



ST. JOSEPH'S CO-ED SCHOOL

Arera Colony, Bhopal

SYLLABUS

2026-27

CLASS IV

ENGLISH

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
1.	April 1, 2, 6, 7, 8, 9	Reader: Ls 1: Unke Munke Timpetoo Grammar: Ls 1: Sentences	Draw any three 'magical items'	Colour pencils/ Crayons	
2.	April 10, 11, 13, 15, 16, 17	Reader: Ls1: Unke Munke Timpetoo Grammar: Ls 1: Sentences			
3.	April 18, 21, 22, 23, 24, 25	Reader: Poem 1: Seeds Grammar: Ls 2: Nouns	Choral Recitation		
4.	April 27, 28, 29	Reader: Poem 1: Seeds Grammar: Ls 2: Nouns			PTM (I - V) 30 APRIL
-	June 15, 16, 18, 19, 20				
5.	June 22, 23, 24, 25, 27, 29	Reader: Ls 3: The Magic Wardrobe Grammar: Ls 3: Adjectives	Draw a 'wardrobe'	Colour pencils/ Crayons	
6.	June 30, July 1, 2, 3, 4, 6	Reader Ls 3: The Magic Wardrobe Grammar: Ls 3: Adjectives			
7.	July 7, 8, 9, 10, 13, 14	Reader: Poem 2: How the Little Kite Learned to Fly Grammar: Ls 4: Pronouns	Draw a 'colourful kite'	Colour pencils/ Crayons	
8.	July 15, 16, 17, 18, 25, 27	Revision and Skill Test for Periodic Test I Formal Letter Grammar: Ls 4: Pronouns			Periodic Test – I (I - V) 20-24 July Reading Skill Test: Reader Ls: 2,6 Syllabus: Reader Ls 1: Unke Munke Timpetoo Poem 1: Seeds Grammar: Ls 1,2

ENGLISH

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9.	July 28, 29, 30, 31 Aug. 1, 3	Reader: Poem 2: How the Little Kite Learned to Fly Grammar: Ls 5: Articles			
10.	Aug. 4, 5, 6, 7, 10, 11	Reader: Ls 4: The Trumpet of the Swans Grammar: Ls 5: Articles Homophones			PTM (I - V) 8 Aug. Activity Day – I 11 Aug.
11.	Aug. 12, 13, 14, 17, 18, 19	Reader: Ls 4; The Trumpet of the Swans Grammar: Ls 6: Verbs	Draw a 'swan'	Colour pencils/ Crayons	
12.	Aug. 20, 21, 24, 25, 27, 29	Grammar: Ls 6: Verbs Composition			
13.	Aug. 31, Sep. 1, 2, 3, 7, 8	Revision			
14.	Sep. 9, 10, 11, 12, 15, 16	Revision			Half Yearly Skill Test (I - V) 9 Sep. to 16 Sep. Reading Skill: Reader Ls -1,3,4 Speaking Skill- Poems: Seeds, Summer Sun, How the Little Kite Learned to Fly Half Yearly Examination (I - V) 17 Sep. to 3 Oct. Syllabus: Reader Ls- 1,3,4 Poems- 1,2 Grammar Ls 1 to 6 Passage Comprehension, Poem Comprehension, Composition, Formal Letter, Homophones

ENGLISH

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
15.	Oct. 5, 6, 7, 8, 9, 12	Reader: Ls 5: The Mark of a Champion Grammar: Ls 7: Tenses	Draw 'bow and arrow'	Colour pencils/ Crayons	
16.	Oct. 13, 14, 15, 16, 23, 24	Reader: Ls 6: The Mark of a Champion Grammar: Ls 7: Tenses			PTM (I - V) 17 Oct.
17.	Oct. 27, 28, 29, 30, Nov. 2, 3	Reader: Poem 3- The Earth Speaks Grammar: Ls 8: Adverbs	Choral Recitation		La-Gara 31 Oct.
18.	Nov. 4, 5, 12, 13, 16, 17	Reader: Poem 3- The Earth Speaks Grammar: Ls 8: Adverbs			
19.	Nov. 18, 19, 20, 21, 23, 25	Reader: Ls 7: Saving the Sparrow Grammar: Ls 9: Prepositions	Draw a 'sparrow'	Colour pencils/ Crayons	
20.	Nov. 26, 27, 28, 30, Dec. 1, 2	Revision and Skill Test for Periodic Test II			Activity Day – II 26 Nov.
21.	Dec. 10, 11, 12, 14, 15, 16	Ls 7: Saving the Sparrow Grammar: Ls 9: Prepositions			Periodic Test II (I-V) 4 – 9 Dec. Reading Skill: Reader: Ls 8,9,10 Syllabus: Ls 5- The Mark of a Champion Poem 3 :The Earth Speaks Grammar Ls – 7,8
22.	Dec. 17, 18, 19, 21, 22, 28	Reader: Poem 4: Let's Grammar: Ls 10: Punctuation	Choral Recitation		
23.	Dec. 29, Jan. 5, 6, 7, 8, 11	Reader: Poem 4: Let's Grammar: Ls 10: Punctuation			PTM (I - V) 09 Jan.

ENGLISH

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24.	Jan. 12, 13, 14, 16, 18, 19	Reader: Ls 11: The Boat Song Grammar: Ls 11: Conjunctions, Formal Letter	Draw a 'boat'	Colour pencils/ Crayons	
25.	Jan. 20, 21, 22, 23 25, 27	Reader: Ls 11: The Boat Song Grammar: Ls 11: Conjunctions; Idioms			
26.	Jan. 28, 29, Feb. 1, 2, 3, 4	Revision			
27.	Feb. 5, 6, 8, 9, 10, 11	Revision			Final Exam Skill Test (I-V) 8 Feb. -12 Feb. Reading Skill: Reader: Ls 5,7,11 Speaking Skill –Poems- The Earth Speaks, Let's, Singing Secrets
28.	Feb. 12, 13	Revision			Final Examination (I-V) 15 Feb. -12 March Syllabus: Reader Ls -5,7,11 Poems: 3,4 Grammar Ls 7 to 11 Passage Comprehension, Poem Comprehension, Composition, Formal Letter, Idioms

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PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
1.	April 1, 2, 6, 7, 8, 9	पाठ- 1 छोटी सी हमारी नदी (कविता) व्याकरण-संज्ञा	कविताका सस्वर वाचन		
2.	April 10, 11, 13, 15, 16, 17	पाठ-2 आत्मविश्वास व्याकरण-लिंग (वर-जाट)	आत्मविश्वास(अनुच्छेद)	रंगीन पेन	
3.	April 18, 21, 22, 23 ,24, 25	पाठ- 3 छुट्टियों का खेल व्याकरण-सर्वनाम	पर्यावरण तथा स्वास्थ्य	रंगीन पेन	
4.	April 27, 28, 29	पाठ-4 राजासाहब की खास सवारी व्याकरण-विलोम शब्द (अमीर-सुख)	समहूवाचक शब्द	रंगीनपेपर , फेवीकॉल	PTM (I - V) 30 APRIL
-	June 15, 16, 18, 19, 20				
5.	June 22, 23, 24, 25, 27, 29	पाठ-5 मधुर वाणी (कविता)व्याकरण-सामान्य अशुद्धियों (क्योंकी-इमानदारी) वाक्य - (10-14)	कविताका सस्वर वाचन		
6.	June 30, July 1, 2, 3, 4, 6	पाठ-6 तेनालीराम और सोने के आम व्याकरण-गिनती (51-70)	गुणों की खान-तेनालीराम	तेनालीराम का चित्र ,फेवीस्टिक	
7.	July 7, 8, 9, 10, 13, 14	पाठ-7 अनोखी सेवा व्याकरण-अनेक शब्दों के लिए एक शब्द(11-19)	अनोखी सेवा	पशु चिकित्सालय का चित्र	
8.	July 15, 16, 17, 18, 25, 27	पुनरावृत्ति			Periodic Test – I (I - V) 20-24 July पाठ-1,2 व्याकरण-संज्ञा , लिंग
9.	July 28, 29, 30, 31 Aug. 1, 3	पाठ-8 आज़ाद पक्षी व्याकरण-समानार्थी शब्द(पहाड़-नदी)	चित्र वर्णन	रंगीन पेन	
10.	Aug. 4, 5, 6, 7, 10, 11	व्याकरण-महावारे (12 -20)			PTM (I - V) 8 Aug. Activity Day – I 11Aug.

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PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
11.	Aug. 12, 13, 14, 17, 18, 19	व्याकरण-पत्र			
12.	Aug. 20, 21, 24, 25, 27, 29	व्याकरण-अनुच्छेद, अपठित गद्यांश			
13.	Aug. 31, Sep. 1, 2, 3, 7, 8	पुनरावृत्ति			
14.	Sep. 9, 10, 11, 12, 15, 16	पुनरावृत्ति			Half Yearly Skill Test (I - V) 9 Sep. to 16 Sep. Half Yearly Examination (I - V)
					17 Sep. to 3 Oct. पाठ- 3,4,5,6,7,8 व्याकरण-सर्वनाम , सामान्य अशुद्धियाँ, विलोम शब्द , समानार्थी शब्द , अनेक शब्दों के लिए एक शब्द , मुहावरे , गिनती , पत्र अनुच्छेद , अपठित गद्यांश
15.	Oct. 5, 6, 7, 8, 9, 12	पाठ-9 जल के रूप (कविता) व्याकरण-विरामचिह्न	सस्वर कवितावाचन		
16.	Oct. 13, 14, 15, 16, 23, 24	पाठ-10 बहादुर टीटू व्याकरण-वचन (रात- नदी)	रेगिस्तानकाजहाज़	कूट काचित्र , रंगीनपेन	PTM (I - V) 17 Oct.
17.	Oct. 27, 28, 29, 30, Nov. 2, 3	पाठ-11 पहाड़ पर व्यायाम व्याकरण-अनेक शब्दों के लिए एक शब्द(20-28)	योगदिवस	पाँच योगासनों के चित्र	La-Gara 31 Oct.
18.	Nov. 4, 5, 12, 13, 16, 17	पाठ-12 कश्मीर की यात्रा	भारत का स्वर्ग कश्मीर		
19.	Nov. 18, 19, 20, 21, 23, 25	व्याकरण-विशेषण , मुहावरे (2-10)			
20.	Nov. 26, 27, 28, 30, Dec. 1, 2	पुनरावृत्ति			Activity Day – II 26Nov.
21.	Dec. 10, 11, 12, 14, 15, 16	पाठ-13 युगावतार गाँधी (कविता) व्याकरण-गिनती (71- 100).	सस्वर कविता वाचन		Periodic Test II (I-V) 4 – 9Dec. पठ-9,10 व्याकरण-विरामचिह्न , वचन

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PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
22.	Dec. 17, 18, 19, 21, 22, 28	पाठ-14 हवा का वजन व्याकरण-क्रिया	हवा की दुनिया (अनुच्छेद)	रंगीन पेन	
23.	Dec. 29, Jan. 5, 6, 7, 8, 11	पाठ-15 दादी की अनमोल सीख व्याकरण-विलोम शब्द (कठोर-अपना)	बूझो तो जाने-पहेलियाँ		PTM (I - V) 09Jan.
24.	Jan. 12, 13, 14, 16, 18, 19	पाठ-16 मिसाइल मैन व्याकरण-समानार्थी शब्द(आग-साँप)	प्रेरणादायक कथन		
25.	Jan. 20, 21, 22, 23, 25, 27	व्याकरण-पत्र,अनुच्छेद, अपठित गद्यांश			
26.	Jan. 28, 29, Feb. 1, 2, 3, 4	पुनरावृत्ति			
27.	Feb. 5, 6, 8, 9, 10, 11	पुनरावृत्ति			Final Exam Skill Test (I-V) 8 Feb. -12Feb.
28.	Feb. 12, 13	पुनरावृत्ति			Final Examination (I-V) 15 Feb. -12 Mar. पाठ- 11 ,12 ,13 ,14 ,15 ,16 व्याकरण-विशेषण , क्रिया , विलोम शब्द समानार्थी शब्द , अनेक शब्दों के लिए एक शब्द ,गिनती , मुहावरे, पत्र, अनुच्छेद , अपठित गद्यांश

MATHEMATICS

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
1.	April 1, 2, 6, 7, 8, 9	CH- 1 Numeration			

MATHEMATICS

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
2.	April 10, 11, 13, 15, 16, 17	CH- 1 Numeration CH- 2 Roman Numerals	Place Value Ladder(Indian Place Value System) Roman Numbers(Number of family members)	Colour pencils/sketch pens , pencil	
3.	April 18, 21, 22, 23 ,24, 25	CH- 3 Addition	Addition Pyramid	Origami sheets , colour pencil/sketch pens , glue	
4.	April 27, 28, 29	CH- 4 Subtraction	Subtraction on number line	Colour pencil, scale	PTM (I - V) 30 APRIL
-	June 15, 16, 18, 19, 20				
5.	June 22, 23, 24, 25, 27, 29	CH- 5 Multiplication	Multiplication wheel	Colour pencils, scale	
6.	June 30, July 1, 2, 3, 4, 6	CH- 6 Division	Division cloud	Pencil, sketch pens	
7.	July 7, 8, 9, 10, 13, 14	CH- 7 Factors and Multiples			
8.	July 15, 16, 17, 18, 25, 27	REVISION			Periodic Test – I (I - V) 20-24 July Syllabus: CH – 1,2,3 Tables: 2 to 10
9.	July 28, 29, 30, 31 Aug. 1, 3	CH- 7 Factors and Multiples	The Sieve of Eratosthenes	Colour pencils/sketch pens ,origami sheet ,glue	
10.	Aug. 4, 5, 6, 7, 10, 11	CH- 8 Fractions			PTM (I - V) 8 Aug. Activity Day – I

MATHEMATICS

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
					11 Aug.
11.	Aug. 12, 13, 14, 17, 18, 19	CH- 8 Fractions			
12.	Aug. 20, 21, 24, 25, 27, 29	CH- 8 Fractions	Paper folding activity	Origami sheet	
13.	Aug. 31, Sep. 1, 2, 3, 7, 8	REVISION			
14.	Sep. 9, 10, 11, 12, 15, 16	REVISION			Half Yearly Skill Test (I - V) 9 Sep. to 16 Sep. Half Yearly Examination (I - V) 17 Sep. to 3 Oct. Syllabus: CH- 1 to 8 Tables: 2 to 12
15.	Oct. 5, 6, 7, 8, 9, 12	CH- 9 Decimals			
16.	Oct. 13, 14, 15, 16, 23, 24	CH- 9 Decimals	Decimal Place Value chart	Colour pencils/sketch pens	PTM (I - V) 17 Oct.
17.	Oct. 27, 28, 29, 30, Nov. 2, 3	CH- 10 Measurement			La-Gara 31 Oct.
18.	Nov. 4, 5, 12, 13, 16, 17	CH- 10 Measurement	To measure the length of the palm	Origami sheet ,sketch pens ,glue	
19.	Nov. 18, 19, 20, 21, 23, 25	CH- 11 Time and Calendar			
20.	Nov. 26, 27, 28, 30, Dec. 1, 2	REVISION			Activity Day – II

MATHEMATICS

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
					26 Nov.
21.	Dec. 10, 11, 12 14, 15, 16	CH- 11 Time and Calendar	Read the calendar and answer the given questions	Origami sheets ,glue ,sketch pens	Periodic Test II (I-V) 4 – 9 Dec. Syllabus CH- 9,10 Tables-2 to 13
22.	Dec. 17, 18, 19, 21, 22, 28	CH- 12 Geometry	Polygons	Origami sheet ,scissors ,glue, sketch pens	
23.	Dec. 29, Jan. 5, 6, 7, 8, 11	CH- 13 Perimeter and Area			PTM (I - V) 09 Jan.
24.	Jan. 12, 13, 14, 16, 18, 19	CH- 13 Perimeter and Area	To find area of your desk	Scale, pencil	
25.	Jan. 20, 21, 22, 23 25, 27	CH- 14 3D Shapes, Symmetry and Patterns CH- 15 Data Handling	Show the line of symmetry in a leaf Tally Mark	Leaf Colour pencils	
26.	Jan. 28, 29, Feb. 1, 2, 3, 4	REVISION			
27.	Feb. 5, 6, 8, 9, 10, 11	REVISION			Final Exam Skill Test (I-V) 8 Feb. -12 Feb.
28.	Feb. 12, 13	REVISION			Final Examination (I-V) 15 Feb. -12 Mar. Syllabus: CH- 9 to 15 Tables: 2 to 14

SCIENCE

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
1.	April 1, 2, 6, 7, 8, 9	Ls-1 The Food We Eat	Picture Presentation : Food pyramid	Pictures of different types of food nutrients	
2.	April 10, 11, 13, 15, 16, 17	Ls-1 The Food We Eat			
3.	April 18, 21, 22, 23, 24, 25	Ls-2 Our Teeth	Survey based: Information about teeth	Questionnaire based on teeth, textbook	
4.	April 27, 28, 29	Ls-3 Human Body: The Digestive and Excretory Systems	Case study on Eating habits	Textbook	PTM (I - V) 30 APRIL
-	June 15, 16, 18, 19, 20				
5.	June 22, 23, 24, 25, 27, 29	Ls-4 Adaptation in Animals	Tabular presentation on adaptation	Textbook(Pg. 47)	
6.	June 30, July 1, 2, 3, 4, 6	Ls-4 Adaptation in Animals			
7.	July 7, 8, 9, 10, 13, 14	Ls-5 Adaptation in Plants	Brain Teaser –Grid based on plants	Print of pg.59	
8.	July 15, 16, 17, 18, 25, 27	REVISION and Skill Test for Periodic Test I			Periodic Test – I (I - V) 20-24 July Syllabus:Ls-1 and 2
9.	July 28, 29, 30, 31 Aug. 1, 3	Ls-5 Adaptation in Plants			
10.	Aug. 4, 5, 6, 7, 10, 11	Ls-6 Plants in Our Surroundings	Poster Making: World Environment Day	Drawing material, colours etc	PTM (I - V) 8 Aug. Activity Day – I 11Aug.

SCIENCE

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
11.	Aug. 12, 13, 14, 17, 18, 19	Ls-6 Plants in Our Surroundings			
12.	Aug. 20, 21, 24, 25, 27, 29	Ls-7 Air Around Us	Experiential Learning: Pranayama	Well ventilated space	
13.	Aug. 31, Sep. 1, 2, 3, 7, 8	REVISION +Ls-7 Air Around Us			
14.	Sep. 9, 10, 11, 12, 15, 16	REVISION			Half Yearly Skill Test (I - V) 9 Sep. to 16 Sep. Half Yearly Examination (I - V) 17 Sep. to 3 Oct. Syllabus: Ls-1,2,3,4,5 and 6
15.	Oct. 5, 6, 7, 8, 9, 12	Ls-8 Materials and Surroundings	Picture Presentation: Purification of water	Pictures, glue, colours etc.	
16.	Oct. 13, 14, 15, 16, 23, 24	Ls-8 Materials and Surroundings			PTM (I - V) 17 Oct.
17.	Oct. 27, 28, 29, 30, Nov. 2, 3	Ls-9 Light	Creative Writing: Braille Script	Writing material, textbook (pg.99)	La-Gara 31 Oct.
18.	Nov. 4, 5, 12, 13, 16, 17	Ls-9 Light			
19.	Nov. 18, 19, 20, 21, 23, 25	Ls-10 Measurement	Tabular presentation: Symbols used in measurement	Textbook, colours etc.	
20.	Nov. 26, 27, 28, 30, Dec. 1, 2	REVISION and Skil Test for Periodic Test II			Activity Day – II 26Nov.
21.	Dec. 10, 11, 12, 14, 15, 16	Ls-10 Measurement			Periodic Test II (I-V) 4 – 9Dec.

SCIENCE

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
					Syllabus: Ls-7 and 8
22.	Dec. 17, 18, 19, 21, 22, 28	Ls-11 Push and Pull	Pictorial presentation: of Force	Textbook (pg.119), colours etc.	
23.	Dec. 29, Jan. 5, 6, 7, 8, 11	Ls-11 Push and Pull			PTM (I - V) 09Jan.
24.	Jan. 12, 13, 14, 16, 18, 19	Ls-12 Friction as a Force	Experiential Learning: Types of surfaces	Sample of rough and smooth surfaces.	
25.	Jan. 20, 21, 22, 23, 25, 27	Ls-12 Friction as a Force			
26.	Jan. 28, 29, Feb. 1, 2, 3, 4	REVISION			
27.	Feb. 5, 6, 8, 9, 10, 11	REVISION			Final Exam Skill Test (I-V) 8 Feb. -12Feb.
28.	Feb. 12, 13	REVISION			Final Examination (I-V) 15 Feb. -12 Mar. Syllabus: Ls-7,8,9,10,11 and 12

SOCIAL STUDIES

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
1.	April 1, 2, 6, 7, 8, 9	Ls 1 – I Love My India	Refer pg.12	Text book , copy	

SOCIAL STUDIES

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2.	April 10, 11, 13, 15, 16, 17	Ls. 2 – The Northern Mountains	Paste pictures of famous places of Jammu and Kashmir, Sikkim , Assam	Pictures, copy , glue	
3.	April 18, 21, 22, 23 ,24, 25	Ls. 2 contd.			
4.	April 27, 28, 29	Ls.3 – The Northern and Coastal Plains	Research project	Text book pg. 44, copy	PTM (I - V) 30 APRIL
-	June 15, 16, 18, 19, 20	-			
5.	June 22, 23, 24, 25, 27, 29	Ls. 3 contd.			
6.	June 30, July 1, 2, 3, 4, 6	Ls. 4 – The Western Desert	Collage on desert	A-4 size sheet, pictures, colours	
7.	July 7, 8, 9, 10, 13, 14	Ls.5 – The Southern Plateau and the Islands	Case study	Text book pg. 66, copy	
8.	July 15, 16, 17, 18, 25, 27	Revision + Project (Periodic Test I)			Periodic Test – I (I - V) 20-24 July Syllabus- Ls. 1 , 2
9.	July 28, 29, 30, 31 Aug. 1, 3	Ls. 5 – contd.			
10.	Aug. 4, 5, 6, 7, 10, 11	Ls. 8 – Our Forests	Poster on “Conservation of Forest”	A-4 sheet, colours	PTM (I - V) 8 Aug. Activity Day – I 11 Aug.
11.	Aug. 12, 13, 14, 17, 18, 19	Ls. 8 - contd.			

SOCIAL STUDIES

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
12.	Aug. 20, 21, 24, 25, 27, 29	Map work + Project (Half Yearly)			
13.	Aug. 31, Sep. 1, 2, 3, 7, 8	Revision			
14.	Sep. 9, 10, 11, 12, 15, 16	Revision			Half Yearly Skill Test (I - V) 9 Sep. to 16 Sep. Half Yearly Examination (I - V) 17 Sep. to 3 Oct. Syllabus- Ls. 1, 2 ,3 ,4 ,5, 8 + Map Work
15.	Oct. 5, 6, 7, 8, 9, 12	Ls. 10 – Our Water Resources	Paste pictures related to rainwater harvesting and describe it.	Pictures, copy , glue	
16.	Oct. 13, 14, 15, 16, 23, 24	Ls. 10 - contd. Ls. 11 – Our Mineral Resources	Flow chart on Metallic and Non- Metallic minerals	Pictures, copy , glue	PTM (I - V) 17 Oct.
17.	Oct. 27, 28, 29, 30, Nov. 2, 3	Ls. 12 – Our Agriculture	Common farming related activities	Pictures, copy, glue	La - Gara 31 Oct.
18.	Nov. 4, 5, 12, 13, 16, 17	Ls. – 12 contd.			
19.	Nov. 18, 19, 20, 21, 23, 25	Ls.13 – Our Industries	Flow chart on “Types of Industries”	Pictures, copy, glue	
20.	Nov. 26, 27, 28, 30, Dec. 1, 2	Ls. 14 – Our Rich Heritage + Revision	Paste world heritage sites	Pictures, copy ,glue	Activity Day – II 26 Nov.
21.	Dec. 10, 11, 12, 14, 15, 16	Ls. 14 – contd.			Periodic Test II (I-V) 4 – 9 Dec. Syllabus – Ls. 10, 11, 12

SOCIAL STUDIES

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
22.	Dec. 17, 18, 19, 21, 22, 28	Ls.16 – They Ruled India	Activity 'Indian Roots' textbook– pg164	Pictures, A4 size sheet, glue	
23.	Dec. 29, Jan. 5, 6, 7, 8, 11	Ls. 16 – contd.			PTM (I - V) 09 Jan.
24.	Jan. 12, 13, 14, 16, 18, 19	Ls. 17 – Our Rights and Duties	Preamble	A4 size sheet and colours	
25.	Jan. 20, 21, 22, 23, 25, 27	Map Work + Project (Final Exam)			
26.	Jan. 28, 29, Feb. 1, 2, 3, 4	Revision			
27.	Feb. 5, 6, 8, 9, 10, 11	Revision			Final Exam Skill Test (I-V) 8 Feb. -12 Feb.
28.	Feb. 12, 13	Revision			Final Examination (I-V) 15 Feb. -12 Mar. Syllabus – Ls.11, 12, 13, 14, 16, 17 + Map Work

VALUE EDUCATION

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
1.	April 1, 2, 6, 7, 8, 9	Lesson 1- Devotion			
2.	April 10, 11, 13, 15, 16, 17	Lesson 1- Devotion			
3.	April 18, 21, 22, 23, 24, 25	Lesson 2- Pleasant Truth			

VALUE EDUCATION

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
4.	April 27, 28, 29	Lesson 2- Pleasant Truth			PTM (I - V) 30 APRIL
-	June 15, 16, 18, 19, 20				
5.	June 22, 23, 24, 25, 27, 29	Lesson 3- Fool's Paradise			
6.	June 30, July 1, 2, 3, 4, 6	Lesson 4- God is One			
7.	July 7, 8, 9, 10, 13, 14	Lesson 4- God is One			
8.	July 15, 16, 17, 18, 25, 27	Lesson 5- Common Sense			Periodic Test – I (I - V) 20-24 July
9.	July 28, 29, 30, 31 Aug. 1, 3	Lesson 5- Common Sense			
10.	Aug. 4, 5, 6, 7, 10, 11	Lesson 6- Respect			PTM (I - V) 8 Aug. Activity Day – I 11 Aug.
11.	Aug. 12, 13, 14, 17, 18, 19	Lesson 7- Saint Mother Teresa			
12.	Aug. 20, 21, 24, 25, 27, 29	Lesson 7- Saint Mother Teresa			
13.	Aug. 31, Sep. 1, 2, 3, 7, 8	Revision			
14.	Sep. 9, 10, 11, 12, 15, 16	Revision			Half Yearly Skill Test (I - V) 9 Sep. to 16 Sep.

VALUE EDUCATION

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
					Half Yearly Examination (I - V) 17 Sep. to 3 Oct. Syllabus: Lesson 1 to 7, Morning Prayer
15.	Oct. 5, 6, 7, 8, 9, 12	Lesson 8- Respect Aged People			
16.	Oct. 13, 14, 15, 16, 23, 24	Lesson 8- Respect Aged People			PTM (I - V) 17 Oct.
17.	Oct. 27, 28, 29, 30, Nov. 2, 3	Lesson 9- The Cycle Race			La-Gara 31 Oct.
18.	Nov. 4, 5, 12, 13, 16, 17	Lesson 10- Gratitude			
19.	Nov. 18, 19, 20, 21, 23, 25	Lesson 10- Gratitude			
20.	Nov. 26, 27, 28, 30, Dec. 1, 2	Lesson 11- Be Kind to All			Activity Day – II 26 Nov.
21.	Dec. 10, 11, 12, 14, 15, 16	Lesson 11- Be Kind to All			Periodic Test II (I-V) 4 – 9 Dec.
22.	Dec. 17, 18, 19, 21, 22, 28	Lesson 12- Traffic Sense			
23.	Dec. 29, Jan. 5, 6, 7, 8, 11	Lesson 12- Traffic Sense			PTM (I - V) 09 Jan.
24.	Jan. 12, 13, 14, 16, 18, 19	Lesson 13- Mango Tree			

VALUE EDUCATION

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
25.	Jan. 20, 21, 22, 23, 25, 27	Lesson 14- Unity is Strength			
26.	Jan. 28, 29, Feb. 1, 2, 3, 4	Revision			
27.	Feb. 5, 6, 8, 9, 10, 11	Revision			Final Exam Skill Test (I-V) 8 Feb. -12 Feb.
28.	Feb. 12, 13	Revision			Final Examination (I-V) 15 Feb. -12 Mar. Syllabus: Lesson 8 to 14, School Anthem

GENERAL KNOWLEDGE

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
1.	April 1, 2, 6, 7, 8, 9	<u>Unit-1</u> Strange Creatures (Pg. 5), Animal Adaptation (Pg.6)			
2.	April 10, 11, 13, 15, 16, 17	Flightless Birds (Pg.7) Exotic Underwater Plants (Pg.8)			
3.	April 18, 21, 22, 23, 24, 25	Fruit Value (Pg.9) Plants' Nestling Grounds (Pg.10) Testing Time (Pg.12)			

GENERAL KNOWLEDGE

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
4.	April 27, 28, 29	<u>Unit-2</u> Epics (Pg.14) Books and Authors (Pg.16)			PTM (I - V) 30 APRIL
-	June 15, 16, 18, 19, 20				
5.	June 22, 23, 24, 25, 27, 29	Different Books (Pg.17) Synonyms (Pg.18)			
6.	June 30, July 1, 2, 3, 4, 6	Homophones (Pg.19) Testing Time of (Pg.21)			
7.	July 7, 8, 9, 10, 13, 14	<u>Unit-3</u> First Burst (Pg.22) Famous National Parks of the North (Pg.23)			
8.	July 15, 16, 17, 18, 25, 27	Splendorous Rivers of South (Pg.24) Eastern Marvels (Pg.25)			Periodic Test – I (I - V) 20-24 July
9.	July 28, 29, 30, 31 Aug. 1, 3	Illuminating Our Path (Pg.26) Places at the Banks of Rivers (Pg.28)			
10.	Aug. 4, 5, 6, 7, 10, 11	Testing Time (Pg.30)			PTM (I - V) 8 Aug.
					Activity Day – I 11 Aug.
11.	Aug. 12, 13, 14, 17, 18, 19	<u>Unit-4</u>			

GENERAL KNOWLDEGE

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
		Our Skeleton (Pg.31) Human Digestive System (Pg.32)			
12.	Aug. 20, 21, 24, 25, 27, 29	Science and its Branches (Pg.33) Flight into Space (Pg.34)			
13.	Aug. 31, Sep. 1, 2, 3, 7, 8	Revision			
14.	Sep. 9, 10, 11, 12, 15, 16	Revision			Half Yearly Skill Test (I - V) 9 Sep. to 16 Sep. Half Yearly Examination (I - V) 17 Sep. to 3 Oct. Syllabus: Pg.5,6,7,8,9,10,12,14,16,17,18,19,21,22,23,24,25,26,28,30,31,32,33
15.	Oct. 5, 6, 7, 8, 9, 12	Diseases (Pg.36) Specialists (Pg.37) Testing Time (Pg.39)			
16.	Oct. 13, 14, 15, 16, 23, 24	<u>Unit-5</u> Paintings (Pg.43) Where do I Play? (Pg.44)			PTM (I - V) 17 Oct.
17.	Oct. 27, 28, 29, 30, Nov. 2, 3	Children Books (Pg.45) Testing Time (Pg.49)			La-Gara 31 Oct.
18.	Nov. 4, 5, 12, 13, 16, 17	<u>Unit 6</u> Brand Names (Pg.51) Professionals All (Pg.52)			

GENERAL KNOWLDEGE

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
19.	Nov. 18, 19, 20, 21, 23, 25	Go Green (Pg.53) Indian Institutes (Pg.54)			
20.	Nov. 26, 27, 28, 30, Dec. 1, 2	Testing Time (Pg.57)			Activity Day – II 26 Nov.
21.	Dec. 10, 11, 12, 14, 15, 16	<u>Unit-7</u> Landmarks (Pg.58) 7 Ancient Wonders (Pg.60)			Periodic Test II (I-V) 4 – 9 Dec.
22.	Dec. 17, 18, 19, 21, 22, 28	Highest Peaks (Pg.62) Wow! Women (Pg.63)			
23.	Dec. 29, Jan. 5, 6, 7, 8, 11	Parliaments (Pg.64) Fathers of the Modern World (Pg.65)			PTM (I - V) 09 Jan.
24.	Jan. 12, 13, 14, 16, 18, 19	Currency (Pg.66) Airlines (Pg.68)			
25.	Jan. 20, 21, 22, 23, 25, 27	Testing Time (Pg.70)			
26.	Jan. 28, 29, Feb. 1, 2, 3, 4	Revision			
27.	Feb. 5, 6, 8, 9, 10, 11	Revision			Final Exam Skill Test (I-V) 8 Feb. -12 Feb.
28.	Feb. 12, 13	Revision			Final Examination (I-V) 15 Feb. -12 Mar. Syllabus: Pg.34,36,37,39,43,44,45,49,51,52,53,54,57,58,60,62,63,64,65,66,68,70

COMPUTER

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
1.	April 1, 2, 6, 7, 8, 9	Ls.1 Computers -Timelines			
2.	April 10, 11, 13, 15, 16, 17	Ls.1 Computers -Timelines			
3.	April 18, 21, 22, 23 ,24, 25	Ls.1 Computers -Timelines			
4.	April 27, 28, 29	Ls. 2 Windows 10 - Files and Folders			PTM (I - V) 30 APRIL
-	June 15, 16, 18, 19, 20				
5.	June 22, 23, 24, 25, 27, 29	Ls. 2 Windows 10 - Files and Folders			
6.	June 30, July 1, 2, 3, 4, 6	Ls. 2 Windows 10- Files and Folders			
7.	July 7, 8, 9, 10, 13, 14	Ls. 3 Paint 3D- Advanced Features			
8.	July 15, 16, 17, 18, 25, 27	Ls. 3 Paint 3D- Advanced Features			Periodic Test – I (I - V) 20-24 July
9.	July 28, 29, 30, 31 Aug. 1, 3	Ls. 3 Paint 3D- Advanced Features			
10.	Aug. 4, 5, 6, 7, 10, 11	Ls.4 Word Processor-Tables and Graphics			PTM (I - V) 8 Aug.
					Activity Day – I 11 Aug.

COMPUTER

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
11.	Aug. 12, 13, 14, 17, 18, 19	Ls.4 Word Processor-Tables and Graphics			
12.	Aug. 20, 21, 24, 25, 27, 29	Ls.4 Word Processor-Tables and Graphics			
13.	Aug. 31, Sep. 1, 2, 3, 7, 8	Revision			
14.	Sep. 9, 10, 11, 12, 15, 16	Revision			Half Yearly Skill Test (I - V) 9 Sep. to 16 Sep. Half Yearly Examination (I - V) 17 Sep. to 3 Oct. Syllabus- Ls.1,2,3,4 Practical: Ls. 3 and 4
15.	Oct. 5, 6, 7, 8, 9, 12	Ls.5 Presentation - An Introduction			
16.	Oct. 13, 14, 15, 16, 23, 24	Ls.5 Presentation - An Introduction			PTM (I - V) 17 Oct.
17.	Oct. 27, 28, 29, 30, Nov. 2, 3	Ls.5 Presentation - An Introduction			La-Gara 31 Oct.
18.	Nov. 4, 5, 12, 13, 16, 17	Ls.6 Internet - E-mail			
19.	Nov. 18, 19, 20, 21, 23, 25	Ls.6 Internet - E-mail			
20.	Nov. 26, 27, 28, 30, Dec. 1, 2	Ls.6 Internet - E-mail			Activity Day – II 26 Nov.
21.	Dec. 10, 11, 12, 14, 15, 16	Ls 7 Computational Thinking Sudoku and Sorting			Periodic Test II (I-V) 4 – 9 Dec.

COMPUTER

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
22.	Dec. 17, 18, 19, 21, 22, 28	Ls 7 Computational Thinking Sudoku and Sorting			
23.	Dec. 29, Jan. 5, 6, 7, 8, 11	Ls 7 Computational Thinking Sudoku and Sorting			PTM (I - V) 09 Jan.
24.	Jan. 12, 13, 14, 16, 18, 19	Ls.10 AI - An Introduction			
25.	Jan. 20, 21, 22, 23, 25, 27	Ls.10 AI - An Introduction			
26.	Jan. 28, 29, Feb. 1, 2, 3, 4	Ls.10 AI - An Introduction			
27.	Feb. 5, 6, 8, 9, 10, 11	Revision			Final Exam Skill Test (I-V) 8 Feb. -12 Feb.
28.	Feb. 12, 13	Revision			Final Examination (I-V) 15 Feb. -12 Mar. Syllabus- Ls 5,6,7, 10 Practical – Ls. 4, 5, 8

DRAWING & CRAFT

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
1.	April 1, 2, 6, 7, 8, 9	Frog in a pond			

DRAWING & CRAFT

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
2.	April 10, 11, 13, 15, 16, 17	A rooster and a hen			
3.	April 18, 21, 22, 23, 24, 25	Landscape			
4.	April 27, 28, 29	Cup (Origami)			PTM (I - V) 30 APRIL
-	June 15, 16, 18, 19, 20				
5.	June 22, 23, 24, 25, 27, 29	Lotus Flowers			
6.	June 30, July 1, 2, 3, 4, 6	Marine life			
7.	July 7, 8, 9, 10, 13, 14	Sunflower , A duck and a swan			
8.	July 15, 16, 17, 18, 25, 27	Antelope			Periodic Test – I (I - V) 20-24 July
9.	July 28, 29, 30, 31 Aug. 1, 3	Pigeon			
10.	Aug. 4, 5, 6, 7, 10, 11	Landscape			PTM (I - V) 8 Aug.
					Activity Day – I 11 Aug.
11.	Aug. 12, 13, 14, 17, 18, 19	Sea Animals (collage)			
12.	Aug. 20, 21, 24, 25, 27, 29	Boat			

DRAWING & CRAFT

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
13.	Aug. 31, Sep. 1, 2, 3, 7, 8	Warli Painting			
14.	Sep. 9, 10, 11, 12, 15, 16	Variegated leaves (Leaf Painting)			Half Yearly Skill Test (I - V) 9 Sep. to 16 Sep. Half Yearly Examination (I - V) 17 Sep. to 3 Oct.
15.	Oct. 5, 6, 7, 8, 9, 12	Dalia flower			
16.	Oct. 13, 14, 15, 16, 23, 24	Vegetables			PTM (I - V) 17 Oct.
17.	Oct. 27, 28, 29, 30, Nov. 2, 3	Greeting Card			La-Gara 31 Oct.
18.	Nov. 4, 5, 12, 13, 16, 17	Message /Pineapple			
19.	Nov. 18, 19, 20, 21, 23, 25	Box(Origami)			
20.	Nov. 26, 27, 28, 30, Dec. 1, 2	Pattern design			Activity Day – II 26 Nov.
21.	Dec. 10, 11, 12, 14, 15, 16	Landscape			Periodic Test II (I-V) 4 – 9 Dec.
22.	Dec. 17, 18, 19, 21, 22, 28	Paper cutting pattern			
23.	Dec. 29, Jan. 5, 6, 7, 8, 11	Fish			PTM (I - V) 09 Jan.
24.	Jan. 12, 13, 14, 16, 18, 19	Human faces			

DRAWING & CRAFT

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
25.	Jan. 20, 21, 22, 23, 25, 27	Trees (blow painting)			
26.	Jan. 28, 29, Feb. 1, 2, 3, 4	Human expression			
27.	Feb. 5, 6, 8, 9, 10, 11	Portrait			Final Exam Skill Test (I-V) 8 Feb. -12 Feb.
28.	Feb. 12, 13	Still Life			Final Examination (I-V) 15 Feb. -12 Mar.

PHYSICAL EDUCATION

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
1.	April 1, 2, 6, 7, 8, 9	Basic Skill of Space Awareness:- Attention, Stand At Ease & Turn Around.			
2.	April 10, 11, 13, 15, 16, 17	Formation & Boundaries:- Line Formation.			
3.	April 18, 21, 22, 23, 24, 25	Formation & Boundaries:- Line Formation.			
4.	April 27, 28, 29	Basic Skill of Space Awareness:- Attention, Stand At Ease & Turn Around.			PTM (I - V) 30 APRIL
-	June 15, 16, 18, 19, 20	Basic Skill of Space Awareness: - Attention, Stand At Ease, Turn Around & March in Line.			
5.	June 22, 23, 24, 25, 27, 29	Basic Skill of Space Awareness:- Attention, Stand At Ease & Turn Around.			
6.	June 30, July 1, 2, 3, 4, 6	Formation & Boundaries:- Line Formation.			

PHYSICAL EDUCATION

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
7.	July 7, 8, 9, 10, 13, 14	Formation & Boundaries:- Line Formation.			
8.	July 15, 16, 17, 18, 25, 27	Formation & Boundaries:- Line Formation.			Periodic Test – I (I - V) 20-24 July
9.	July 28, 29, 30, 31 Aug. 1, 3	Body Movement:- Stretching Exercises, Run, hop, Jump & Aerobics Exercises.			
10.	Aug. 4, 5, 6, 7, 10, 11	Body Movement:- Stretching Exercises, Run, hop, Jump & Aerobics Exercises.			PTM (I - V) 8 Aug.
					Activity Day – I 11Aug.
11.	Aug. 12, 13, 14, 17, 18, 19	Fitness Assessment.			
12.	Aug. 20, 21, 24, 25, 27, 29	Fitness Assessment.			
13.	Aug. 31, Sep. 1, 2, 3, 7, 8	Fitness Assessment.			
14.	Sep. 9, 10, 11, 12, 15, 16	Fitness Circuit:- 10mtr Dash & Hopping in Ladder, Jumping in Hurdle & Zig- Zag Run, Balance in Balancing Beam & Shuttle Run.			Half Yearly Skill Test (I - V) 9 Sep. to 16 Sep. Half Yearly Examination (I - V) 17 Sep.to 3 Oct.
15.	Oct. 5, 6, 7, 8, 9, 12	Fitness Circuit:- 10mtr Dash & Hopping in Ladder, Jumping in Hurdle & Zig- Zag Run, Balance in Balancing Beam & Shuttle Run.			
16.	Oct. 13, 14, 15, 16, 23, 24	Fitness Circuit:- 10mtr Dash & Hopping in Ladder, Jumping in Hurdle & Zig- Zag Run, Balance in Balancing Beam & Shuttle Run.			PTM (I - V) 17 Oct.
17.	Oct. 27, 28, 29, 30, Nov. 2, 3	Football:- Dribbling.			La-Gara 31 Oct.
18.	Nov. 4, 5, 12, 13, 16, 17	Football:- Push Pass & Instep Pass.			

PHYSICAL EDUCATION

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
19.	Nov. 18, 19, 20, 21, 23, 25	Football:- Match Play.			
20.	Nov. 26, 27, 28, 30, Dec. 1, 2	Kho - Kho:- Take Off.			Activity Day – II 26 Nov.
21.	Dec. 10, 11, 12, 14, 15, 16	Kho - Kho:- Chasing.			Periodic Test II (I-V) 4 – 9 Dec.
22.	Dec. 17, 18, 19, 21, 22, 28	Kho - Kho:- Dodging.			
23.	Dec. 29, Jan. 5, 6, 7, 8, 11	Basketball:-Bounce Pass & Overhead Pass.			PTM (I - V) 09 Jan.
24.	Jan. 12, 13, 14, 16, 18, 19	Basketball:- Dribbling.			
25.	Jan. 20, 21, 22, 23, 25, 27	Fitness Assessment.			
26.	Jan. 28, 29, Feb. 1, 2, 3, 4	Fitness Assessment.			
27.	Feb. 5, 6, 8, 9, 10, 11	Fitness Assessment.			Final Exam Skill Test (I-V) 8 Feb. -12 Feb.
28.	Feb. 12, 13	Fitness Assessment.			Final Examination (I-V) 15 Feb. -12 Mar.

YOGA

Pack	Month and date	No. and name of the topics	Examination date and syllabus
1	Term- 1	I. Expansion of Basic Concepts: <ul style="list-style-type: none"> • Yoga Basics Recap: What yoga is and its benefits. • Importance of Breath: Emphasizing the role of breath in yoga and everyday activities. II. Expanding Yoga Poses (Asanas): <ul style="list-style-type: none"> • Standing Poses: Tadasana (Mountain Pose) - with variations like Urdhva Hastasana (Raised Arms Pose) 	Half yearly exam

YOGA

Pack	Month and date	No. and name of the topics	Examination date and syllabus
		<p>Vrikshasana (Tree Pose) - holding for a longer duration</p> <ul style="list-style-type: none"> • Sitting Poses: Sukhasana (Easy Pose) - with variations like Parivrtta Sukhasana (Easy Twist) Baddha Konasana (Butterfly Pose) - encouraging deeper hip opening • Lying Down Poses: Shavasana (Corpse Pose) - longer relaxation periods Bhujangasana (Cobra Pose) - with variations like Ardha Bhujangasana (Half Cobra) • Animal Poses (with more detail): Marjaryasana and Bitilasana (Cat-Cow Pose) - focusing on the spinal movement and breath coordination Shashankasana (Rabbit Pose) <p>III. Deeper Breathing Exercises (Pranayama): Introducing slightly more advanced breathing techniques:</p> <ul style="list-style-type: none"> • Deep Breathing (Dirga Pranayama) • Anuloma Viloma Pranayama (Alternate Nostril Breathing): Introducing the concept of balancing energy. • Bhramari Pranayama (Humming Bee Breath): Practicing for a longer duration to enhance calmness. 	
2	Term- 2	<p>I. The Mind-Body Connection: Exploring further how yoga helps connect thoughts, feelings, and physical sensations.</p> <p>II. Expanding Yoga Poses (Asanas):</p> <ul style="list-style-type: none"> • Standing Poses: Utkatasana (Chair Pose) - with a deeper bend Trikonasana (Triangle Pose) - with focus on alignment • Sitting Poses: Dandasana (Staff Pose) Paschimottanasana (Seated Forward Bend) - gentle introduction to forward folds • Lying Down Poses: Pawanmuktasana (Wind-Relieving Pose) - and its variations (single leg) Setu Bandhasana (Bridge Pose) - gentle backbending • Animal Poses (with more detail): Ushtrasana (Camel Pose) - gentle introduction to deeper backbends Simhasana (Lion Pose) - engaging facial muscles & breath <p>III. Deeper Breathing Exercises (Pranayama):</p> <ul style="list-style-type: none"> • Deep Breathing (Dirga Pranayama) • Anuloma Viloma Pranayama (Alternate Nostril Breathing) • Bhramari Pranayama (Humming Bee Breath) 	Final Exam

KATHAK DANCE

NO. & NAME OF TOPICS	EXAM DATES & SYLLABUS
<ul style="list-style-type: none">➤ REVISION OF THE LAST SESSION➤ TUKADA - 1➤ HASTAK – 5➤ THAH CHUGAN OF TAL TEEN TAL PERIODIC TEST-I➤ DEFINITION OF MANTRA AND SUM, AVARTAN➤ PRAYER DANCE / KAVITTA➤ TODA-2➤ ASAMYUKTA MUDRA	

BHARAT NATYAM DANCE

NO. & NAME OF TOPICS	EXAM DATES & SYLLABUS
<ul style="list-style-type: none">➤ NATTADAVU 1 TO 8➤ KUDITHU METTU 1 TO 4➤ ASAMYUKTAMUDRA 1 TO 20	

INSTRUMENTAL MUSIC

NO. & NAME OF TOPICS	EXAM DATES & SYLLABUS
<p>SYLLABUS-HALF YEARLY</p> <ul style="list-style-type: none"> ➤ INTRODUCTION OF THE INSTRUMENT ➤ BASIC FUNDAMENTALS OF THE INSTRUMENT ➤ FINGERS' EXERCISES ➤ CHILDREN SONGS (NOTATION & PLAYING) ➤ POPULAR SONGS (NOTATION & PLAYING) 	
<p>SYLLABUS- FINAL EXAM</p> <ul style="list-style-type: none"> ➤ HYMNS (NOTATION & PLAYING) ➤ FILM SONGS (NOTATION & PLAYING) ➤ CHILDREN SONGS (NOTATION & PLAYING) ➤ ANTHEM (NOTATION & PLAYING) ➤ PRACTICE ➤ REVISION 	

VOCAL MUSIC

NO. & NAME OF TOPICS	EXAM DATES & SYLLABUS
<p>SYLLABUS-HALF YEARLY</p> <p>REVISION AND PRACTICE OF NATIONAL ANTHEM AND SCHOOL ANTHEM, READING AND SINGING WITH CLEAR PRONUNCIATION</p> <ul style="list-style-type: none"> ➤ SHOWERS OF BLESSINGS ➤ NUMEROUS STRINGS ➤ THIS IS MY PRAYER 	

NO. & NAME OF TOPICS	EXAM DATES & SYLLABUS
<ul style="list-style-type: none"> ➤ SOME FESTIVE SONGS ➤ REVISION OF HYMNS AND ANTHEMS ➤ SCHOOL ANTHEM ➤ BASIC KNOWLEDGE OF VOCAL MUSIC ➤ FULL VANDE MATARAM 	
<p>SYLLABUS- FINAL EXAM</p> <ul style="list-style-type: none"> ➤ DEVOTIONAL SONGS HINDI/ENGLISH AND PATRIOTIC SONGS. ➤ CHILDREN SONGS HINDI/ENGLISH ➤ REVISION OF ALL SONGS HYMNS AND ANTHEM ➤ BASIC KNOWLEDGE OF MUSIC 	

WESTERN DANCE

NO. & NAME OF TOPICS	EXAM DATES & SYLLABUS
<ul style="list-style-type: none"> ➤ Warmup and rhythm sense exercise ➤ Eight & four count dance steps on popular dance number ➤ Basic steps on free style dance numbers ➤ Energy to maintain cheerful expression ➤ More on practice on that dance and revision 	

THEATRE

NO. & NAME OF TOPICS	EXAM DATES & SYLLABUS
<ul style="list-style-type: none"> ➤ Natyashastra part II ➤ Theatre Directors of Bhopal 	

NO. & NAME OF TOPICS	EXAM DATES & SYLLABUS
<ul style="list-style-type: none"> ➤ Types of kathaputti ➤ Theatre songs ➤ Theatre Games ➤ Theatre Exercise ➤ Revision of all above ➤ Body Movement ➤ Dialogue delivery ➤ Facial Expression ➤ Drama Reading ➤ Drama Enactment ➤ Improvisation ➤ Revision of all above 	

KARATE	
NO. & NAME OF TOPICS	EXAM DATES & SYLLABUS
<p>Syllabus-Half Yearly Basic steps of Karate, Hachi-Dachi, Zenkutsu Dachi and Keeba Dachi, Zenkutsu Dachi and Keeba Dachi with Uke, Chudan Zuki, Jodan Zuki, Sambon Zuki, Zenkutsu Dachi and Keeba Dachi with Blocks, Gedan Barai, Age Uke, Unchi Uke and Shoto Uke, Zenkutsu Dachi with Blocks and Punch, Shoto Uke, Nukite, Yogo Enpee, Ko Kutsu Dachi with Uke, Combination Zuki and Uke Kata 1st Hein Shodan (21 Moments)</p>	
<p>Syllabus- Final Exam Kata IInd Hein Nidan, Revision of Kata Ist and IInd, Kicks (Geri) Fight Practice Maigeri, Yokogeri, Mavashigeri, Fight Practice, Kata Defination,</p>	

KARATE

NO. & NAME OF TOPICS	EXAM DATES & SYLLABUS
Hein Shodan, Hein Nidan, Theory of Karate and Knowledge of Japanese words Complete of Kata Hein Shodan and Hein Nidan, Revision Hein Shodan, Preparation for Final Examination.	