

ST. JOSEPH'S CO-ED SCHOOL

Arera Colony, Bhopal



CLASS V

ENGLISH

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
1.	April 1, 2, 3, 4, 5, 6	Reader: Ls. 1: What Makes the Lightning Grammar: Ls. 1: Sentences	Paste a picture of any tribal festival.	Glue, picture, scrapbook, Textbook	
2.	April 8, 12, 13, 15, 16, 18	Reader: Ls. 1: What Makes the Lightning Grammar: Ls. 1: Sentences			
3.	April 19, 20, 22, 23, 24, 25	Reader: Poem: Land of Story-books Ls. 2: Nouns	Paste a picture of your favourite story book.	Glue, picture, scrapbook, Textbook	
4.	April 26, 27, 29 June 18, 19, 20	Reader: Poem: Land of Story-books Ls. 2: Nouns			PTM 30 APRIL
5.	June 21, 24, 25, 26, 27	Reader: Ls. 2: Rikki-tikki and Nag Grammar: Ls. 3: Adjectives	Draw a snake and write two facts about it.	Colours, scrapbook, Textbook	
6.	June 28, 29 July 1, 2, 3, 4	Reader: Ls. 2: Rikki-tikki and Nag Grammar: Ls. 3: Adjectives			
7.	July 5, 6, 8, 9, 10, 11	Reader: Poem: Be a Friend Grammar: Ls. 4: Pronouns	Make a greeting card for your friend.	Glue, colours, scrapbook, Textbook, craft paper	
8.	July 12, 15, 16, 18, 19, 20	Revision and Skill Test for Periodic Test I Reader: Poem: Be a Friend Grammar: Ls. 4: Pronouns			Reading Skill Test: Extra Reading Book – Four Stories from Shakespeare Ls. 1-2
9.	July 22, 23, 24, 25, 26	Revision for Periodic Test I			Periodic Test – I 25-31 July Syllabus: - Reader: Ls. 1 Poem: Land of Story-books Grammar: Ls. 1,2
10.	July 29, 30, 31 Aug 1, 2, 3	Reader: Ls.3 Born Again-Arunima Sinha Grammar: Ls. 5: Articles Informal Letter			

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11.	August 5, 6, 7, 8, 9	Reader: Ls.3 Born Again-Arunima Sinha Grammar: Ls. 5: Articles Composition	Stick a picture of Bachendri Pal.	Glue, picture, scrapbook, Textbook	
12.	August 12, 13, 14, 16, 20	Reader Poem: Don't Give Up Grammar: Ls. 6: Verbs	Choral Recitation	Textbook	PTM 17 August
13.	August 21, 22, 23, 27, 28	Reader Poem: Don't Give Up Grammar: Ls. 6: Verbs			
14.	August 29, 30, 31 Sep 2, 3, 4	Revision for Half Yearly Examination Poem Comprehension; Comprehension Passage; Composition; Informal Letter			
15.	September 6, 9, 10, 11, 12	Revision and Skill Test for Half Yearly Examination			Half Yearly Examination Skill Test 9-13 September Reading Skill: Reader: Ls. 1,2,3 Speaking Skill: Poems: • Land of Story-books • Be a Friend • Don't Give Up
16.	September 13, Oct 1, 3, 4, 5, 7	Revision for Half Yearly Examination Reader: Ls. 4: The Story of Dandi March Grammar: Ls. 7: Tenses			Half Yearly Examination17-30 SeptemberSyllabus: -Reader: Ls. 1,2,3Poems:Land of Story-booksBe a FriendDon't Give UpGrammar: Ls. 1,2,3,4,5,6Comprehension Passage, PoemComprehension, Composition, Informal

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					letter
17.	October 8, 9, 14, 15, 16	Reader: Ls. 4: The Story of Dandi March Grammar: Grammar: Ls. 7: Tenses	Design a poster on Mahatma Gandhi and write any one of his slogans.	Colours, notebook, glue, pictures, Smart class, scrapbook, Textbook	
18.	October 18, 21, 22, 23, 24	Reader Poem: We Must Act Now! Grammar: Ls. 8: Adverbs	Draw a picture showing any one type of pollution.	Colours, Smart class, scrapbook, Textbook	PTM - 19 October
19.	October 25, 28 Nov 4, 5, 6	Reader: Poem: We Must Act Now! Grammar: Ls. 8: Adverbs			
20.	November 7, 8, 11, 12, 13, 16	Reader: Ls.5: The Unshakeable Bhungas Grammar: Ls. 9: Prepositions	Draw any one type of kutcha house.	Colours, Smart class, scrapbook, Textbook	
21.	November 18, 19, 20, 21, 22	Reader: Ls.5: The Unshakeable Bhungas Grammar: Ls. 9: Prepositions			
22.	Nov. 25, 26, 30, Dec 2, 4, 5	Revision and Skill Test for Periodic Test II			Reading Skill: Extra Reading Book – Four Stories from Shakespeare Ls. 3-4
23.	Dec. 6, 7, 9, 10, 11, 12	Revision for Periodic Test II Reader: Ls.6: The Tale of Peter Rabbit Formal Letter	Rabbit Mask Making Activity	Colours, notebook, glue, craft papers, Smart class, scrapbook, Textbook	Periodic Test – II 7-13 December Syllabus: - Reader: Ls. 4 Poem: We Must Act Now! Grammar: Ls. 7, 8
24.	Dec. 13, 16, 17, 18, 19	Reader: Ls.6: The Tale of Peter Rabbit Grammar: Ls. 10: Punctuation			
25.	Dec. 20, 21, 30, 31, Jan. 2, 3	Reader: Poem: When I'm an Old Lady Grammar: Ls. 10: Punctuation	Choral Recitation	Textbook	PTM 4 January
26.	Jan. 6, 7, 8, 9, 10	Reader: Poem: When I'm an Old Lady Grammar:Ls.11: Conjunctions			

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27.	Jan. 13, 14, 15, 16, 17, 18	Reader: Ls.7: Birbal's Wit Grammar: Ls. 11: Conjunctions	Role play – a dialogue between Akbar and Birbal	Textbook	
28.	Jan. 20, 21, 22, 23, 24	Reader: Ls.7: Birbal's Wit Grammar: Ls. 13: Direct-indirect speech			
29.	Jan. 27, 28, 29, 30, 31, Feb 1	Reader: Ls.7: Birbal's Wit Grammar: Ls. 13: Direct-indirect speech			
30.	February 3, 4, 5, 6, 7	Revision for Final Examination Formal letter; Poem Comprehension; Comprehension Passage; Composition;			
31.	February 10, 11, 13, 14, 15, 17	Revision and Skill Test for Final Examination			Final Examination Skill Test 15 Feb - 21 Feb Reading Skill: Reader: Ls. 4,5,6,7 Speaking Skill: Poems: • We Must Act Now! • When I'm an Old Lady
32.	February 18, 19, 20, 21	Revision for Final Examination			Final Examination 24 Feb - 7 Mar Syllabus: - Reader: Ls. 4, 5, 6,7 Poems: • We Must Act Now! • When I'm an Old Lady Grammar: Ls. 7,8,9,10,11, 13 Comprehension Passage, Poem Comprehension , Composition, Formal Letter

HINDI

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
1.	April 1, 2, 3, 4, 5, 6	पाठ–1 नव इतिहास रचाएँगे (कविता) व्याकरण – शब्द विचार	सस्वर कविता वचन		
2.	April 8, 12, 13, 15, 16, 18	पाठ–2 लाला पटेल की लायबरी	किसान और सैनिक	किसान और सैनिक का चित्र, पेन, गोंद	
3.	April 19, 20, 22, 23, 24, 25	पाठ–3 मैं हूँ मुंबई	मेरा भोपाल	रंगीन पेन	
4.	April 26, 27, 29 June 18, 19, 20	पाठ–4 समय मूल्यवान है (कविता) व्याकरण – संज्ञा	सस्वर कविता वचन		PTM - 30 APRIL
5.	June 21, 24, 25, 26, 27	पाठ–5 गुलीवर की यात्रा व्याकरण – वचन (गन्ना – अधिकारी)			
6.	June 28, 29 July 1, 2, 3, 4	पाठ—6 सागर तट के पेड़	सागर तटीय पेड़ का सचित्र विवरण	पेड़ों के चित्र, रंगीन पेन	
7.	July 5, 6, 8, 9, 10, 11	पाठ–7 बहू और बिल्ली	मुहावरों का रोचक संसार	रंगीन कागज	Activity Day I - 10 July
8.	July 12, 15, 16, 18, 19, 20	व्याकरण – विशेषण, काल			
9.	July 22, 23, 24, 25, 26	पुनरावृत्ति			Periodic Test – l 25-31 July पाठ—1, 2 व्याकरण — शब्द विचार
10.	July 29, 30, 31 Aug 1, 2, 3	पाठ–8 फूल और कॉंटा (कविता)	कविता का सस्वर वचन		Activity Day II - 8 August
11.	August 5, 6, 7, 8, 9	व्याकरण – औपचारिक पत्र लेखन, अनेक शब्दों के लिए एक शब्द (10–19)			
12.	August 12, 13, 14, 16, 20	व्याकरण – अनुच्छेद लेखन, अपठित गद्यांश, मुहावरे (10–17)			PTM - 17 August
13.	August 21, 22, 23, 27, 28	पुनरावृत्ति			
14.	August 29, 30, 31 Sep 2, 3, 4	पुनरावृत्ति			

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15.	September 6, 9, 10, 11, 12	पुनरावृत्ति			Half Yearly Examination Skill Test 9-13 September
16.	September 13, Oct 1, 3, 4, 5, 7	पाठ—10 उम्मीद, व्याकरण – क्रिया विशेषण	भारत रत्न – देश का गौरव	रंगीन पेन, चित्र	Half Yearly Examination 17-30 September पाठ – 3, 4, 5, 6, 7, 8 व्याकरण – संज्ञा, विशेषण, वचन, काल, समानार्थी शब्द, अनेक शब्दों के लिए एक शब्द, पत्र, अनुच्छेद, अपठित गद्यांश
17.	October 8, 9, 14, 15, 16	पाठ—11 बाल कवि सम्मेलन व्याकरण — सामान्य अशुद्धियाँ (अहार—त्यौहार)	प्रकृति या स्वच्छता विषय पर कविता लेखन	रंगीन पेपर तथा पेन	
18.	October 18, 21, 22, 23, 24	व्याकरण – सर्वनाम, लिंग			PTM - 19 October Activity Day III - 23 October
19.	October 25, 28 Nov 4, 5, 6	पाठ–12 गिरगिट का सपना	अनुच्छेद लेखन		
20.	November 7, 8, 11, 12, 13, 16	पाठ—13 कबीर की वाणी (दोहे) व्याकरण — विलोम शब्द (दोस्त—बुढ़ापा)	सस्वर दोहा वाचन		
21.	November 18, 19, 20, 21, 22	पाठ—14 हवा की दुनिया	मैं हवा हूँ – (हवा की उपस्थिति दर्शाने वाला कोई एक वैज्ञानिक प्रयोग)	रंगीन पेन	
22.	Nov. 25, 26, 30, Dec 2, 4, 5	पुनरावृत्ति			
23.	Dec. 6, 7, 9, 10, 11, 12	व्याकरण – विराम चिह्न			Periodic Test – II 7-13 December पाठ—9, 10 व्याकरण – क्रिया विशेषण
24.	Dec. 13, 16, 17, 18, 19	पाठ–15 पी.वी. सिंधु	खेल और खिलाड़ी	रंगीन पेन तथा पेपर	
25.	Dec. 20, 21, 30, 31, Jan. 2, 3	व्याकरण – अनौपचारिक पत्र लेखन, मुहावरे (18–25)			PTM - 4 January
26.	Jan. 6, 7, 8, 9, 10	पाठ—16 मेरा देश (कविता)	सस्वर वाचन कविता		
27.	Jan. 13, 14, 15, 16, 17, 18	व्याकरण – क्रिया			

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28.	Jan. 20, 21, 22, 23, 24	व्याकरण – अनुच्छेद लेखन			
29.	Jan. 27, 28, 29, 30, 31, Feb 1	व्याकरण – अपठित गद्यांश			
30.	February 3, 4, 5, 6, 7	पुनरावृत्ति			
31.	February 10, 11, 13, 14, 15, 17	पुनरावृत्ति			Final Examination Skill Test 15 Feb - 21 Feb
32.	February 18, 19, 20, 21	पुनरावृत्ति			Final Examination 24 Feb - 7 Mar पाठ— 11, 12, 13, 14, 15, 16 व्याकरण — सर्वनाम, क्रिया, लिंग, विराम चिह्न, विलोम शब्द, सामान्य अशुद्धियाँ, मुहावरे, अनुच्छेद, पत्र, अपठित गद्यांश 11-29 March Activities and Study Trip

MATHEMATICS

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
1.	April 1, 2, 3, 4, 5, 6	Ls-1 Large Numbers			
2.	April 8, 12, 13, 15, 16, 18	Ls-1 Large Numbers	Place Value Ladder (International Place Value System)	Colour Pencils or Sketch pens, pencil.	
3.	April 19, 20, 22, 23, 24, 25	Ls-2 Operations Involving Large Numbers			
4.	April 26, 27, 29 June 18, 19, 20	Ls-2 Operations Involving Large Numbers	Addition Pyramid	Origami sheet, Colour Pencils or Sketch Pens, glue	PTM 30 APRIL
5.	June 21, 24, 25, 26, 27	Ls-3 Factors and Multiples			
6.	June 28, 29 July 1, 2, 3, 4	Ls-3 Factors and Multiples	Playing Activity Multiples of Different Numbers		

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7.	July 5, 6, 8, 9, 10, 11	Ls-4 Fractions			
8.	July 12, 15, 16, 18, 19, 20	Ls-4 Fractions	Paper Folding Activity	Origami sheet, Colour Pencils or Sketch Pens, glue	
9.	July 22, 23, 24, 25, 26	Revision			Periodic Test – I 25-31 July Syllabus- Ls 1,2 Tables- 2 to 12
10.	July 29, 30, 31 Aug 1, 2, 3	Ls-5 Decimals	Place Value Chart for given Decimal Number	Colour Pencils or Sketch pens, pencil.	
11.	August 5, 6, 7, 8, 9	Ls-7 Profit and Loss			
12.	August 12, 13, 14, 16, 20	Ls-7 Profit and Loss	Marketing activity with Dummy Notes	Dummy Notes	PTM 17 August
13.	August 21, 22, 23, 27, 28	Ls-9 Basics of Geometry	Making different types of Angles with Paper Strips	Origami sheet, Pair of scissors, Colour Pencils or Sketch Pens, glue	
14.	August 29, 30, 31 Sep 2, 3, 4	Revision			
15.	September 6, 9, 10, 11, 12	Revision			Half Yearly Examination Skill Test 9-13 September
16.	September 13, Oct 1, 3, 4, 5, 7	Ls-8 Measurement			Half Yearly Examination 17-30 September Syllabus- Ls 1,2,3,4,5,7,9 Tables- 2 to 13
17.	October 8, 9, 14, 15, 16	Ls-8 Measurement	Measuring Height and weight	Measuring Tape, Weighing Scale, Colour Pencils	
18.	October 18, 21, 22, 23, 24	Ls-6 Percentage			PTM - 19 October
19.	October 25, 28 Nov 4, 5, 6	Ls-6 Percentage	Find % of your PT I Exam Marks	Colour Pencils or Sketch Pens	

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20.	November 7, 8, 11, 12, 13, 16	Ls-10 Geometrical Shapes			
21.	November 18, 19, 20, 21, 22	Ls-10 Geometrical Shapes	Making different types of Polygons	Origami sheet, Pair of scissors, Colour Pencils or Sketch Pens, glue	
22.	Nov. 25, 26, 30, Dec 2, 4, 5	Revision			
23.	Dec. 6, 7, 9, 10, 11, 12	Ls-11 Time and Temperature	To find exact age of two family members in Years/Months/Days	Colour Pencils or Sketch Pens	Periodic Test – II 7-13 December Syllabus- Ls 6,8 Tables 2 to 14
24.	Dec. 13, 16, 17, 18, 19	Ls-12 Perimeter and Area			
25.	Dec. 20, 21, 30, 31, Jan. 2, 3	Ls-12 Perimeter and Area	Measure the dimensions of the given figure and calculate Area	Origami sheet, Pair of scissors, Colour Pencils or scale	PTM 4 January
26.	Jan. 6, 7, 8, 9, 10	Ls-13 Volume			
27.	Jan. 13, 14, 15, 16, 17, 18	Ls-13 Volume	Find the volume of a cube shaped object	Any cube shaped object, scale, pencil	
28.	Jan. 20, 21, 22, 23, 24	Ls-14 Patterns, Ls-15 Data Handling,	Make Patterns and designs with circles	Colour Pencils or Sketch Pens	
29.	Jan. 27, 28, 29, 30, 31, Feb 1	Ls-15 Data Handling	Pie Chart	Origami Sheets, Scissors	
30.	February 3, 4, 5, 6, 7	Revision			
31.	February 10, 11, 13, 14, 15, 17	Revision			Final Examination Skill Test 15 Feb - 21 Feb
32.	February 18, 19, 20, 21	Revision			Final Examination 24 Feb - 7 Mar Syllabus- Ls 6,8,10,11,12,13,14,15 Tables- 2 to 15

SCIENCE

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
1.	April 1, 2, 3, 4, 5, 6	Chapter 1 - The Circulatory System	Pictorial Classification: Chambers of heart	Pictures of animals having 2, 3, 4 chambered heart, colours etc.	
2.	April 8, 12, 13, 15, 16, 18	Chapter 2 - The Skeletal System			
3.	April 19, 20, 22, 23, 24, 25	Chapter 2 - The Skeletal System	Diagrammatic Presentation: The Skeletal System	Colours, drawing material etc.	
4.	April 26, 27, 29 June 18, 19, 20	Chapter 3 - Food and Health			PTM 30 APRIL
5.	June 21, 24, 25, 26, 27	Chapter 3 - Food and Health	Experiential Learning: Salt Adulteration	Potato, salt, lemon etc	
6.	June 28, 29 July 1, 2, 3, 4	Chapter 4 - Health and Hygiene			
7.	July 5, 6, 8, 9, 10, 11	Chapter 4 - Health and Hygiene	Exploration: Vaccine Card	Details of vaccines administered.	
8.	July 12, 15, 16, 18, 19, 20	Chapter 5 - From Flowers to Seeds			
9.	July 22, 23, 24, 25, 26	Skill & Revision for Periodic Test -1			Periodic Test – I 25-31 July Syllabus: Chapters - 1 & 2
10.	July29, 30, 31 Aug 1, 2, 3	Chapter 5 - From Flowers to Seeds	Experiential Learning: Parts of a Flower	Hibiscus flower	
11.	August 5, 6, 7, 8, 9	Chapter 6 - New Plants from Other Parts			
12.	August 12, 13, 14, 16, 20	Chapter 6 - New Plants from Other Parts	Exploring Vegetative Reproduction in Plants	Vegetables like Potato, ginger, onion, carrot etc.	PTM 17 August
13.	August 21, 22, 23, 27, 28	Revision for Half Yearly Exam			

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14.	August 29, 30, 31 Sep 2, 3, 4	Revision for Half Yearly Exam			
15.	September 6, 9, 10, 11, 12	Skills & Revision for Half Yearly Exam			Half Yearly Examination Skill Test 9-13 September
16.	September 13, Oct 1, 3, 4, 5, 7	Chapter 7 - Interdependence in Nature			Half Yearly Examination 17-30 September Syllabus: Chapters - 1, 2, 3, 4, 5 & 6
17.	October 8, 9, 14, 15, 16	Chapter 7 - Interdependence in Nature			
18.	October 18, 21, 22, 23, 24	Chapter 7 - Interdependence in Nature	Collage Presentation: Food Web	Pictures from Text Book, glue, colours etc.	PTM - 19 October
19.	October 25, 28 Nov 4, 5, 6	Chapter 8 - Dealing with Waste			
20.	November 7, 8, 11, 12, 13, 16	Chapter 8 - Dealing with Waste	Picture Collage: Steps of Recycling	Pictures, colours, glue etc.	
21.	November 18, 19, 20, 21, 22	Chapter 9 - More about Matter			
22.	Nov. 25, 26, 30, Dec 2, 4, 5	Skill & Revision for Periodic Test - 2			
23.	Dec. 6, 7, 9, 10, 11, 12	Chapter 9 - More about Matter	Diagrammatic Representation Distillation		Periodic Test – II 7-13 December Syllabus: Chapters - 7 & 8
24.	Dec. 13, 16, 17, 18, 19	Chapter 10 - Light and Shadows			
25.	Dec. 20, 21, 30, 31, Jan. 2, 3	Chapter 10 - Light and Shadows	Picture Completion: Size of a Shadow	Text Book, colours etc.	PTM 4 January
26.	Jan. 6, 7, 8, 9, 10	Chapter 11 - Sound			
27.	Jan. 13, 14, 15, 16, 17, 18	Chapter 11 - Sound	Pictorial Differentiation: Indian Musical Instruments	Pictures of different musical instruments (Text Book)	
28.	Jan. 20, 21, 22, 23, 24	Chapter 13 - Simple Machines			

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29.	Jan. 27, 28, 29, 30, 31, Feb 1	Chapter 13 - Simple Machines	Demonstration of Types of Lever and its parts	Tools used as Lever.	
30.	February 3, 4, 5, 6, 7	Skills & Revision for Final Exam			
31.	February 10, 11, 13, 14, 15, 17	Revision for Final Exam			Final Examination Skill Test 15 Feb - 21 Feb
32.	February 18, 19, 20, 21	Revision for Final Exam			Final Examination 24 Feb - 7 Mar Syllabus: Chapters - 7, 8, 9, 10, 11 & 13

SOCIAL SCIENCE

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
1.	April 1, 2, 3, 4, 5, 6	L-1 Globe	Mark the states of India where Tropic of Cancer passes	Political map of India , Glue and colours	
2.	April 8, 12, 13, 15, 16, 18	L-2 Maps: Our Guide	Identify Physical features of India	Physical Map of India , glue , colours	
3.	April 19, 20, 22, 23, 24, 25	L-3 Weather and Climate	Differentiate between land breeze and sea breeze	Cut outs of Sun , Moon , colour sheets and glue	
4.	April 26, 27, 29 June 18, 19, 20	L-3 Weather and Climate			PTM 30 APRIL
5.	June 21, 24, 25, 26, 27	L-4 Land of Dense Forests	Collage on evergreen forest and wildlife of DRC	Pictures of forests , animals, canopy , sheet and glue	
6.	June 28, 29 July 1, 2, 3, 4	L-4 Land of Dense Forests			

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7.	July 5, 6, 8, 9, 10, 11	L-5 Greenland: The Land of Snow	Model of an Igloo	Craft paper, coconut sheet, chart paper, glue and colours	
8.	July 12, 15, 16, 18, 19, 20	Revision P.T – II			
9.	July 22, 23, 24, 25, 26	L-6 Saudi Arabia: The Land of Sand	3D model of desert with oasis	Tray, sand , plastic bowl , artificial plants , grass, glue	Periodic Test – I 25-31 July Syllabus L- 1 and L-2
10.	July29, 30, 31 Aug 1, 2, 3	L-7 Prairies: The Grasslands	Explore various grasslands of the world	Smart board	
11.	August 5, 6, 7, 8, 9	L-8 Means of Transport	Role play on Road safety		
12.	August 12, 13, 14, 16, 20	L-8 Means of Transport			PTM 17 August
13.	August 21, 22, 23, 27, 28	Map work			
14.	August 29, 30, 31 Sep 2, 3, 4	Model Test paper- I + Revision			
15.	September 6, 9, 10, 11, 12	Revision			Half Yearly Examination Skill Test 9-13 September
16.	September 13, Oct 1, 3, 4, 5, 7	L-10 The World of Growing Knowledge	Debate on importance of Literacy		Half Yearly Examination 17-30 September Syllabus I- 3, 4, 5,6 ,7,8 Map work and Model Test paper – I
17.	October 8, 9, 14, 15, 16	L-10 The World of Growing Knowledge			
18.	October 18, 21, 22, 23, 24	L-12 The Machine Age	Poster on Save Energy	Colours, glue and related pictures	PTM - 19 October
19.	October 25, 28 Nov 4, 5, 6	L-14 The Birth of United Nations	Draw and colour U.N flag	Notebook , colours	
20.	November 7, 8, 11, 12, 13, 16	L-14 The Birth of United Nations, Introduction of L-			

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
		15			
21.	November 18, 19, 20, 21, 22	L-15 The working of United Nations	Stick 5 famous world heritage sites of India	Pictures, notebook and glue	
22.	Nov. 25, 26, 30, Dec 2, 4, 5	Revision			
23.	Dec. 6, 7, 9, 10, 11, 12	L-17 The Revolt of 1857	Collage of leader of 1857	Pictures of leaders, glue and A4 size sheet	Periodic Test – II 7-13 December Syllabus L- 10, 12, 14
24.	Dec. 13, 16, 17, 18, 19	L-17 The Revolt of 1857			
25.	Dec. 20, 21, 30, 31, Jan. 2, 3	L-18 Beginning of the Freedom Struggle	Role play of Social reformers		PTM 4 January
26.	Jan. 6, 7, 8, 9, 10	L-18 Beginning of the Freedom Struggle			
27.	Jan. 13, 14, 15, 16, 17, 18	L-19 India Wins Freedom	Quiz on India's Freedom	Smart class	
28.	Jan. 20, 21, 22, 23, 24	L-19 India Wins Freedom			
29.	Jan. 27, 28, 29, 30, 31, Feb 1	Map Work			
30.	February 3, 4, 5, 6, 7	Model Test paper- II , Revision			
31.	February 10, 11, 13, 14, 15, 17	Revision			Final Examination Skill Test 15 Feb - 21 Feb
32.	February 18, 19, 20, 21	Revision			Final Examination 24 Feb - 7 Mar Syllabus L- 14, 15, 17, 18, 19 Map work + Model Test paper – II

VALUE EDUCATION

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	EXAM DATES & SYLLABUS
1.	April 1, 2, 3, 4, 5, 6	Ch.1: Faith in God	
2.	April 8, 12, 13, 15, 16, 18	Ch.1 Faith in God	
3.	April 19, 20, 22, 23, 24, 25	Ch.2: Good Behaviour	
4.	April 26, 27, 29 June 18, 19, 20	Ch.3: Alexander"s Horse	PTM 30 APRIL
5.	June 21, 24, 25, 26, 27	Ch.3: Alexander"s Horse	
6.	June 28, 29 July 1, 2, 3, 4	Ch.4: The Wily Jackal	
7.	July 5, 6, 8, 9, 10, 11	Ch.4: The Wily Jackal	
8.	July 12, 15, 16, 18, 19, 20	Ch.5: The Snake Bite	
9.	July 22, 23, 24, 25, 26	Ch.5: The Snake Bite	Periodic Test – I 25-31 July
10.	July29, 30, 31 Aug 1, 2, 3	Ch.6: Real Friendship	
11.	August 5, 6, 7, 8, 9	Ch.6: Real Friendship	
12.	August 12, 13, 14, 16, 20	Ch.7: Commitment	PTM 17 August
13.	August 21, 22, 23, 27, 28	Ch.7; Commitment	
14.	August 29, 30, 31 Sep 2, 3, 4	Revision for Half Yearly	
15.	September 6, 9, 10, 11, 12	Revision for Half Yearly	Half Yearly Examination Skill Test 9-13 September Syllabus- Ch.1,2,3,4,5,6 and 7
16.	September 13, Oct 1, 3, 4, 5, 7	Ch.8: Truth of Life	Half Yearly Examination 17-30 September

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	EXAM DATES & SYLLABUS
17.	October 8, 9, 14, 15, 16	Ch.8: Truth of Life	
18.	October 18, 21, 22, 23, 24	Ch.9: Generosity	PTM - 19 October
19.	October 25, 28 Nov 4, 5, 6	Ch.9: Generosity	
20.	November 7, 8, 11, 12, 13, 16	Ch.10: Thankless Goldsmith	
21.	November 18, 19, 20, 21, 22	Ch.10: Thankless Goldsmith	
22.	Nov. 25, 26, 30, Dec 2, 4, 5	Ch.11: Be Polite	
23.	Dec. 6, 7, 9, 10, 11, 12	Ch.11: Be Polite	Periodic Test – II 7-13 December
24.	Dec. 13, 16, 17, 18, 19	Ch.12: The Disloyal King	
25.	Dec. 20, 21, 30, 31, Jan. 2, 3	Ch.12: The Disloyal King	PTM 4 January
26.	Jan. 6, 7, 8, 9, 10	Ch.13: Unity is Strength	
27.	Jan. 13, 14, 15, 16, 17, 18	Ch.13: Unity is Strength	
28.	Jan. 20, 21, 22, 23, 24	Ch.14: Choose Your Company	
29.	Jan. 27, 28, 29, 30, 31, Feb 1	Ch.14: Choose Your Company	
30.	February 3, 4, 5, 6, 7	Revision for Final Exam	
31.	February 10, 11, 13, 14, 15, 17	Revision for Final Exam	Final Examination Skill Test 15 Feb - 21 Feb Syllabus- Ch.8,9,10,11,12,13 and 14
32.	February 18, 19, 20, 21	Revision for Final Exam	Final Examination 24 Feb - 7 Mar

GENERAL KNOWLEDGE

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	EXAM DATES & SYLLABUS
1.	April 1, 2, 3, 4, 5, 6	Unit 1: Plants and Animals Ls.1 Trees: Evergreen and Deciduous Ls.2 Awesome Plant World	
2.	April 8, 12, 13, 15, 16, 18	Ls.3 Animal Defences Ls.4 The Insect World	
3.	April 19, 20, 22, 23, 24, 25	Ls.5 Animal Habitats It's Quiz Time	
4.	April 26, 27, 29 June 18, 19, 20	Unit 2: Incredible India Ls.6 Famous Fathers Ls.7 Seven Sister States of India	PTM 30 APRIL
5.	June 21, 24, 25, 26, 27	Ls.8 Architectural Grandeur Ls.9 Indian Railways	
6.	June 28, 29 July 1, 2, 3, 4	Unit 3: Our World Ls.10 Nations and Languages Ls.11 Airports in the World	
7.	July 5, 6, 8, 9, 10, 11	Ls.12 Tourists Spots Ls.13 National Emblems	
8.	July 12, 15, 16, 18, 19, 20	Ls.14 Parliaments of Different Countries It's Quiz Time	
9.	July 22, 23, 24, 25, 26	Unit 4: Science and Technology Ls.15 Fields of Study Ls.16 Nature's Fury	Periodic Test – I 25-31 July
10.	July29, 30, 31 Aug 1, 2, 3	Ls.17 Social Networking Unit 5: Language and Literature Ls.18 Pen Names	
11.	August 5, 6, 7, 8, 9	Ls.19 Work of Writers Ls.20 Books and Authors	

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	EXAM DATES & SYLLABUS
12.	August 12, 13, 14, 16, 20	Ls.21 Speak in English Only Ls.22 English Words of Indian Origin	PTM 17 August
13.	August 21, 22, 23, 27, 28	Model Test Paper-1 + Revision	
14.	August 29, 30, 31 Sep 2, 3, 4	Revision for Half Yearly Exam	
15.	September 6, 9, 10, 11, 12	Revision for Half Yearly Exam	Half Yearly Examination Skill Test 9-13 September Syllabus- Ls.1 to Ls.22 and Model Test Paper-1
16.	September 13, Oct 1, 3, 4, 5, 7	Ls.23 Homonyms	Half Yearly Examination 17-30 September
17.	October 8, 9, 14, 15, 16	Ls. 24 Indian Writers of English Literature Ls.25 Glorious Epics	
18.	October 18, 21, 22, 23, 24	Unit 6: Sports and Entertainment Ls.26 Sports Symbols Ls.27 National Sports of Countries	PTM - 19 October
19.	October 25, 28 Nov 4, 5, 6	Ls.28 Sports Terms Ls.29 Best Footballers	
20.	November 7, 8, 11, 12, 13, 16	Ls.30 Track and Field Ls.31 Legendary Olympic Athletes	
21.	November 18, 19, 20, 21, 22	Ls.32 Water Sports Ls.33 Popular Toys and Their Creators	
22.	Nov. 25, 26, 30, Dec 2, 4, 5	Ls.34 Indian Classical Musicians It"s Quiz Time	
23.	Dec. 6, 7, 9, 10, 11, 12	Unit 7: Nature and Environment Ls.35 Food from Farm to Plate	Periodic Test – II 7-13 December
24.	Dec. 13, 16, 17, 18, 19	Ls.36 Places for Special Purposes Ls.37 Space Marvels	
25.	Dec. 20, 21, 30, 31, Jan. 2, 3	Unit 8: Value Education and Life Skills Ls.38 Latin Phrases in Our Communication Ls 39 Travelling by Train	PTM 4 January

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	EXAM DATES & SYLLABUS
26.	Jan. 6, 7, 8, 9, 10	Unit 9: Logical Thinking and Number Skills Ls.40 Fun with Numbers Ls.41 Fun with Words	
27.	Jan. 13, 14, 15, 16, 17, 18	Ls. 42 Working on Shapes	
28.	Jan. 20, 21, 22, 23, 24	Ls. 43 Strain Your Brain	
29.	Jan. 27, 28, 29, 30, 31, Feb 1	Model Test Paper-2	
30.	February 3, 4, 5, 6, 7	Revision for Final Exam	
31.	February 10, 11, 13, 14, 15, 17	Revision for final Exam	Final Examination Skill Test 15 Feb - 21 Feb Syllabus- Ls. 23 to 43 and Model Test Paper-2
32.	February 18, 19, 20, 21	Revision for Final Exam	Final Examination 24 Feb - 7 Mar

COMPUTER

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	EXAM DATES & SYLLABUS
1.	April 1, 2, 3, 4, 5, 6	Lesson 1 Evolution Of Computers	
2.	April 8, 12, 13, 15, 16, 18	Lesson 1 Evolution Of Computers	
3.	April 19, 20, 22, 23, 24, 25	Lesson 1 Evolution Of Computers	
4.	April 26, 27, 29 June 18, 19, 20	Lesson 2 Understanding Windows 10	PTM 30 APRIL
5.	June 21, 24, 25, 26, 27	Lesson 2 Understanding Windows 10	
6.	June 28, 29 July 1, 2, 3, 4	Lesson 2 Understanding Windows 10	
7.	July 5, 6, 8, 9, 10, 11	Lesson3 Tables In MS Word 2016	
8.	July 12, 15, 16, 18, 19, 20	Lesson3 Tables In MS Word 2016	

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	EXAM DATES & SYLLABUS
9.	July 22, 23, 24, 25, 26	Lesson3 Tables In MS Word 2016	Periodic Test – I 25-31 July
10.	July29, 30, 31 Aug 1, 2, 3	Lesson3 Tables In MS Word 2016	
11.	August 5, 6, 7, 8, 9	Lesson 9 Internet Services	
12.	August 12, 13, 14, 16, 20	Lesson 9 Internet Services	PTM 17 August
13.	August 21, 22, 23, 27, 28	Lesson 9 Internet Services	
14.	August 29, 30, 31 Sep 2, 3, 4	Revision	
15.	September 6, 9, 10, 11, 12	Revision	Half Yearly Examination Skill Test 9-13 September Syllabus – Lesson 1, 2, 3, 9.
16.	September 13, Oct 1, 3, 4, 5, 7	Revision	Half Yearly Examination 17-30 September
17.	October 8, 9, 14, 15, 16	Lesson 5 More On MS PowerPoint 2016	
18.	October 18, 21, 22, 23, 24	Lesson 5 More On MS PowerPoint 2016	PTM - 19 October
19.	October 25, 28 Nov 4, 5, 6	Lesson 5 More On MS PowerPoint 2016	
20.	November 7, 8, 11, 12, 13, 16	Lesson 5 More On MS PowerPoint 2016	
21.	November 18, 19, 20, 21, 22	Lesson 6 Formatting In MS PowerPoint 2016	
22.	Nov. 25, 26, 30, Dec 2, 4, 5	Lesson 6 Formatting In MS PowerPoint 2016	
23.	Dec. 6, 7, 9, 10, 11, 12	Lesson 6 Formatting In MS PowerPoint 2016	Periodic Test – II 7-13 December
24.	Dec. 13, 16, 17, 18, 19	Lesson 6 Formatting In MS PowerPoint 2016	
25.	Dec. 20, 21, 30, 31, Jan. 2, 3	Lesson 6 Formatting In MS PowerPoint 2016	PTM 4 January
26.	Jan. 6, 7, 8, 9, 10	Lesson 7 Introduction To MS Excel 2016	
27.	Jan. 13, 14, 15, 16, 17, 18	Lesson 7 Introduction To MS Excel 2016	

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	EXAM DATES & SYLLABUS
28.	Jan. 20, 21, 22, 23, 24	Lesson 7 Introduction To MS Excel 2016	
29.	Jan. 27, 28, 29, 30, 31, Feb 1	Lesson 7 Introduction To MS Excel 2016	
30.	February 3, 4, 5, 6, 7	Lesson 7 Introduction To MS Excel 2016	
31.	February 10, 11, 13, 14, 15, 17	Revision	Final Examination Skill Test 15 Feb - 21 Feb Syllabus – Lesson 5, 6, 7.
32.	February 18, 19, 20, 21	Revision	Final Examination 24 Feb - 7 Mar

DRAWING

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	EXAM DATES & SYLLABUS
1.	April 1, 2, 3, 4, 5, 6	Creating patterns and decorative forms	
2.	April 8, 12, 13, 15, 16, 18	Creating patterns and decorative forms	
3.	April 19, 20, 22, 23, 24, 25	Kites	
4.	April 26, 27, 29 June 18, 19, 20	Kites	PTM 30 APRIL
5.	June 21, 24, 25, 26, 27	Decorative vase	
6.	June 28, 29 July 1, 2, 3, 4	Decorative vase	
7.	July 5, 6, 8, 9, 10, 11	Elephant ride	
8.	July 12, 15, 16, 18, 19, 20	Elephant ride	
9.	July 22, 23, 24, 25, 26	Mosaic painting	Periodic Test – I 25-31 July
10.	July29, 30, 31 Aug 1, 2, 3	Mosaic painting	
11.	August 5, 6, 7, 8, 9	Fish aquarium	
12.	August 12, 13, 14, 16, 20	Fish aquarium	PTM 17 August

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	EXAM DATES & SYLLABUS
13.	August 21, 22, 23, 27, 28	Madhubani painting	
14.	August 29, 30, 31 Sep 2, 3, 4	Landscape	
15.	September 6, 9, 10, 11, 12	Dotted lamp shade	Half Yearly Examination Skill Test 9-13 September
16.	September 13, Oct 1, 3, 4, 5, 7	Revision	Half Yearly Examination 17-30 September
17.	October 8, 9, 14, 15, 16	Two colours shading	
18.	October 18, 21, 22, 23, 24	Two colours shading	PTM - 19 October
19.	October 25, 28 Nov 4, 5, 6	Poster making	
20.	November 7, 8, 11, 12, 13, 16	The lion and the mouse	
21.	November 18, 19, 20, 21, 22	Hummingbird	/
22.	Nov. 25, 26, 30, Dec 2, 4, 5	Hummingbird	
23.	Dec. 6, 7, 9, 10, 11, 12	Sea shore scene	Periodic Test – II 7-13 December
24.	Dec. 13, 16, 17, 18, 19	Sea shore scene	
25.	Dec. 20, 21, 30, 31, Jan. 2, 3	Sketch magic	PTM 4 January
26.	Jan. 6, 7, 8, 9, 10	Sketch magic	
27.	Jan. 13, 14, 15, 16, 17, 18	Creative writing	
28.	Jan. 20, 21, 22, 23, 24	Creative writing	
29.	Jan. 27, 28, 29, 30, 31, Feb 1	Geometrical design	
30.	February 3, 4, 5, 6, 7	Geometrical design	
31.	February 10, 11, 13, 14, 15, 17	Still life	Final Examination Skill Test 15 Feb - 21 Feb
32.	February 18, 19, 20, 21	Revision	Final Examination 24 Feb - 7 Mar

CRAFT

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	EXAM DATES & SYLLABUS
1.	April 1, 2, 3, 4, 5, 6	King cobra and Christmas tree	
2.	April 8, 12, 13, 15, 16, 18	King cobra and Christmas tree	
3.	April 19, 20, 22, 23, 24, 25	Twin boat	
4.	April 26, 27, 29 June 18, 19, 20	Twin boat	PTM 30 APRIL
5.	June 21, 24, 25, 26, 27	Lily flower	
6.	June 28, 29 July 1, 2, 3, 4	Lily flower	
7.	July 5, 6, 8, 9, 10, 11	Diamond box	
8.	July 12, 15, 16, 18, 19, 20	Diamond box	
9.	July 22, 23, 24, 25, 26	Nesting crane	Periodic Test – I 25-31 July
10.	July29, 30, 31 Aug 1, 2, 3	Nesting crane	
11.	August 5, 6, 7, 8, 9	Volunteer badge	
12.	August 12, 13, 14, 16, 20	Volunteer badge	PTM 17 August
13.	August 21, 22, 23, 27, 28	Paper cutting patterns	
14.	August 29, 30, 31 Sep 2, 3, 4	Paper cutting patterns	
15.	September 6, 9, 10, 11, 12	Revision	Half Yearly Examination Skill Test 9-13 September
16.	September 13, Oct 1, 3, 4, 5, 7	Revision	Half Yearly Examination 17-30 September

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	EXAM DATES & SYLLABUS
17.	October 8, 9, 14, 15, 16	Paper cutting patterns	
18.	October 18, 21, 22, 23, 24	Paper cutting patterns	PTM - 19 October
19.	October 25, 28 Nov 4, 5, 6	Beautiful angel	
20.	November 7, 8, 11, 12, 13, 16	Beautiful angel	
21.	November 18, 19, 20, 21, 22	Tangram	
22.	Nov. 25, 26, 30, Dec 2, 4, 5	Tangram	
23.	Dec. 6, 7, 9, 10, 11, 12	Raindeer letter box	Periodic Test – II 7-13 December
24.	Dec. 13, 16, 17, 18, 19	Raindeer letter box	
25.	Dec. 20, 21, 30, 31, Jan. 2, 3	Paper toys	PTM 4 January
26.	Jan. 6, 7, 8, 9, 10	Paper toys	
27.	Jan. 13, 14, 15, 16, 17, 18	Painting with pulses, beans and grains	
28.	Jan. 20, 21, 22, 23, 24	Painting with pulses, beans and grains	
29.	Jan. 27, 28, 29, 30, 31, Feb 1	Twin boat	
30.	February 3, 4, 5, 6, 7	Twin boat	
31.	February 10, 11, 13, 14, 15, 17	Revision	Final Examination Skill Test 15 Feb - 21 Feb
32.	February 18, 19, 20, 21	Revision	Final Examination 24 Feb - 7 Mar

PHYSICAL EDUCATION

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	EXAM DATES & SYLLABUS	
1.	April 1, 2, 3, 4, 5, 6	Basic Skills of Space Awareness: - Attention, Stand At Ease & Turn Around.		
2.	April 8, 12, 13, 15, 16, 18	Formation & Boundaries:- Line Formation.		
3.	April 19, 20, 22, 23, 24, 25	Formation & Boundaries:- Line Formation.		
4.	April 26, 27, 29 June 18, 19, 20	Basic Skills of Space Awareness :- Attention & Stand At Ease	PTM 30 APRIL	
5.	June 21, 24, 25, 26, 27	Basic Skills of Space Awareness: - Attention, Stand At Ease, March in Line.		
6.	June 28, 29 July 1, 2, 3, 4	Formation & Boundaries:- Line Formation.		
7.	July 5, 6, 8, 9, 10, 11	Formation & Boundaries:- Line Formation.		
8.	July 12, 15, 16, 18, 19, 20	Body Movement:- Stretching exercises, Run, Hop & Jump, Aerobic Exercises		
9.	July 22, 23, 24, 25, 26	Body Movement:- Stretching exercises, Run, Hop & Jump, Aerobic Exercises	Periodic Test – I 25-31 July	
10.	July 29, 30, 31 Aug 1, 2, 3	Physical Fitness Test:- Height & Weight.		
11.	August 5, 6, 7, 8, 9	Physical Fitness Test:- Height & Weight.		
12.	August 12, 13, 14, 16, 20 Physical Fitness Test:- Height & Weight. PTM 17 August			
13.	August 21, 22, 23, 27, 28	Physical Fitness Test:- Height & Weight.		
14.	August 29, 30, 31 Sep 2, 3, 4	Physical Fitness Test:- Height & Weight.		
15.	September 6, 9, 10, 11, 12	Revision	Half Yearly Examination Skill Test 9-13 September	
16.	September 13, Oct 1, 3, 4, 5, 7	Fitness Circuit:- Short distance Run (10 mtr), Hopping in ladder, Jumping in Hurdle, Zig – Zag Run& Balancing in Balancing Beam.	Half Yearly Examination 17-30 September	

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	EXAM DATES & SYLLABUS
17.	October 8, 9, 14, 15, 16	ctober 8, 9, 14, 15, 16 Continued	
18.	October 18, 21, 22, 23, 24	Fitness Circuit:- Short distance Run(10 mtr), Hopping in ladder, Jumping in Hurdle, Zig – Zag Run& Balancing in Balancing Beam.	PTM - 19 October
19.	October 25, 28 Nov 4, 5, 6	Fitness Circuit:- Short distance Run(10 mtr), Hopping in ladder, Jumping in Hurdle, Zig – Zag Run& Balancing in Balancing Beam.	
20.	November 7, 8, 11, 12, 13, 16	Kho-Kho:- Take off.	
21.	November 18, 19, 20, 21, 22	Kho-Kho:- Chasing.	
22.	Nov. 25, 26, 30, Dec 2, 4, 5	Kho-Kho:- Dodging.	
23.	Dec. 6, 7, 9, 10, 11, 12	Basketball:- Passing- Bounce Pass & Over Head Pass.	Periodic Test – II 7-13 December
24.	Dec. 13, 16, 17, 18, 19	Basketball:- Dribbling.	
25.	Dec. 20, 21, 30, 31, Jan. 2, 3	Basketball:- Match Play.	PTM 4 January
26.	Jan. 6, 7, 8, 9, 10	Football: - Dribbling & Push Pass.	
27.	Jan. 13, 14, 15, 16, 17, 18	Football: - Push Pass & Instep Pass.	
28.	Jan. 20, 21, 22, 23, 24	Football: - Match Play.	
29.	Jan. 27, 28, 29, 30, 31, Feb 1	Revision	
30.	February 3, 4, 5, 6, 7	Physical Fitness Test:- Height & Weight.	
31.	February 10, 11, 13, 14, 15, 17	Physical Fitness Test:- Height & Weight.	Final Examination Skill Test 15 Feb - 21 Feb
32.	February 18, 19, 20, 21	Physical Fitness Test:- Height & Weight.	Final Examination 24 Feb - 7 Mar
33.		Physical Fitness Test:- Height & Weight.	

YOGA

NO. & NAME OF TOPICS	EXAM DATES & SYLLABUS
Syllabus –Half Yearly	
Breathing awareness1:1 Bhramari pranayama, AnulomVilome(Alternate Nostril Breathing)	
Shashank Asana (Rabbit Pose), Ushtra Asana (Camel Pose), Tada Asana, Padhasta Asana, Padma Asana(Lotus Pose)Parvat Asana (Mountain Pose), Ardha Chandra Asana (Cresent Pose), Dwipaduttan asana, Matsya Asana, Bhujanga Asana, Tratak, Shavasana	
Meaning of Yoga (Asana &Pranayam) Benefits of above mentioned postures	
Syllabus –Final Breathing awareness1:2 Bhramari pranayama, Kapalbhati Kriya AnulomVilome (Alternate Nostril Breathing)	
Vriksha Asana (Tree Pose), UshtraAsana(Camel Pose), Tada Asana, Simha Asana (Lion Pose),Trikona Asana (Triangle Pose)Padhasta Asana, Parvat Asana (Mountain Pose), Ardha Chandra Asana (Cresent Pose),Natraj Asana, Hala Asana (Plough Pose)Matsya Asana, Sarpa Asana (Cobra Pose), Shavasana	
Meaning of Yoga (Asana &Pranayam) Benefits of above mentioned postures	

KATHAK DANCE

NO. & NAME OF TOPICS	EXAM DATES & SYLLABUS
Syllabus –Half Yearly	
1. Revision of the last session	
2. Tukada - 1	
3. Hastak – 5	
4. Thah chugan of tal teen tal Periodic Test-I	
Syllabus –Final	
1. Definition of mantra and sum	
2. Prayer Dance / Kavitta	
3. Toda-1	
4. Asamyukta Mudra	

BHARAT NATYAM DANCE

	NO. & NAME OF TOPICS	EXAM DATES & SYLLABUS
2. Ta 3. As	attadavu 1 to 8 ii ha tai hi 1 to 4 amyukta hastas prvai 2	

WESTERN DANCE

 8 & 16 count exercise on dance numbers energy to maintain cheerful expression. Dance movement of the body in a rhythmic way Practice on the same dance numbers, Learn new steps of free style and Bollywood dance forms More practice on the same dance forms. 	NO. & NAME OF TOPICS	EXAM DATES & SYLLABUS
	 to maintain cheerful expression. Dance movement of the body in a rhythmic way Practice on the same dance numbers, Learn new steps of free style and Bollywood dance forms 	

INSTRUMENTAL MUSIC

NO. & NAME OF TOPICS	EXAM DATES & SYLLABUS
Syllabus-Half Yearly• Introduction of the Instrument.• Basic Fundamentals of the Instrument.• Fingers' Exercises.• Children songs (Notation & Playing).• Popular songs (Notation & Playing).	
 Syllabus- Final Exam Hymns (Notation & Playing) Film songs (Notation & Playing). Children songs (Notation & Playing). Anthems (Notation & Playing). Practice Revision 	

VOCAL MUSIC

NO. & NAME OF TOPICS	EXAM DATES & SYLLABUS
 Syllabus-Half Yearly Revision and practice of National Anthem and School Anthem, Reading and singing with clear pronunciation Showers of blessings Numerous strings This is my prayer Some Festive songs Revision of Hymns and Anthems School Anthem 	
Syllabus- Final Exam Devotional Songs Hindi/English and Patriotic Songs. Children songs Hindi/English Revision of all songs Hymns and Anthem Basic Knowledge of music	

THEATRE

NO. & NAME OF TOPICS	EXAM DATES & SYLLABUS
Types of Abhinaya	
Names of ancient Indian Drama writers	
Names of Modern Indian Drama Writers	
Theatre songs	
Theatre Games	
Dialouge delivery	
Body Movement	

NO. & NAME OF TOPICS	EXAM DATES & SYLLABUS
Facial Expression Drama Enactment Improvisation	

KARATE

NO. & NAME OF TOPICS	EXAM DATES & SYLLABUS
Syllabus-Half Yearly Basic steps of Karate, Hachi-Dachi, Zenkutsu Dachi and Keeba Dachi, Zenkutsu Dachi and Keeba Dachi with Uke, Chudan Zuki, Jodan Zuki, Sambon Zuki, Zenkutsu Dachi and Keeba Dachi with Blocks, Gedan Barai, Age Uke, Unchi Uke and Shoto Uke, Zenkutsu Dachi with Blocks and Punch, Shoto Uke, Nukite, Yogo Enpee, Ko Kutsu Dachi with Uke, Combination Zuki and Uke Kata 1st Hein Shodan (21 Moments)	
Syllabus- Final Exam Kata IInd Hein Nidan, Revision of Kata Ist and IInd, Kicks (Geri) Fight Practice Maigeri, Yokogeri, Mavashigeri, Fight Practice, Kata Defination, Hein Shodan, Hein Nidan, Theory of Karate and Knowledge of Japanese words Complete of Kata Hein Shodan and Hein Nidan, Revision Hein Shodan, Preparation for Final Examination.	