus –Final <ol style="list-style-type: none">1. Definition of mantra and sum2. Prayer Dance / Kavitta3. Toda-14. Asamyukta Mudra	

BHARAT NATYAM DANCE

NO. & NAME OF TOPICS	EXAM DATES & SYLLABUS
Syllabus-Half Yearly <ol style="list-style-type: none">1. Revision of the last session2. Meaning of Bharat Natyam3. Ta-tai-ta-44. Samyukta Mudra – 1 to 8	
Syllabus- Final Exam <ol style="list-style-type: none">1. Tai ha tai hi leg movements2. One Prayer Dance3. Samyukta Mudra 9 to 12	

INSTRUMENTAL MUSIC

NO. & NAME OF TOPICS	EXAM DATES & SYLLABUS
<p>Syllabus-Half Yearly</p> <ul style="list-style-type: none"> • Introduction of the Instrument. • Basic Fundamentals of the Instrument. • Fingers' Exercises. • Children songs (Notation & Playing). • Popular songs (Notation & Playing). 	
<p>Syllabus- Final Exam</p> <ul style="list-style-type: none"> • Hymns (Notation & Playing) • Film songs (Notation & Playing). • Children songs (Notation & Playing). • Anthem (Notation & Playing). • Practice • Revision 	

VOCAL MUSIC

NO. & NAME OF TOPICS	EXAM DATES & SYLLABUS
<p>Syllabus-Half Yearly</p> <p>Revision and practice of National Anthem and School Anthem, Reading and singing with clear pronunciation</p> <ol style="list-style-type: none"> 1. Make me a channel 2. Numerous strings 3. This is my prayer 4. Some Festive songs 5. Revision of Hymns and Anthems 6. School Anthem 	

NO. & NAME OF TOPICS	EXAM DATES & SYLLABUS
Syllabus- Final Exam Devotional Songs Hindi/English and Patriotic Songs. Children songs Hindi/English Revision of all songs Hymns and Anthem Basic Knowledge of music	

WESTERN DANCE

NO. & NAME OF TOPICS	EXAM DATES & SYLLABUS
<ul style="list-style-type: none"> • Warmup and rhythm sense exercise • Eight & four count dance steps on popular dance number • Basic steps on free style dance numbers • Energy to maintain cheerful expression • More on practice on that dance and revision 	

THEATRE

NO. & NAME OF TOPICS	EXAM DATES & SYLLABUS
Types of theatre in Bhopal Natyashastra part II Types of Kathaputli Theatre songs Theatre Games Dialogue delivery Nau rasa II	

KARATE

NO. & NAME OF TOPICS	EXAM DATES & SYLLABUS
Syllabus-Half Yearly Basic steps of Karate, Hachi-Dachi, Zenkutsu Dachi and Keeba Dachi, Zenkutsu Dachi and Keeba Dachi with Uke, Chudan Zuki, Jodan Zuki, Sambon Zuki, Zenkutsu Dachi and Keeba Dachi with Blocks, Gedan Barai, Age Uke, Unchi Uke and Shoto Uke, Zenkutsu Dachi with Blocks and Punch, Shoto Uke, Nukite, Yogo Enpee, Ko Kutsu Dachi with Uke, Combination Zuki and Uke Kata 1st Hein Shodan (21 Moments)	
Syllabus- Final Exam Kata IInd Hein Nidan, Revision of Kata Ist and IInd, Kicks (Geri) Fight Practice Maigeri, Yokogeri, Mavashigeri, Fight Practice, Kata Definition, Hein Shodan, Hein Nidan, Theory of Karate and Knowledge of Japanese words Complete of Kata Hein Shodan and Hein Nidan, Revision Hein Shodan, Preparation for Final Examination.	